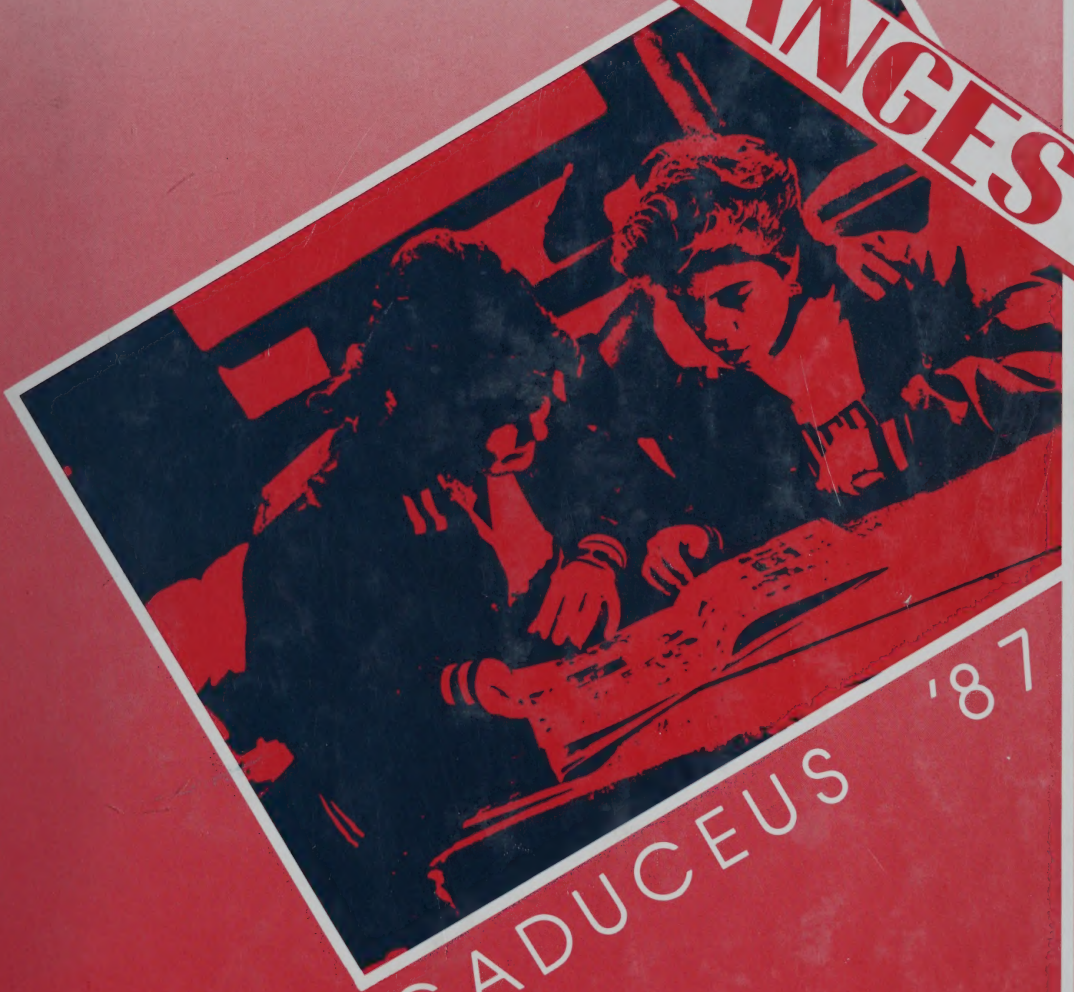


CHANGES



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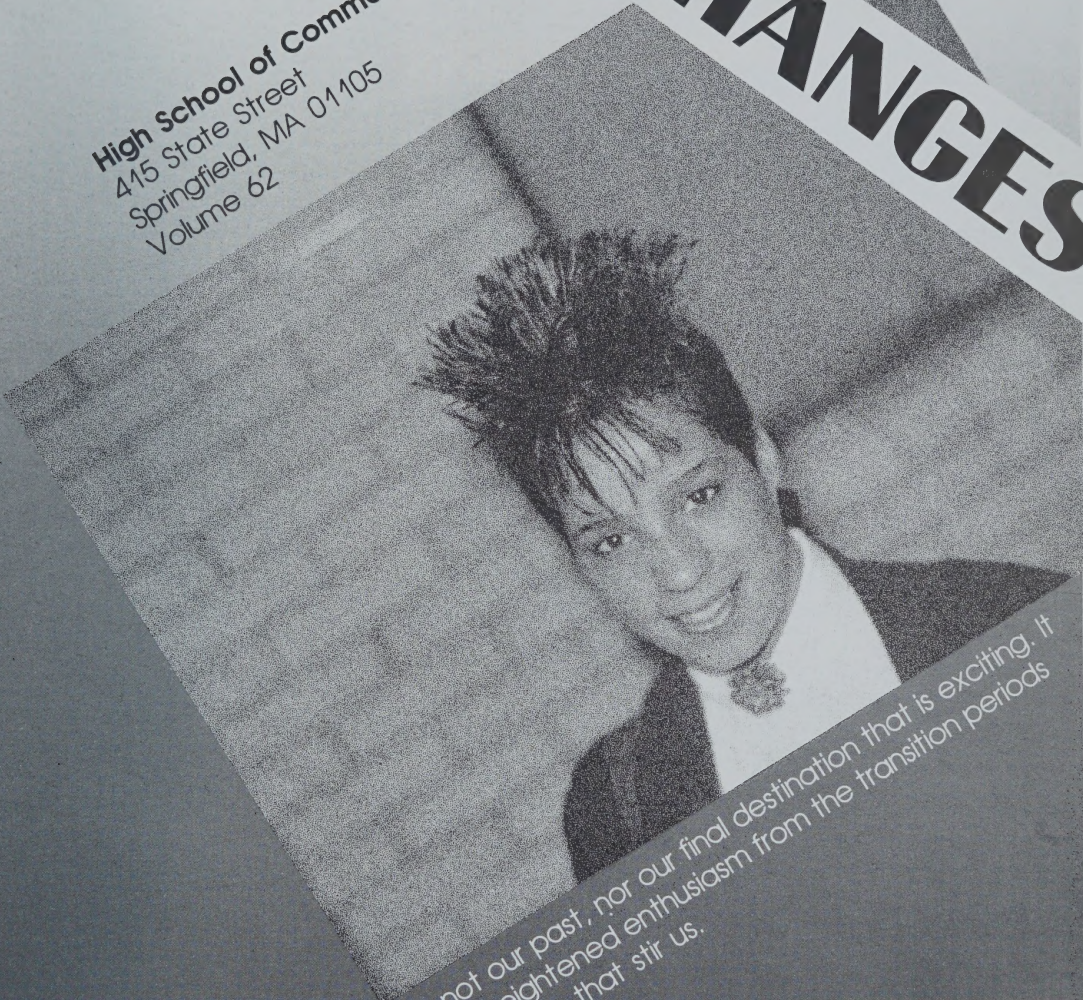
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High School of Commerce
415 State Street
Springfield, MA 01105
Volume 62

CHANGES



It is not our past, nor our final destination that is exciting. It is the heightened enthusiasm from the transition periods in between that stir us.

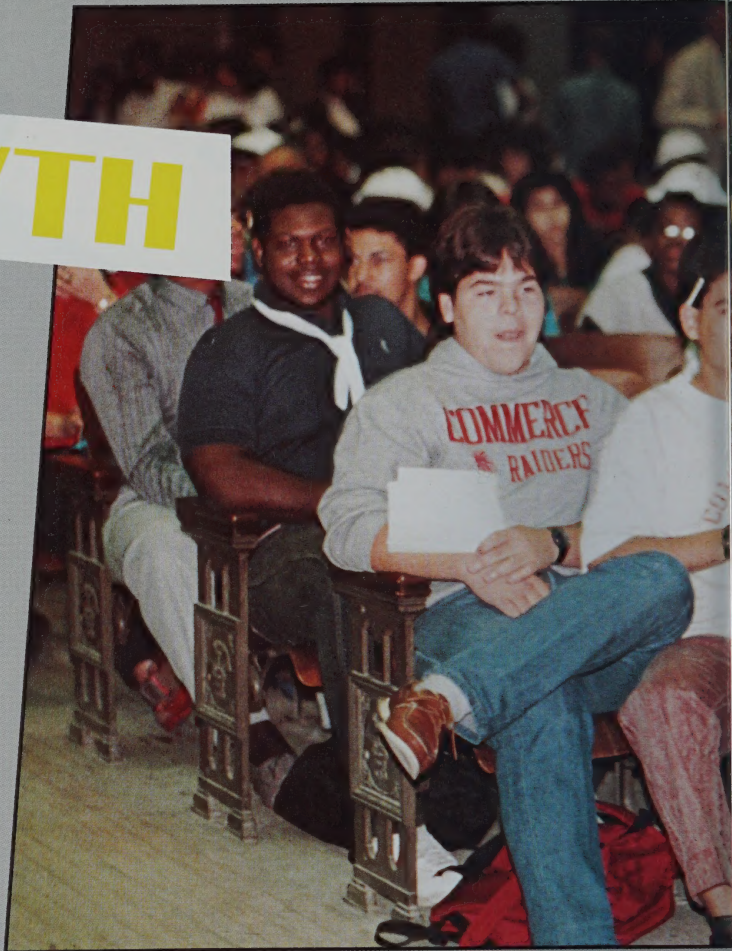
GROWTH

In China, it may be the year of the tiger, but at the High School of Commerce, everyone must agree it is the year for change and growth.

For in the midst of Central High School's praise, Commerce stands imposing and proud. It has reacted positively to Central's opening, and has evolved in all directions to keep in step with its sister school. The increase of freshmen college preparatory classes simultaneously with the expansion of business oriented facilities testifies to this growth.

Crowded hallways burst forth with a greatly increased enrollment, sixteen new teachers and an additional assistant principal. The establishment of programs for Asian bi-lingual students and for the skilled and talented in English have broadened curriculum alternatives.

In fact, the curriculum now extends beyond the physical boundaries of Commerce to allow advanced students an ongoing opportunity to sample college level courses at nearby Holyoke Community College during their school year.



Mr. James Nodurf, our new assistant principal, is welcomed by Mr. Basili, principal, and Mr. Phillips, assistant principal.



LEFT: An assembly during the first week of school reveals the considerable increase in students.

BELOW: Xinh Nguyen enjoys giving an oral book report in Mrs. Karr's English class.

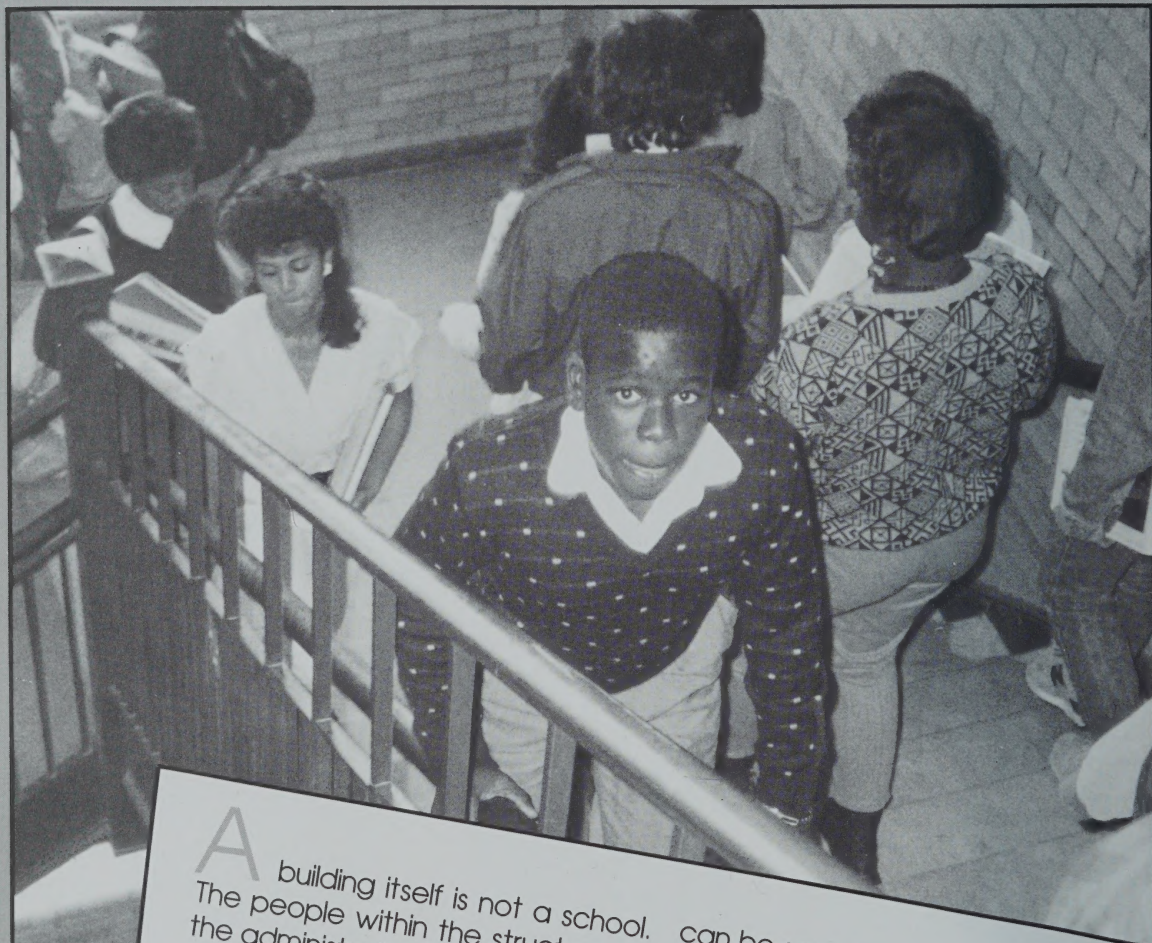


Junior Irene Lytras gives study hints to freshman Tracy Pieniak.



Two students, Jewell Rice and Suzette Bennett, were selected to take a psychology course at Holyoke Community College this year.

... With Enthusiasm



A building itself is not a school. The people within the structure — the administration, faculty and students — give a school its worth and determine the quality of education and level of school spirit.

But new enthusiastic people, equipment and stepped up activities together with one old but lofty building to serve as a catalyst can only lead to success.

Commerce's successful growth

can be seen in every area: the re-establishment of the football and soccer teams, a mandatory health course, computerized attendance and high tech secretarial equipment, exchange students, a third computer lab and a new mobile language lab.



LEFT: Exchange students from Sweden, Ojvind Samuelsen and Anna Nordstrom, get used to the "American lifestyle."

BELOW: Anna Nordstrom and Catherine Grondin find that friendship is an integral part of life at Commerce.



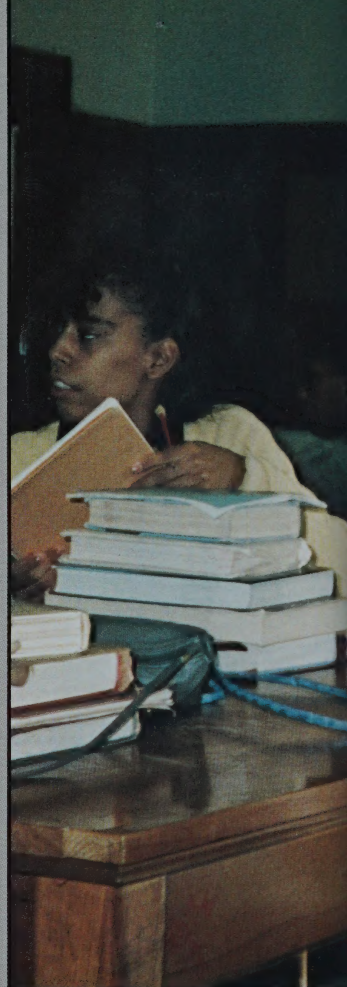
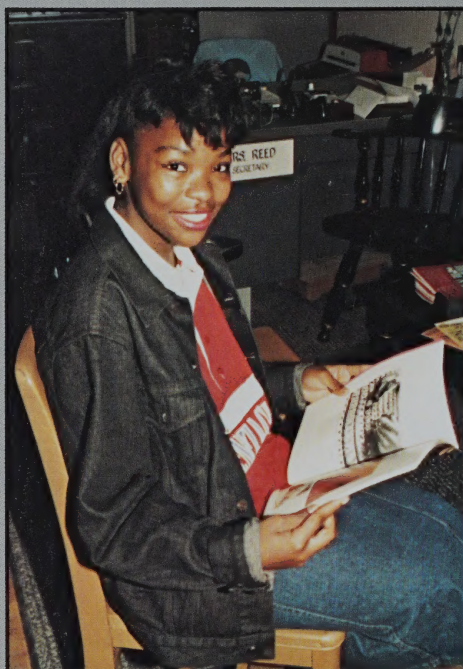
ABOVE: Class of 1966 graduate Adelina Di Santi has never really left her alma mater. She has been Commerce's esteemed assistant principal for the past four years. Miss Di Santi recalls, "Commerce students over the years have become more aware of the world, the people and the opportunities around them."

LEFT: Olinda Bernardes tries her hand at one of the school's new electric typewriters.

RIGHT: Flashing her award-winning smile, Karen Weiss waits for the bell to ring.

BELOW: Yolanda Doughty looks over college catalogues in her counselor's office.

Michelle Epps and Lisa Richardson become mirror images of each other for Red Day.

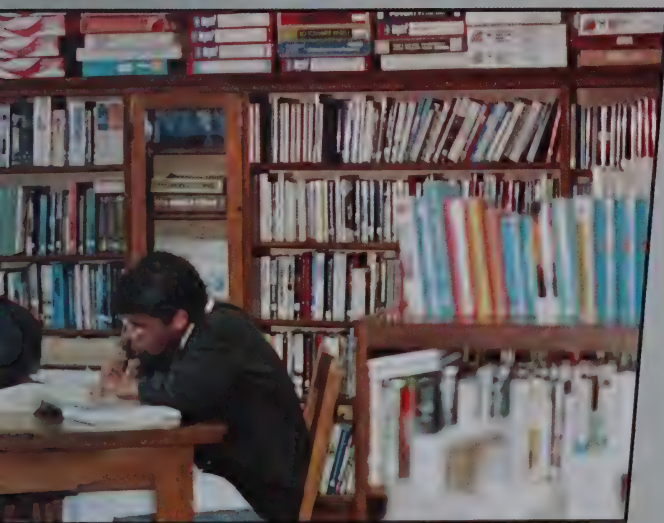


ABOVE: Two seniors anticipating what life will have in store for them next year are Luz Rodriguez and Lourdes Lugo.



RIGHT: To insure that he will receive an A on his English paper, Andy Fuentes works diligently in the Commerce library.

SUCCESS



Probably the greatest successful changes during any year at Commerce occur within the students — their attitudes, their maturity.

There is a world of difference between ninth and tenth graders. One short summer doesn't seem long enough to justify such growth from childhood to adolescence, from blue jeans to pressed slacks and nylons, from self-centeredness to altruism.

Awkward unsure freshmen magically transform into self-assured juniors during summer vacation and arrive at Commerce's doorstep ready to take on added responsibilities.

Juniors emerge from summer's cocoon and flutter into their senior year as sophisticated adults bulging at the seams to step into the footsteps of the working populace or the grueling study routines of the college scholar.

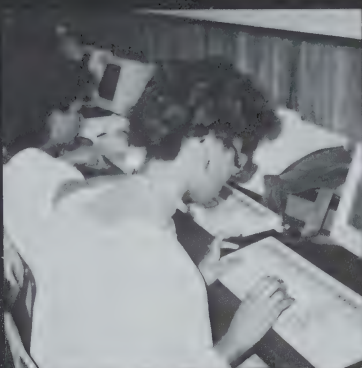
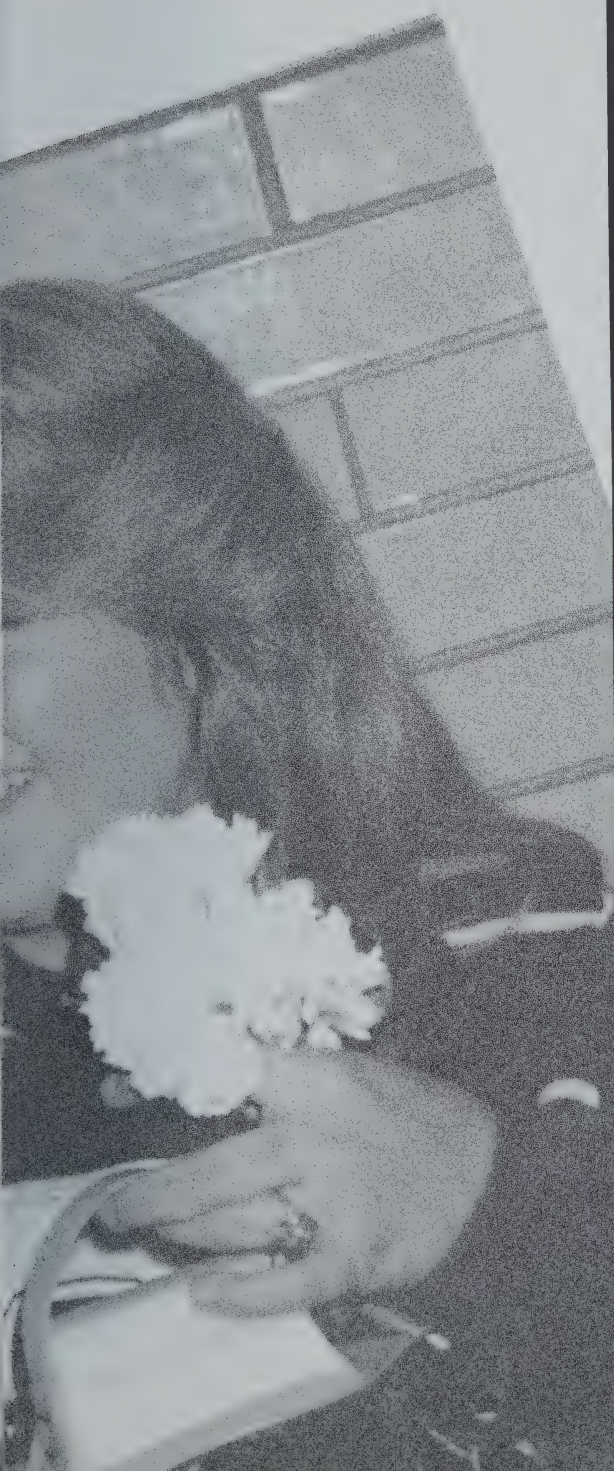
The changes within all of them come almost too quickly and the year passes even more so. But the passing and the changes are welcomed by wise students, for they know that change must take place in order for growth and success to occur.

Student Life

When a school changes for the better, student life must also be affected. There are suddenly more friends to be made, more courses from which to select, more activities tempting the student to become involved in school, in society, in life.

Elizabeth Williams leads
Commerce's cheering session
for change.





MOONLIGHTING



"It's financially necessary for a student to find work as soon as he's sixteen."



oday, many Commerce students take on a much greater task than just keeping up their grades. This additional undertaking is called "moonlighting," the holding of a second job along with one's main job, and it isn't the easiest thing to do!

Moonlighting means juggling the time between school and work, with very little room left for the social amenities that enhance adolescence. It means trying to get your homework done before you leave for work, or staying up until all hours to burn the proverbial midnight oil.

Some ambitious students heap so much added responsibility upon themselves, it is difficult to understand their reasoning. But for many, employment represents one more step out the school door into the adult world. It allows a gradual building up of independence which will soon enough become a nine-to-five way of life.

For others like Darlene Lopardo, working becomes a means of meeting new people. Since employment leaves little time in the day to socialize, best friends are often nurtured at work instead of in the classroom. But in the words of Cheryl Mersincavage, "The absolutely best reason to work is money. Money . . . money . . . money!"

What is this money used for? Much of it goes toward the purchase of sublime frivolity — the latest fashions. But other reasons prevail. "I have to pay the insurance on my truck," quips Vicki Sisco pragmatically, as Tami Desrosiers adds, "What money I make is being put aside for college."

Many familiar Commerce faces may be seen behind the counters at McDonalds, Burger King, favorite clothing stores, or even beneath a bunch of colorful balloons. These students will not be working at these places the rest of their lives, but for now moonlighting is serving a definite purpose — whatever that purpose may be.

by Michele Stasiak



Norma Colon puts her secretarial skills to work at the Springfield Public School Department's central office.



LEFT: A bouquet of balloons and a cheery song are provided for any occasion by Tami Desrosiers when she is not studying.

BELOW: Katherine Vautrain makes "dough" during her evenings and weekends at Showbiz Pizza.



Creating the pizza of your dreams are Cherylan St. John, Patricia Tart and Lisa Gaitor.



ABOVE: The ravenous crowds begin to gather in the cafeteria as the feasting begins.

RIGHT: Lucy Rosario takes time out during her lunch to help Marily Rivera with her homework.



RIGHT: Lunchtime seems to provide Inabel Pagan with food for the mind as well as the body.

Purchasing a Burger King breakfast before a long studious day is a daily event for Robert Johnson.



THE LUNCH THING

"Lunch is the only part of the day when I can really talk with my friends."



nd so the bell rings signaling the beginning of lunch.

Students hustle out of their fourth period classes to be met head-on by the hundreds of others rushing to their lockers. Then it's down one of the four staircases at each corner of the building to secure a place in the lunch line and enjoy a well prepared feast provided by Commerce's staff de la cuisine.

For many, lunchtime becomes a time for socializing, studying for an afternoon exam or for just catching a breath between classes. But each day more than 450 nutritious lunches are served in the Commerce cafeteria.

For those twenty percent who feel the square meals conjured up in our immaculate kitchen isn't for them, there is the grinder line which offers a choice of two different grinders. These grinders lead the list of favorite student meals, followed closely by pizza and cheeseburgers. What's new!

The salad bar is another alternative for those discerning lunchgoers who become enticed by mounds of scrumptuous fresh lettuce, cucumbers, tuna and macaroni salad. But for lovers of monosodium glutamate and red dye #40, the highly desirable dessert line forms to the left.

Due to its close proximity, Burger King has also become a popular spot for breakfasts and after-school lunches. The daily recommended amount of vitamins may not be as high as Commerce's, but then that's just . . . food for thought!



by Alison Webb

FUND-RAISERS

"Without the flower sale, we wouldn't have been able to buy new uniforms."

Commerce has a reputation for holding excellent fund-raisers to finance extracurricular activities from field trips to proms, and what a combination of items its students have sold!

The '86-87 school year began with one carnation sale to raise money for new cheerleading uniforms and jackets, another to supplement the junior class fund, and finally a calendar sale by the senior class. These sales went quite well, as usual, and October hadn't even arrived yet.

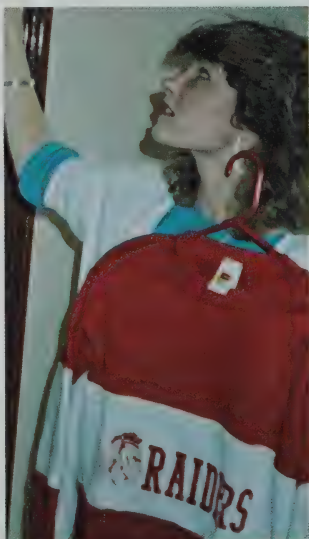
These fund-raisers join a long list of enterprising ventures from the past including jewelry, Christmas decoration, address book, wrapping paper, pen, keychain and specialty bonbon sales. But probably the most profitable of all fund-raisers this year were the candy bar sales, for who can resist the silent but effective call of milk chocolate and almonds during fourth and fifth period when the stomach's growl begins to drown out the drone of the teacher's voice.

It would be inappropriate to speak of sales and Commerce, however, without mentioning one of the major focal points of the school which is the Raider Outlet. Used as a vehicle to teach marketing skills, this school store supplies all those "spirit-raising" items that distinguish Commerce students from others — dazzling red and white sweatshirts, tee-shirts, socks and jackets emblazoned with the Raider logo, records, pom-poms and . . . yes it's true . . . even candy bars.

Ringin' up a profit of only about one dollar for every ten dollars worth of sales, Mr. Varzeas, better known as Mr. V the store's manager, reflects, "It is one of the small ways to generate school spirit. School spirit creates a happy productive atmosphere, thus a better school."

Yes, Commerce students do know a great deal about making things happen with self-generated funds. After all, they don't call the school Commerce for nothing!

by Mary Kate Belniak





LEFT: Roberto Flores supports the school store and demonstrates school spirit by buying a Raider tee-shirt at the Raider Outlet.

BELOW: Joanne Morales is contemplating how delicious her fund-raising M&M's will taste as soon as the bell rings for lunch.



ABOVE: Helping to augment the junior fund, Robert Brown and Chris Scott buy carnations on Red Day.

LEFT: With a feminine eye for the delicate, Mrs. Christman buys carnations from cheerleaders Elizabeth Williams and Shanoah Whitman.

RIGHT: Freshmen are perched in the balcony as they listen attentively to the speaker during a S.A.D.D. assembly.

BELOW: Maribel Ortiz displays her good study habits she acquired in junior high to her classmates.



ABOVE: Ethel Jones and Ana Gonzalez observe the anatomy of a frog in biology class, a required course for all freshmen.

RIGHT: Christopher Butler dreams of becoming lost and not knowing which way to turn.



OUTCLASSED

"I can't wait to be a senior."

Do you remember being a freshman? It was a time for biology class, doubling up for locker assignments, oral reports in front of strangers, new friends . . . a time of looking up to seniors with respect and of not being quite old enough to get a job. Yes, even though you don't want to remember, you do!

You stared in awe at the formidable seniors who passed by and itched for a chance to be in their shoes. The time would come to pass, you knew, but not soon enough to suit you.

It was also that time when all the so-called "upperclassmen" picked on you and made fun of you in front of all your friends. That was embarrassing. You were too scared to ask directions of an upperclassman, because who knew where they'd send you. Why, an unsuspecting girl might end up in the boys' gym lockerroom, or the boiler room, or even the teachers' lounge.

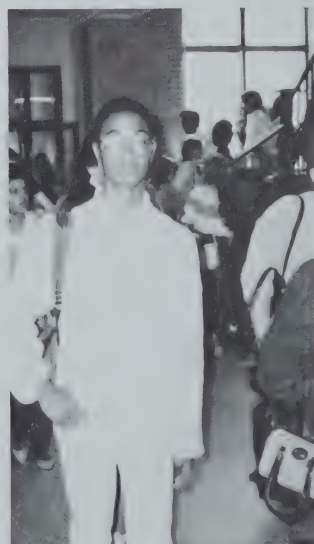
Then you got your revenge. You became the "upperclassman," and you were able to pick on the new freshmen yourself. Ah! The sweet smell of revenge.

But this year is even sweeter, because Commerce has at least two hundred extra freshmen thanks to the closing of Technical and Classical High Schools. It seems that everywhere you turn, there are freshmen. You can't miss them.

It is not uncommon to catch a glimpse of bemuddled freshmen in hallways, arms full of books, wandering aimlessly amongst a sea of threatening white sailor hats . . . the seniors, like sharks, preparing their attack.

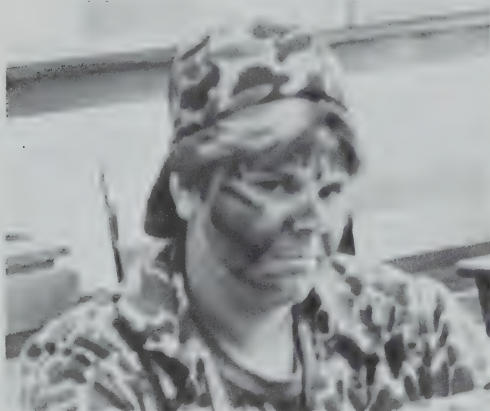
Yes, we seem to easily forget that we were once freshmen too, that during assemblies we were perched, like leftovers, up above the "real" students with our heads in the clouds. And so this wonderful cycle of the upper classes picking on the lowest class will, no doubt, continue for centuries to come.

by Mary Kate Belniak



After following directions from a senior, a confused freshman doesn't even know which way is
p.

RIGHT: Joshua Fontanez kicks his best foot forward while Carla Triplett gives him a hand.
BELOW: Keeping a straight face is the mark of a good soldier for Lisa Czupryna.



ABOVE: Clowning around as usual, Marily Rivera and Jeanette Thornton dust the hallway floors.

RIGHT: The gruesome threesome: Michelle Wray, Linda Vaughn and Michelle Morgan.



ALTER EGOS



"This is a first at Commerce, and I hope we've started a tradition."

October 31, 1986, marked the first time that the High School of Commerce's hallways were able to be filled with the most outrageous and creative ideas that students could muster.

We never had a Halloween dress-up day in the past because Principal Basili felt the students couldn't handle it. This year, however, he decided to let the school have one because it has had such successful Red Days in the past, and the administration was not let down.

Almost everyone was in the Halloween spirit. Even the teachers were not afraid to let their alter egos show. Miss Blakeslee was dressed as a bumblebee and looked the part as she flew from desk to desk helping students with their work. There was even an unbelievable double of Miss Di Santi right down to her distinguishing hairdo.

Another new element of our Halloween celebration was the \$1.00 hallogram — a bag of candy with a personalized note that was sent to a friend or secret admirer. A terrific "thank you" is extended to Joshua Fontanez, senior class president as well as Mrs. Shumann and Heather Scannell for letting us experience this Halloween happening.

Cathy Grondin expresses her feelings in a poetic way:

It's October 31, time to trick or treat,
Students sending hallograms to those they want to meet.

In the dark classrooms, sitting on the desk.
Were big orange pumpkins lit at their best.

Spiders crawling everywhere, blood flowing down the stairs,
Teachers screaming from their chairs, pulling out their hair.

by Tracy Truman



Carla Nazario's face expresses how long and tiring her day was.

VOLUNTEERS

"Being an aide is my pleasure. Actually I get more out of it than the school!"

What is an aide? By definition it is a helper or an assistant. If that is so, than the word "indolent" should not be connected with this teenage generation so often referred to as the "me" generation. For volunteer aides abound at Commerce.

Students selflessly give up their study periods to help create a more pleasant smooth-running atmosphere, and they may choose from among several areas including library, teacher, guidance, office or audio-visual aides.

Nurse aides help Mrs. Bogan sign patients in and out of her office as well as keep her paperwork organized. Teacher aides assist in correcting test papers, stapling memos, running general errands and often even creating bulletin boards to brighten the rooms and make them more conducive to learning.

Where would Mrs. O'Neil be without her "dreaded" library aides to replace books upon their proper shelves and keep track of and retrieve delinquent volumes?

Audio-visual aides are a specialized crew who help Mr. Olejarz deliver the much sought-after VCR's and movie projectors to teachers who are showing movies in their classes.

Finally office and guidance aides control traffic in and out of these offices, run errands, usher new students around the school, locate students, file and — as all our aides do — become a Jack-of-all-trades.

Our aides take pride in the work they do, and the school is bursting with respect for them, for it is obvious that volunteering without being asked is in their nature. They are the type of people the world could use more of. As sure as the school color is red, these students will go on to become significant members of the community.

by Carla Nazario



Office Aides, first row: Leon Wyche and Keisha Gaynor; second row: Karen Glover, Gloria Rivera and Angela Pafumi. Not pictured: Daniel Keating.





LEFT: Guidance Aides, sitting: Elizabeth Williams, Julie Normand, Lori Prindle and Wendy Sullivan; **standing:** Janet Gonzalez, Judy Torres, Jennifer Sawicki, Brenda Van Valkenburg, Luz Rosario, Denise Lopez, Carla Triplett, Jewel Rice, Melissa Prophet, Lizzette Acevedo, Sabrina Flowers, Carrie Tyler and Tracie Reome. **BELOW: Nurse's Aides, first row:** Carrie Barringer, Keisha Gaynor, Jean Carpenter and Tracy Theres; **second row:** Stephanie Franklin, Antoinette Becket, Kim Combs, Tony Motley and Jennifer Long.



ABOVE: Library Aides: Michelle Denning, librarian Mrs. O'Neil, Brenda Couture, Lourdes Cotto and Heather Scannell.

LEFT: Audio-visual Aides: Edward Hernandez, Scott Cornelio and Andrew Doty.

RIGHT: Sandra Figueroa and Don Cayode bask in the romantic glow of the junior prom.



ABOVE: Miss Belton warmly expresses congratulations to Tracy Truman for being selected as a member of the queen's court.

RIGHT: Prom queen Norma Colon takes place front and center as she is surrounded by her court of Tacy Truman, Monica Waddell, Jannette Velasquez and Sandra Figueroa.



ENCHANTED

*"I had such a lovely romantic time.
I know I'll never forget that evening."*

A fairy tale existence is unrealistic in this age of computers and space shuttles, but attending a high school prom can give one a close brush with the dreamlike world of pomp and pageantry. It represents a few magical moments which linger forever in the deep recesses of the mind.

Last year, Commerce's junior prom was held for over 300 students at one of the most elegant places in the area — Chez Josef. Amid the ambiance of satin walls, bubbling fountains and a few rented limosines, one found the power to be transformed from a city schoolgirl to a princess, escorted by an enchanting poised prince who was a hard-working student only hours earlier.

Gowns of satin and lace, ribbons, bow ties, high heels, shiny black shoes and tuxedos were sported throughout the evening as attendants partook of a delicious meal, then proceeded to swing to the tunes of Bootsie Bass.

Norma Colon was voted prom queen by her peers and was appropriately crowned by Principal Basili. Also selected was her court of four: Tracy Truman, Monica Waddell, Jannette Valasquez and Sandra Figueroa.

Considering past proms, one would be inclined to give our spring '86 prom an A+. Not long ago, this affair was not quite so formal or relaxing simply because hundreds of dollars were spent for a rented hall, while dining was not included.

There may be no more modern day Cinderellas, unless Diana Spencer or Sarah Ferguson could be considered such. But for one night, prom night, one could easily be deluded into believing that utopia does exist. Sweet dreams!

by Sherri Stovall



Mr. Basili takes pleasure in crowning the prom queen Norma Colon.



HANGOUTS

"Wherever my friends hang out ... that's where you'll find me."

Adolescents do not spend many Friday and Saturday nights at home in front of the television these days due to the variety of other "exciting" things that can be done outside the house with friends. Whether Commerce students want to eat out, spend money frivolously, see a movie (at \$4.50 apiece?) or just plain hang around, one can eventually find them at certain local hangouts.

The Eastfield Mall would certainly be a place worthy of a look. There are hours of excuses there to keep a youth from returning home at too respectable an hour — shopping for a new pair of 501 jeans or for a pair of those darling fan-shaped earrings that open and close at will. A growing adolescent certainly has to eat, and when shopping and eating become less than thrilling, the Dream Machine Video Arcade is just the place to stir up a friendly bit of competition with whoever might be hanging out there.

When all fails at the mall, try a brief search of the Bing or the Allen-Cooley movie theatres. For only \$2.00, students can gather to ogle Tom Cruise's muscles, devour hot buttered popcorn and enjoy the company of friends.

Other familiar places where Commerce students have been spotted are the I-90 in Enfield and the Gas Light Lounge which both feature juice bars for our health conscious teenagers, many of whom have signed SADD contracts for Life for Commerce's Students Against Driving Drunk program.

The places they hang out, the prices they pay for a good time and the precise time of arrival home may be different, but there is still one common ingredient that binds generations together. Friends ... people must be with friends before their hangout is complete.

by Carrie Tyler





LEFT: Rhonda Hall, Candace Gray and Yolanda Dowdy look for special Christmas presents for each other.

BELOW: As long as there's food, that's where you'll find Leslie Burgos and Joseph Pagan.



ABOVE: Teresa Moore and Carolyn Severino have fun strolling around the Eastfield Mall.

LEFT: Shopping is a pleasant way to pass time according to Sonia and Norma Colon.



The Bing Theatre's the place to be for Marcelino Leete and Carrie Tyler, especially when *Top Gun* is playing.

RIGHT: Gerald Demers practices martial arts with an opponent from Putnam.

BELOW: Joanne Morales and Ernest Hill aid Raquel Cabrera in executing a split.



ABOVE: Pablo Flores makes a habit of lifting weights three times a week.

RIGHT: Jameasa Taylor makes sure to warm up properly before beginning her morning jog.





Rebecca Colon and Raquel Cabrera practice yoga stretches with a friend at New North Community Center.

Perfect



"Working out in the morning makes my whole day better."

No pain, no gain. That's what is typically said about working out. However painful the price may be for fitness, however, Commerce students are not hesitating to pay the price for it. They, along with millions of other teenagers,

are discovering which workout suits them and are somehow making time to pursue shaping up with gusto.

You'll recognize our students jogging on the streets of Springfield, executing aerobic dance steps at Figures and Fitness, swimming at the YMCA, studying karate at the Iron Dragon, performing modern dance at the New North Community Center, lifting weights at Big Daddy's Gym and playing scrub football and basketball with neighborhood friends.

Some enjoy working out at home instead, and eventually turn their basements into personal exercise rooms complete with aerobic trampolines, punching bags and universal weights.

Today's teenagers have a different motive than past generations for working out. No longer is it only the person who needs to shed a few pounds who joins a health spa. The fresh new concern is to get the body in shape early in life so that maintaining a stronger more active physique as years go by will be easier, the quality of health better.

Not to be dismissed is the soothing effect exercise has on stress — stress felt when you've lost that term paper you were working on for Mrs. Haley, or when your boyfriend decides to just be "friends."

Proper nutrition plays an important role in the new health revival also. Students are teaching themselves practical lessons in biology, and words like cholesterol, pectoral, glutus maximus and lactic acid fall easily from their lips.

There is definitely something cerebral about this physical phenomenon!

by Alicia Cayode

Bay State Grads

"If business is what you like, this is the place to be."

"It's fun and educational," stated Hector Santiago, a member of Jobs for Bay State Grads. "I would like to become a commercial artist, and now I know it's within reach for me."

What is Jobs for Bay State Grads? According to Miss Pratt, advisor, it is a program that helps prepare students obtain full-time employment. It also helps them become more independent and ready for the world, and it gives the students opportunities to meet people who will introduce them to business careers not usually considered.

The 100 students who are in this program (started in Boston in 1980) meet twice a week during and after school. Only seniors can be accepted, but no specific grade average is needed to join.

Bay State Grads allows members to build confidence so that they may help themselves. According to Eleanora Manzi, whose goal is to be a radiologist, "The class prepares students to reflect upon future goals and nudges them toward a successful start." "And if business is what you like, this is the place to be," added Blease Johnson, a student interested in real estate. "I've acquired extensive knowledge of business careers."

Last year, 87% of its students were placed in jobs — bank tellers, telephone operators, accountants, cashiers, computer operators, etc. But the program also is involved in other activities. This enthusiastic and creative group took part in the Giving Tree, which gave a Christmas gift to a child for each ornament donated by the group. The students also played sports against Bay State Grad members from other schools and attended career development dinners.

Hopefully, the Bay State Grad program will continue to be as successful in the future as it was this year.

by Lissette Torres



Nitza Rivera fleetingly considers becoming a piano aficionado as she leans against the school's auditorium piano.





LEFT: Miss Pratt, right, talks over area job opportunities with Dionne Banks. Allison Eng, Carol Santiago, Gloria Nieves and Jimmy Torres. **BELOW: Bay State Grad members, sitting:** James Fournier, President Nitza Rivera, Ronda Brown and Miss Pratt, advisor; **standing:** Mrs. R. Willoughby, advisor, Denise Kushner, Lena Williams, Michello Trillo, Jean Carpenter, Laura Enos, Karen Glover and William Hanson.



Lenise Youmans, Lizzette Acevedo, Laura Enos, Louis Prendergast and Daisy Rodriguez get ready to decorate the auditorium for Bay State Grads night.

RIGHT: Even the family dog wants to get into the act when Carrie Tyler and her family settle down together to watch television.

BELOW: Sonia and Norma Colon visit their brother Guillermo in his office at the Social Security Department.



ABOVE: Attending a Jobs for Bay State Grads function to honor their daughter are Maria' Midura's mother and sister.

RIGHT: Surrounding their daughter Carla Nazario at the National Honor Society Induction are her family members.



FAMILY TIES

"I know that when they discipline me, it's only because they love me."

Sometimes teenagers look forward to being in school. Believe it or not, school can become a respite from what they feel are the hassles of family life.

And there must be times when parents feel a little relief when they see their children climb onto the bus and go off to school for the next seven hours. Finally these confusing adolescents are "out of their hair."

These feelings are only natural and always just temporary; they are the product of a friction created when the need for family ties and love brushes too closely with the desire for total independence. Eventually these feelings will even themselves out, but until that happens . . . Possibly this sounds familiar.

"Dinner's ready," yells Mom. "Come on Renee, I've been slaving over this stove for over an hour."

"But my soap opera's still on," responds Renee.

"If you don't come to the table now, you'll have to eat your dinner cold, because I don't have the time, energy or inclination to reheat it just for you!" guips Mom.

Mom finally gives up and leaves Renee alone as brother Jeff and sister Rhonda enter . . . arguing, of course. They scream and scrap until Renee couldn't hear her program if her ear were pressed to the speaker.

What a life! Just think about it, though. Teenagers would be outrageously bored if family members were not around, because deep down they have grown accustomed to the boisterous paradoxical ways their family shows its love. And whether that teenager realizes it or not, those nagging adults and chaotic siblings look up to her and respect her. They know that she loves them, too, and that that love will be reciprocated triplefold when it is needed most.

Family knots can only turn to ties of love!

by Sherri Stovall



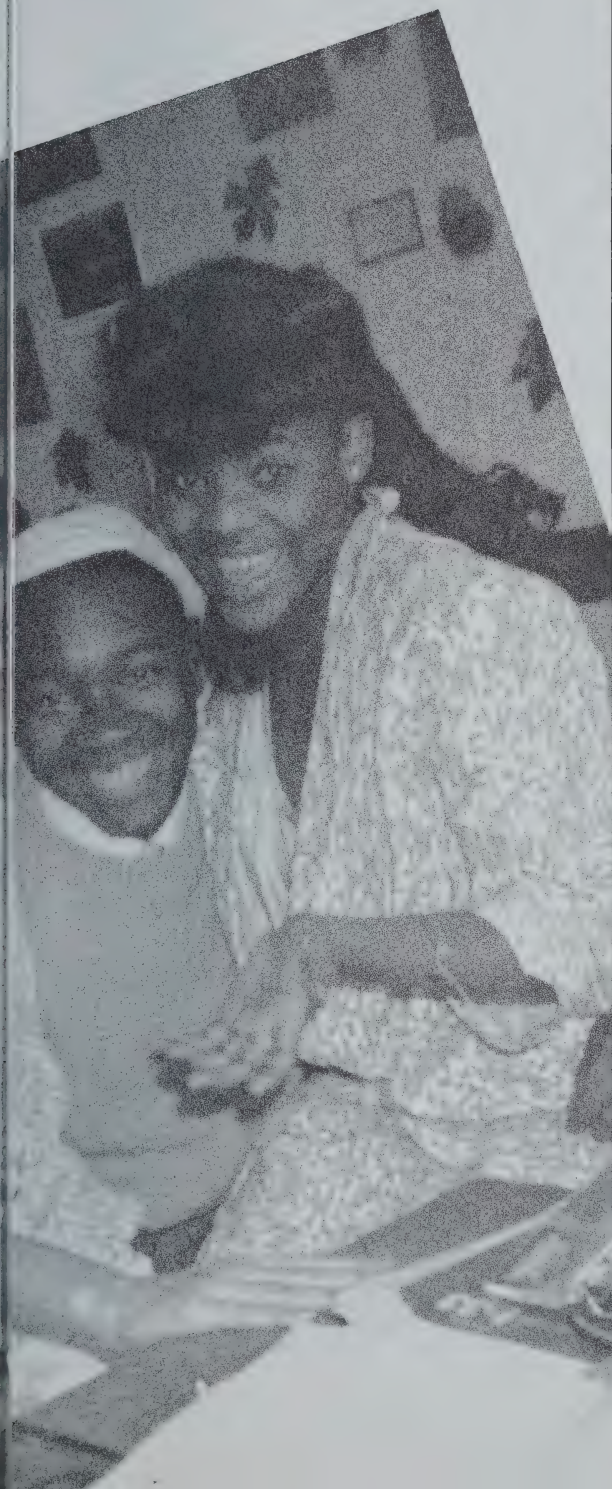
William Harrison and his father speak with Mr. Carrier at Open House.

People

For Commerce students, finding enough time to balance a good education with meaningful relationships is what being an adolescent is all about. They enhance each other, and one is not as good without the other.

Three Commerce seniors rejoice in having only a few more months until graduation.





Freshmen

A freshman is the halfway point between junior high childhood and high school maturity.

Everyone's freshman year becomes a training ground for coping with life independently, for testing social waters and academic zeniths until some comfortable middle ground is reached.

Teachers expect more of them; friends expect them to conform to their ways; parents try futilely to keep their

little boy or girl one more year, refusing to acknowledge the blatant signs of adulthood.

However, freshmen adapt, fall in line and await the senior's Class Day when they will officially be called juniors.

Growing up cannot happen too fast for them. In years ahead, they will wonder why they ever rushed things so, for a student's tenth grade year is one that should be savored.



Rory Donahue gives her full attention to her books.

John Ackourey
Paula Alfonso
Patricia Alexander
Jeremy Allen
Shondu Allen
Troy Alston
Marianne Alvarado
Elmi Amaro
Corey Anderson



Chris Andrews
Maribel Aquino
Francisco Arocho
Alexander Arroyo
Angela Ash
Martha Baez
Mwapek Bakl
David Bamber
Jean Bancroft



Sonya Barber
Randolph Barden
Shawn Barnes
Candy-Jo Barren
Joanna Bates
Christine Beaumier
David Bennetfield
Pamela Bennett
Iralda Bergollo



Rafael Bermudez
Raymond Betterson
Michelle Bjorge
Willie Bland
Tina Bolly
Cassandra Bolston
Angelique Borges
Carla Boswell
Joe Boudreau



Glen Bouffard
Eric Bowser
Kevin Branch
Aurelia Branche
Yvette Brantley
Tonya Britt
Eugene Britton
Winston Broomes
Savanah Brown





Stephen Brown
Zuleika Brown
Kimberly Bullock
Patricia Burns
Paula Bushey
Christline Bussing

Christopher Butler
Ivette Cabrera
Joseph Cabrera
Leonides Cabrera
Luis Cabrera
Deborah Caceres

Efrain Caceres
Matilda Calderon
Carlos Camacho
Mark Campbell
Seleda Candelaria
Phuoc Cao



Never afraid to display her own unique tastes, Marta Riberdy waits for the seventh period bell to ring.

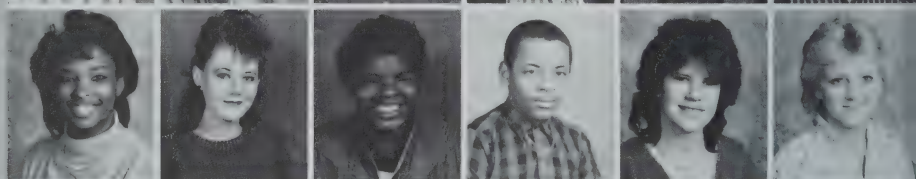
Deborah Felton and Rebecca Colon work continuously to finish their English assignment.



Jeffrey Carlo
Darlene Caron
Beatriz Carrasquilla
Cynthia Carroll
Darnell Carroll
Ronald Cassesse



Julia Caudle
Mary Cheney
Monique Chinn
Shawn Cisero
Charlene Clark
Crystal Clark



Robin Clark
Virginia Clarke
Eric Collins
Marc Collins
Maria Colon
Rebecca Colon





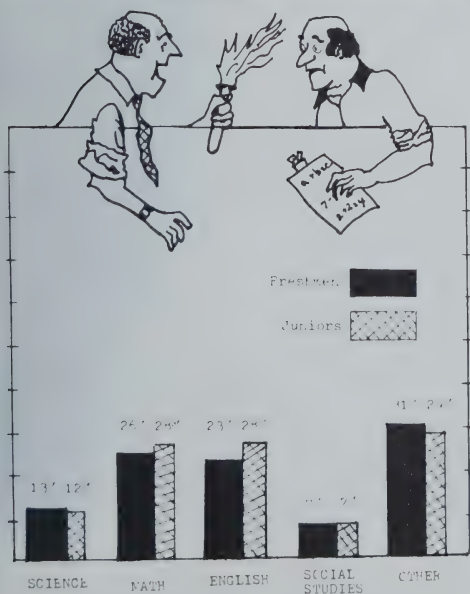
Sonia Colon
Erin Connelly
Scott Cornello
Freddy Correa
Luis Cortes
Rosa Cortes
James Costa
Luisa Costa
Lourdes Cotto

Brenda Coulure
Tina Cramer
George Crane
Marylyn Cruz
Jorge Cumba
Cathy D'Agostino
Damion Daley
Maritza Davila
Shelley Davis

Tina Davis
Tyrone Dawkins
Francisco De Jesus
Carolyn Dearing
Kelly Dec
Enrique Delgado
Jacqueline Delgado
Joanna Delgado
Cheri Demers

Annette Dennis
Brett DeVree
Daisy Diaz
Jose Diaz
Rey Diaz
Steven Diaz
Anthony Dickerson
Carmen Dinguis
Latanya Dixon

Mary Donahue
Rory Donahue
Lori Donahue
Arlene Duffy
Barbara Dunlap
Annmarie Eckert
Keith Eddington
Bakish Edwards
Felicia Edwards



Results of the underclassmen survey show most students prefer something other than the four major courses.

Favorite Classes

Of the traditional major subject areas, listed in Commerce's underclassman survey, science and social studies tallied the fewest votes among both freshmen and juniors polled, with science only receiving 7% of the vote from each class. Math and English were about equal and were each favored by about 25%, representing the tastes of half the student population.

What scored highest, surprisingly, was the category designated "other," which took into account all business, foreign language, sec-

retarial and minor courses.

The course written in by most students was added to our curriculum just this year — health. Taught to freshmen by Mr. Fiore, this half-year class addresses such contemporary issues as drug abuse and alcoholism. Physical education also scored high.

Although this survey by no means reflects the amount or quality of knowledge acquired in any given class, it does seem to point to a desire for "quality of life" classes.

Jamal Edwards
Oliver Edwards
Nora Emmens
Steven Engel
Curtis Eppes
Darlene Erndt



Jeffrey Evans
Scott Farr
Cathy Farrell
Carmen Feliciano
Marisol Feliciano
Elizabeth Felix



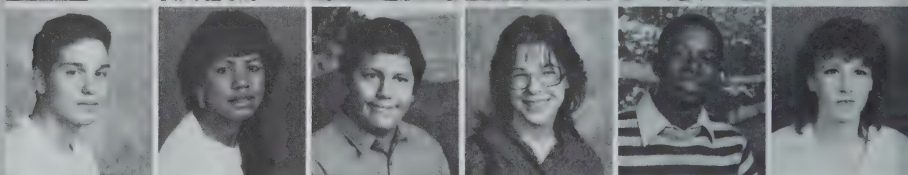
Deborah Felton
Marisol Figueroa
Edward Fisher
Luz Fjigueroa
Charles Flores
Westley Ford



James Foy
Andy Fuentes
Dean Fugate
Stacy Gagnon
Luz Galarza
Michael Gamble



Edwardo Garcia
Myra Garcia
Virgilio Garcia
Laura Gardner
Roderick Gibson
Lisa Gilbert



Absenteeism

Freshmen Student Council members are elected later in the year, after the newly arrived students have had a chance to meet each other. That does not diminish their effectiveness in the school, however.

One of their major thrusts in '87 was the attack upon absenteeism within the school. Working very methodically, Student Council members first solicited a list of names of those students

who were absent the most from each homeroom teacher.

During activity period on January 21, twelve of the 76 invited met in the library without teachers supervising to discuss their reasons for missing so much time.

The meetings continued throughout the school year, and although few were helped, those few were helped tremendously.



Freshmen Student Council Members, first row: Marianne Alvarado, Sandra Sutton, Angela McCray; **second row:** Hamilton Ramos, Corey Miles, Regina Lockett and Lenise Williams.



Jeffrey Glushien
Cathy Glynn
Ana Gonzalez
Angel Gonzalez
Angel Gonzalez
Frank Gonzalez

Janel Gonzalez
Jorge Gonzalez
Lynn Gonzalez
Maribel Gonzalez
Danielle Goodall
Allen Gordon

Stuart Gordon
Chester Green
Anthony Grosso
Michelle Guay
Stephanie Guy
Tracy Guynup

Amaris Guzman
Rosa Guzman
Sabrina Hall
Brent Hamilton
Heldi Hanke
Mattea Haqq

Rosevelt Harden
Terror Harden
Albert Harris
William Harrison
Tara Haskoor
Darlie Hayes

Gregory Henry
Tamara Henson
Alberto Hernandez
Evelyn Hernandez
Marlam Hernandez
Shaveleh Hernandez

Felicia Higgins
Karanna Higgins
Michael Higgins
Aristeede Hill
Tracy Hill
Phan Hoang

Sean Hochreich
Shenita Holmes
Tracy Holve
Lavette Hooks
Tal Hoxey
Maleia Housey

Nigel Howell
Belinda Huntley
Lan Huynh
Truc Huynh
Melanie Jackson
Silla Jackson

Timothy Jackson
Chad Jacobs
Michelle Jarvis
Terry Jaynes
Ray Jenkins
Carlos Jimenez

Jessy Jimenez
Jason Johnson
Sharon Johnson
Tina Johnson
Wade Johnston
Bridget Jones



What's that tail of hair revealing about this freshman? Only Gerald Demers knows for sure.



Fade-Away



Hairstyles are important, for how you decide to wear your hair reflects your personality. And these days there seems to be more hairstyles and more ornaments to adorn them than ever before.

Take the *pushback*, for example. This style makes a woman look domineering. The mousse and gel styles scream that a girl is into punk rock. Dying hair blonde at the tips whispers that its owner has a mind of her own, while feathering makes one look

cool and confident.

Males are also exercising imagination in their attempt to keep up with the times. Their most popular style is the *fade-away*, which has the uncanny effect of making one look studious and easy-going at the same time. Long tails in the back are also very popular.

Next time you have your hair done, be careful. You may be revealing something about yourself that you'd rather keep hidden.

Carla Boswell and Edes Mc Cray are right in style with their headbands.



Ethel Jones
Laurie Jones
Gina Jubrey
Paul Jueckstock
Stephen Kacoyannakis
Daniel Keating
Stacey King
James Knight
Ruth Koyce

Migdalia Laboy
Robert Laflamme
Jaime Lajara
Samuel Lajara
Darlene Lanier
John Lanou
Daniel Lantz
Jackie Lauzier
Kim Lavallley

Donald Le Blanc
Christopher Lee
Marcellino Leete
Brenda Lepage
Gail Lessard
Marvin Lewis
Sylvester Lewis
Lynn Libby
Anthony Liberty

Sally Lincoln
Bridgett Lockett
Regina Lockett
Jennifer Long
Michael Longlin
Denise Lopez
Gloriend Lopez
Jaime Lopez
Julie Ludden

Dawn Lunt
Candice Lyons
Tami Lyons
George Mabrey
Nancy Mac Donald
Wayne Maczka
Cornelius Maddox
Natercia Magalhaes
Lynne Maillet

Eklas Makkiya
Jumana Makkiya
Charles Malone
Norinda Mangham
Laura Mann
James Mannino



Peter Mantzoros
Andrew Manzi
Aniello Manzi
Rosa Manzi
Joseph Marlow
Robert Marrero



Marcy Martin
Noemi Martin
Glori Martinez
Lucy Martinez
Carmen Mason
Wanda Massot



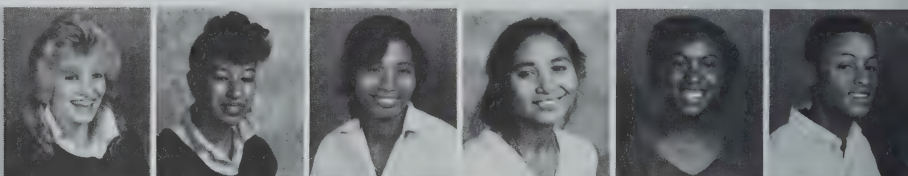
Heather Masters
John Matte
Annette Mattos
Jeanine Mc Collum
Tawanda Mc Collum
Darren Mc Coy



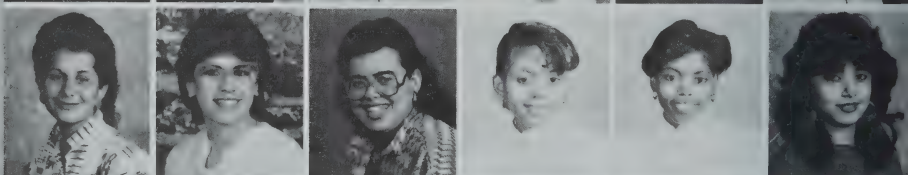
Samantha Mc Coy
Edes Mc Cray
Kerry Mc Devitt
Sharon Mc Donald
Carl Mc Kenzie
Jesse Mc Knight



Wayne Mc Lean
Victoria Mc Millan
Michelle Mc Namara
Natisha Meadows
Chim Meak
Ronn Meak



Luz Medina
Melissa Medina
Sylvia Melendez
Beth Mellon
Suzanne Mellon
Ivelisse Merced



Corey Miles
Sadie Mills
Anthony Milsap
Craig Misco
Carmen Montanez
Melinda Montgomery





Patrick Moore
Tanya Moore
Edward Morales
Joanne Morales
Jorge Morales
Noberto Morales

Nydia Morales
Aaron Morrison
Sophia Mottley
Craig Murdock
Alfredo Navarro
Angela Negron

Michael Nelson
Nu Nguyen
Truong Nguyen
Brenda Nichols
Cassandra Nichols
Ericka Nichols

Heriberto Nieves
Julianne Normand
Cory Norrington
Karen Nugent
Joann Nunez
Tracy O'Banner

Patricia O'Connor
Daniel O'Neil
Kim Ogle
Dwayne Oliver
Jose Ortiz
Maria Ortiz



Flip Side

Every now and then in every class, twins emerge.

Born on October 22, sixteen years ago, Jennifer and Richard Sawicki are the twins of the Class of '89.

Each proclaiming that the other is their parents' spoiled favorite, they are nevertheless extremely close. "We do homework together, hang around together, go to the mall and pick out each other's clothes," explained Jennifer with Richard adding, "We always have someone

there who'll listen and understand."

Their bond is so close that they both admit they are often caught saying the same thing at the same time or coming up with the same "unique" idea simultaneously.

"The only drawback is that everyone thinks we're boyfriend and girlfriend when we walk the halls together," Jennifer confessed. "Still it's terrific having a flip side."

Richard and Jennifer Sawicki know that two heads are much better than one.

Gumming It Up

Popppppp!

There's got to be something wrong with a rule that most teachers abide by. The underside of chairs and desks aside, gum chewing has its logical reason for existence.

1. Gum refreshes the breath after the hot dog and onions you had for lunch.

2. Gum chewing creates saliva for the dry throat you've developed after talking incessantly in the hallway between classes.

3. Gum chewing strengthens the jaw muscles for longer talks on the phone . . . and for oral reports.

4. Gum chewing satisfies one's creative urges.

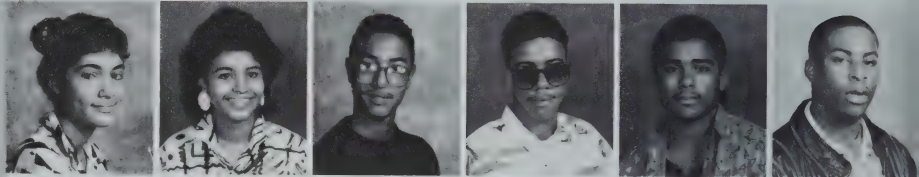
Think of the things one can do with a wad of gum! Bubbles in every color, sudden snapping noises to break up ennui, the stretch-it-out-and-twirl-it-around-your-finger trick . . . all those could find their place in the classroom.

Maybe teachers should reconsider.

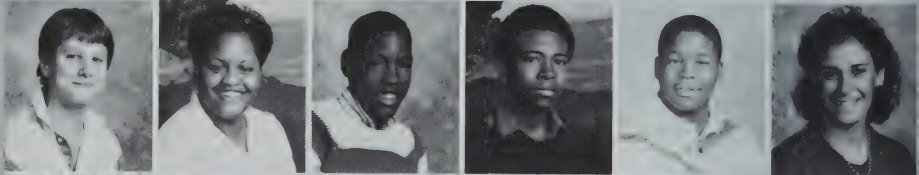


Jameasa Taylor enjoys her gum when the teacher isn't looking.

Maribel Ortiz
Maritza Osorio
Eddie Pacheco
Pedro Pagan
Juan Paris
Corey Parker



Timothy Pasterczyk
Robin Payne
Rodney Payne
Jabbar Payton
Andrew Pearson



Edwin Perez
Milagros Perez
Wanda Perez
Kim Perry
Lanary Perlillar
George Pettengill



Hoang Phan
Daniel Phelps
Bridget Pickering
Miriam Pinto
Theresa Plourde
Cathy Podlozny



Scott Polrier
Melissa Porter
Caroline Powell
David Prenliss
Linda Preston
Lori Prindle





Cynthia Prophet
Melissa Prophet
Joseph Pulchtopek
Scott Punderson
Anibel Quinones
Carlos Quinones

Emilio Quinones
Madeline Quinones
Ingrid Quintero
Sandra Ramirez
Amelia Ramos
Hamilton Ramos

Willy Ramos
Racine Ramsey
Diana Rand
Dwayne Reid
Jenal Rentas
Maria Restrepo



Debbie Reyes
Diana Reyes
Gail Reyes
Marta Riberdy
Aurora Rios
Luz Rios

Abigail Rivera
Brenda Rivera
Carmen Rivera
Esnel Rivera
Francisco Rivera
Juan Rivera

Luz Rivera
Madeline Rivera
Melvin Rivera
Rachel Rivera
Sonia Rivera
Wanda Rivera

Shannel Robbins
Jolene Roberts
Jannette Robel
Renee Robinson
Ramon Robles
Elizabeth Rodriguez

Josie Rodriguez
Marisol Rodriguez
Nelly Rodriguez
Corey Rodriguez
Heather Rogers
Deana Rosasco

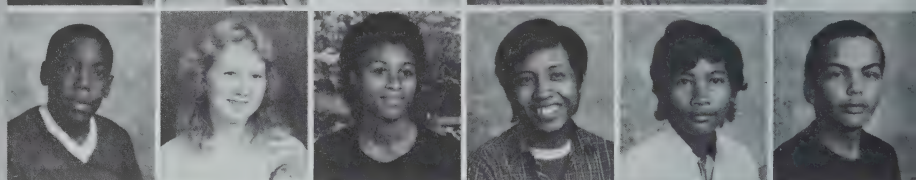
Angel Rosario
Isabel Rosario
Rosita Rosario
Robin Rossini
Lonnie Ryans
Stacy Saccamando
Virginia Saez
Julie Sanchez
Joseph Santanillo



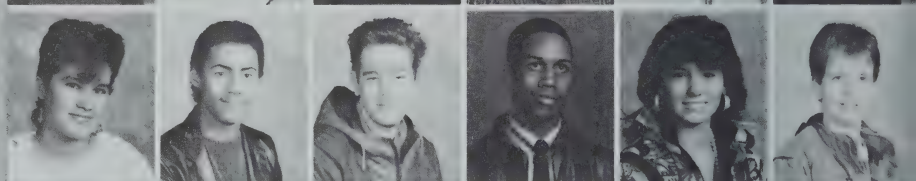
Enrique Santiago
Gloria Santiago
Iris Santiago
Maritza Santiago
Luz Santini
Jennifer Sawicki
Richard Sawicki
Diana Schaeffer
Diane Schooff Schoolfield



Arthur Scott
Christy Scott
Zettie Scott
Seang Sea
Soeung Sea
Glenn Seekins
Maria Sepuveda
Richard Sepulveda



Alxa Serrano
Jose Serrano
David Shainheit
James Shaver
Tracy Shea
Dennis Sheehan
Rena Sheffield
Sonia Sherfield
Doreen Sherman



Julie Silpe
Yavessa Siripanthong
Vikki Sisco
Gary Smith
Kimberly Smith
Malinthia Smith
Marsha Smith
Vanessa Smith
Perry Sneed



Fads

Everyone likes to be in style. Well, Commerce Freshmen are no exception. If one were to look down the halls of our school, they would automatically know what the trends are throughout America today.

One item that sticks out is the teddy bear. Students have teddy bear book covers, notebooks, and clothing.

Keychains are also very big this year, as they were last year. Attached to them are everything a person would

need if she were stranded on a deserted island. For example, you might find a student's ID card, a smaller key chain advertising Tony & Penny's Luncheonette, a group of small metal hearts, a boyfriend's picture and who knows what else.

Some people say that fads are for mindless people who are afraid to be individuals, but at Commerce, we like to feel that we're up with the times.



Aurelia Branche uses her key chain to amuse herself when class becomes slightly . . . boring.

Darcie Hayes is right in style with her teddy bear shirt.



Gregory Staas
Natalie Staley
Sonya Stanton
Melanie Steed
Michelle Sulewski
Anthony Summers

Sandra Sutton
Tracy Swift
Jameasa Taylor
James Telfair
Tonya Tetreault
Phung Thai

Michele Theriaque
Renee Theriot
Katrina Thomas
Michael Thomas
Michelle Thomas
Stacy Thomas

Mao Thun
Ngeeth Thun
Phuoc Tiel
Shannon Toohey
Cindy Torrellas
Joselin Torres



Dellris Trabal
Susan Trahan
Christopher Triba
Ana Trujillo
Marinelly Trujillo
John Tsiskakis



Daniel Turgeon
Patricia Turner
Raymond Valentin
Sandra Valles
Elizabeth Vargas
Neil Vega



Daisy Velez
Tara Veneziano
Denise Veratti
Sharolyn Vickers
Elizabeth Vidal
Cathy Viens



Cynthia Vieu
Evelyn Villodas
Dina Waken
Kathleen Walsh
Jason Walter
Sherry Wang



Christmas Foods Festival

How do Puerto Rico, England, Italy, Ireland, Laos, Sweden and Africa celebrate Christmas?

Students involved in a special World Wide Christmas Foods Festival can answer this question.

Senior Heather Scannell was resolute in organizing a World Wide Christmas at Commerce to help unite the many different races attending Commerce this year. The successful foods festival

took place December 17-19, and it brought in an \$81.20 profit which will be used by the art department for a necessary future purchase.

After much researching and interviewing of various knowledgeable people, Heather, along with Mrs. Schumann, Sandra Sutton, Hamilton Ramos and Pauline Bailey organized the affair, created 23 posters representing the different countries and decided upon foods

to represent each country.

The many types of foods presented (some were home-made by Heather's mom, while others were donated by food companies) ranged from baklava to fortune cookies.

"It was a very educational project," admitted Heather. "In Vietnam, for example, part of the Christmas dinner is dog meat. That fact really got to the students."

Miss Hogan and Mrs. Hatchett get into the mood for ethnic foods by wearing costumes.





Nicole Ward
Michael Warren
Kimberly Washington
Kim Watson
Stacey Welch
William Wessig

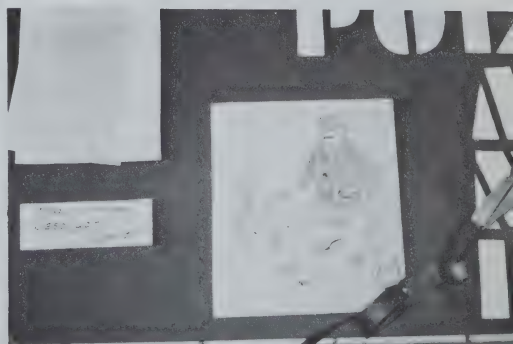
Crystal Westcott
Christopher White
Tonya White
Charlene Whyte
Kawanakee Wilkins
Elizabeth Williams

Lenise Williams
Richard Williams
Angela Wilson
Lamar Wilson
Sonya Wilson
Carl Winterle

Sabrina Witherspoon
Duane Wright
Donnette Xymines
Pablo Zayas
Ewa Zdaniewicz
Thomas Ziemba



Melinda Zimmerman



LEFT: Food is one thing that seems to always be on the minds of Carla Nazario, Jeanette Thornton and Lourdes Lugo.

ABOVE: Heather Scannell's poster depicts a typical Christmas in Poland.

Juniors

The definition of *junior* is "one of lower rank." Other meanings of the word are "only having one more year left," and "making it through another year of high school, being looked up to by freshmen and looked down upon by seniors."

Being a junior is like standing still for a year. You are in the middle, nothing is new or different and there are no special privileges or titles to uphold. You are finally able to sit on the ground floor during assemblies, but you're stuck off to the side where

your vision to the stage is somewhat hindered. Why, no one likes to be the middle child! You do most of the hard work, but you and the work go unnoticed.

On the other hand, being a junior can be the greatest thing. It all depends how you perceive it. It is the last year before you start preparing for the "real world." It is the year to be young, carefree and totally proud that you are not quite there yet, but you will be soon. Oh . . . so soon.



Senior Shawnda Boyd takes juniors **Marisha Clinton** and **Rhonda Hall** under her wing.

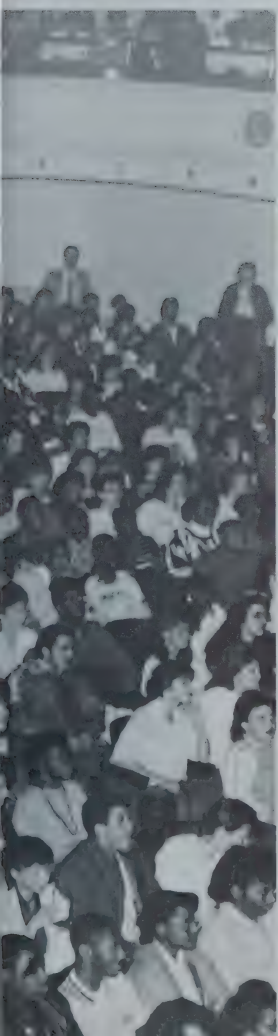




Carol Abrahams
Angelita Acevedo
Ismael Acevedo
Richard Alea
Jason Allen
Regina Allen

Antwaine Anderson
Cynthia Anderson
Theresa Anderson
Heather Archambault
Luis Arroyo
Dolores Askew

Julie Auclair
Richard Aulet
Robin Bailey
Angela Balllargeon
Luigina Barbieri
Victoria Barfield



Antoinette Becket
Mary Kate Belniak
Susan Billings
Stacy Blideau

Monique Boyd
Donna Brown
Maria Brown
Deborah Bryant

Anthony Bullock
Jesus Burgos
Raquel Cabrera
Rosemary Caceres

Emilia Capaccio
Quelcy Capeles
Lissette Caro
Martha Castro

Alicia Cayode
Michele Chagnon
Glenn Chisholm
Patricia Chounard

Foreign Exchange

Next year, junior Sonia Schanck is going to be an exchange student in the Canary Islands. A Spanish group of islands off the northwest coast of Africa. She will be the first exchange student ever to represent Commerce.

The Rotary Club sponsors this program in ten different countries and matches students with their host family, but the cost for the year will be paid in full by her own family.

After living in a foreign country for ten months, Sonia hopes to return home speaking fluent Spanish.

She stated, "Being an exchange student will be a great experience, not to mention a chance to get to know another country and its culture."

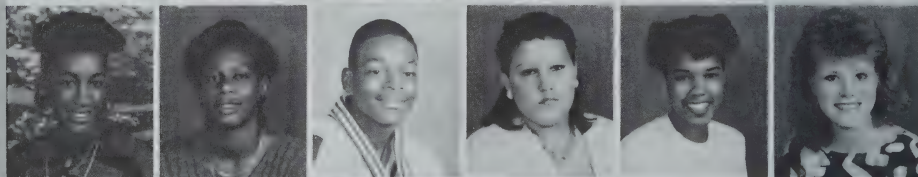
Sonia will return to Commerce for her graduation.



Cathy Christiansen
Ying Bun Chung
Ying Ha Chung
Elizabeth Cintron
Tammy Clarke
Nora Claudio



Marisha Clinton
Aubrey Cole
Terence Coles
Gloria Collazo
Kimberlee Combs
Denise Connors



Pamela Cook
Angela Corbett
Eliezer Cortes
Russell Costa
Anthony Cox
Cheryl Crenshaw





Heather Croteau
Kieyan Crump
Anabela Cruz
Sandy Cruz
Mililza Cuadrado
Jaannette Cubera
Carmen Cuffee
Grace Cumba
Dawn Curtiss

Barbara Czelusniak
Rachel Daniels
Wendy Daniels
Elaine Davey
Eric Davies
Tamika Davis
William De Felice
Albert Dearing

Tammy Desrosiers
Tammy Deshals
Thomas Devane
Elizabeth Diaz
Josefina Diaz
Julie Dinnie
Colleen Douglas
Fredrick Douglas
Dean Dubey

Jerry Edgington
Dexter Edwards
Keisha Egerton
Juan Encarnacion
Michele Epps
Lamar Evans
Melissa Federico
Danilo Feliciano
Thomas Ferguson

Veronica Fields
Gregory Fitzgerald
Nilda Flores
Pablo Flores
Rebecca Fontanez
Christine Ford
Reuben Foster
Stephanie Franklin
Daniel Frappier



123 Mulberry

Students walking to and from Commerce should know that they are growing up in quite a famous area. Theodor S. Geisel, better known as Dr. Seuss, was born in a small house on Howard St. on March 2, 1904, and he lived in Springfield until 1925.

Just a stone's throw from Commerce's back door at 123 Mulberry St., there stands a boxy blue house that his mother owned. Dr. Seuss "spent a lot of time there" and was eventually inspired to write his first book for juveniles And To Think I Saw It On Mulberry Street.

The son of the city's Park Superintendent, Dr. Seuss also became inspired by the animals at Forest Park, and used his impressions to create all his jaunty characters that have intrigued all ages. He once said, "My animals look the way they do because I can't draw."

Although he attended and graduated from Classical High School in 1921, Commerce people still feel the right to claim him as theirs. Think of him whenever you're walking to and from school. You may become inspired, too.

123 Mulberry St. was just renovated in the past year.

Jonathan Fuss
Rebecca Gagnon
Lorenzo Gaines
Tammy Gallagher
Betty Gandy
Carlos Garcia

Jose Garcia
Rebecca Garcia
Rolando Garcia
Vionel Garcia
Mayra Gerena
Gwendolyn Gesin

Tonya Gibbs
Sharon Glynn
Carmen Gonzalez
Jaime Gonzalez
Nancy Gonzalez
Raul Gonzalez

John Green
Barry Greene
Erwin Greene
Rhonda Griffin
Mechelle Griffilh
Cynthia Guevin

Scheana Gunter
Rhonda Hall
Calvin Hamrick
Kimberly Hanks
William Hanson
Samara Haqq



Children?

Analyzing the results of a recent survey taken by the underclassmen, one can easily see that Commerce students represent a contemporary trend found across America today.

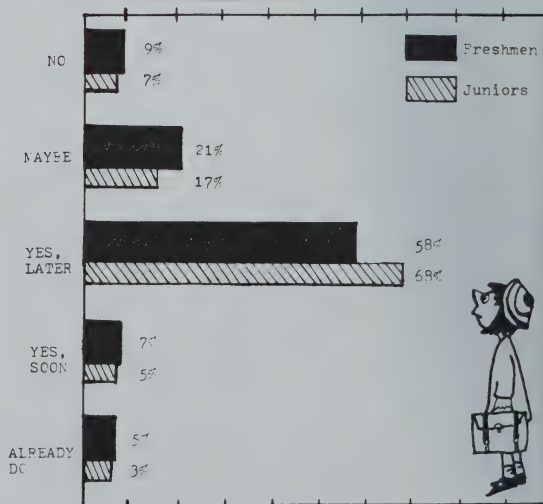
When asked if and when they desired to have children, only an average of 8% or approximately 92 students in our school stated that they would not. Surprisingly, however, 43 students indicated that they already did have at least one child.

An average of 19% or 220 students were not sure if they would ever like to stay up all night rocking the cradle, while 730 students, the great-

est number of all, checked that children will be in their future, but not for at least ten years. Like many of this generation, these adolescents place a career and an established marriage first.

Approximately 6% are anticipating having children soon.

Of course, adolescents have plenty of time to decide what they want from life. Their desires may swing from one extreme to the other like a pendulum until fate intervenes for them. But there can be no denying that both women and men are waiting later to get married and to have children.





Faythe Harris
Dawn Hearn
Mark Heathman
Brenda Heberl
Zvahn Hinton
Christopher Hitas



Azanda Howard
Tammy Howe
Michelle Huard
Khalid Ibrahim
Miriam Irizarry
Bernitta Irving



Hopeland Jackson
Yvette Jackson
Richard Jambora
Sydonnie James
Wileen Jamison
Edmund Janas



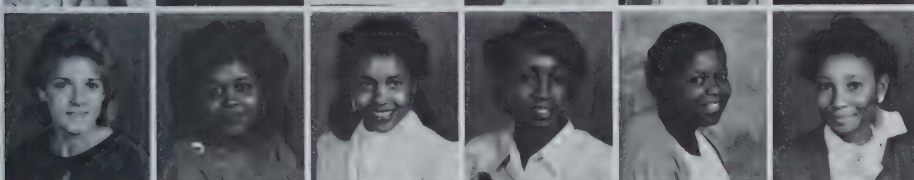
Joy Jasmin
Robert Jerome
David Jimenez
Diana Johnson
Nancy Josey
Melanie Joyner



Patricia Kenny
Carlene Kilbride
Darryl King
Angela Knight
Marjorie Kochanowicz
Theresa Kudej



Jason La Valley
Annette Lague
Rafael Landrau
Felix Lasanta
Larry Lawson
Orlando Leach



Amanda Lessard
Clara Lewis
Eveon Lewis
Janice Lewis
Regina Lewis
Yvette Lewis



Ponayola Lirltzi
Douglas Loubler
Jackie Loving
Zakiyyan Lubieddin
Juan Lugo
Irene Lytras

Liss Machancz
Janice Maldonado
William Maldonado
Daisy Marquez
Migdalia Marrero
Cassandra Marsh



Taress Marshall
Elizabeth Martinez
Nancy Martinez
Kimberly Mathieu
Gwendolyn Mathis
Roberto Matos



Tracy Mc Cray
Regina Mc Dowell
Travis Mc Dowell
Georgette Mc Kenzi
Carey Mc Kenzie
Anthony Mc Tizic



Melissa Feliciano demonstrates the American trait of volunteerism as she collects Toys For Tots.



and gave their explanation of a poem called "I Am An American."

Miss Murphy stated, "It was a good medium to express their work in other than writing. Cooperation among the classmates was promoted, and logic was developed as students discovered the best procedures for putting their ideas together successfully."

The point of this project was to allow students to creatively explore the many aspects of being an American. The students also studied

Anabella Cruz created this collage as her interpretation of Americanism.



Alan McTizic
Efrain Medina
Lo Meng
William Mercado
Dorothy Mercure
Cheryl Mersincavage
Joanne Metcalf
James Miner
David Mitchell

Luis Montalvo
Dale Moore
Melissa Moore
Theresa Moore
Angel Morales
Milagros Morales
Xavier Morales
Michelle Morgan
Donna Morris

Troy Morris
Stephen Molyka
Christina Mucha
Vivian Murphy
Ross Murray
Carmen Nater
Corey Nedeau
Mitzie Negron
Angela Newell

Jill Newman
Tien Nguyen
Chin Chu No
Robert Oakley
Sheri Oertel
Patricia Ortiz
Yolanda Ortiz
Angela Pafumi
Carmen Pagan

Eddie Pagan
Jose Pagan
Marie Pagan
Edward Parson
Ronald Pebley
Raymond Pellerin
Frank Pena
Kevin Pendleton
Michael Perez

You Be Illin

Sometimes it seems like there is a never ending stream of students asking for a pass to the nurse. And according to Mrs. Bogan, our helpful and sympathetic school nurse, that's pretty accurate. This winter she tended to see an average of 120 students a day.

Because of this, a new policy was established at Commerce. A pass to the nurse cannot be denied, but class time missed must be made up at the convenience of the teacher.

Among the lists of ailments

this year was the Taiwan flu. Its symptoms were general body ache, a high temperature and intense headaches.

General gastritis was also a major problem as well as upper respiratory infections that often developed into bronchitis.

Mrs. Bogan recommends "bedrest and lots of fluids" when the flu strikes. She also adds, "Sharing cigarettes and drinks is not wise."

We know we are in good hands with Mrs. Bogan around.



Cary Clemons stretches out on the nurse's cot with a case of the could-be-anything.

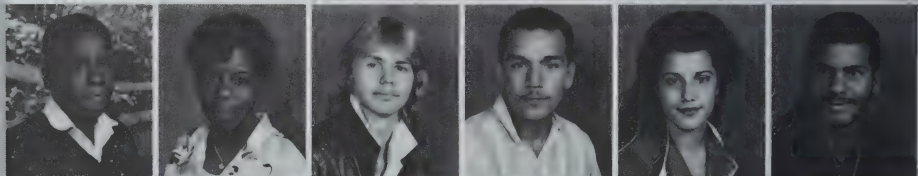
Nissette Perez
Ruben Perez
Garth Perri
Michelle Petelle
Debbie Peterson
Tai Pham



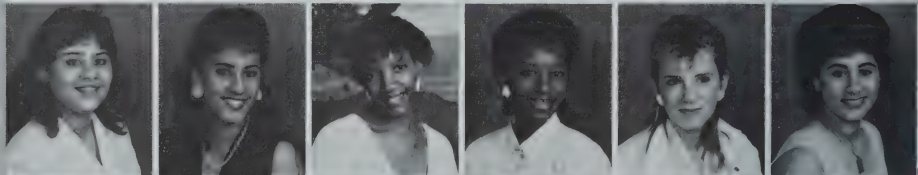
Tuoc Pham
Pamela Philippoff
Cassandra Phillips
Tracy Pieniak
Marion Polite
Yvonne Pollard



Stephen Poole
Undralia Powell
Stephen Pulchlopek
George Quinones
Luz Quinones
Artemio Reyes



Evelyn Reyes
Zoraida Reyes
Alethea Reynolds
Lisa Richardson
Carmen Rivera
Damaris Rivera



Elizabeth Rivera
Gisela Rivera
Ideliza Rivera
Javier Rivera
Juan Rivera
Luz Rivera





Robin Rivera
Cheryl Roberts
Luis Robles
Glorimar Rodriguez
Maria Rodriguez
Maritza Rodriguez



Melvin Rodriguez
Raisa Rodriguez
William Rodriguez
Pedro Romero
Julie Rosario
Lisa Rosario



Noemi Rosario
Nydia Rosario
James Rosemond
Lisa Ross
Marquise Rowtham
Kim Ruais



Aine Ruiz
Daniel Salgado
Nancy Santa
Diane Santaniello
Ann Marie Santiago
Elizabeth Santiago



Jadeline Santiago
Miriam Santiago
Nancy Santiago
Bobbi Jo Santos
Sonia Schanck
Lori Shanler



Ingrid Small
Gregory Smith
Yolanda Smith
Luis Soto
Leon Spradley
Cherylann St. John



Michele Stasiak
Lisa Stenberg
Carole Stevens
Anthony Stewart
Christine Suchecki
Sherry Sutton



David Switzer
Kenneth Talbert
Karen Tanner
Patricia Tarl
Lisa Tatro
Sharon Taylor

Yvette Teece
Gail Terry
Romy Terry
Theresa Thomas
Carmelo Toledo
Jose Torres



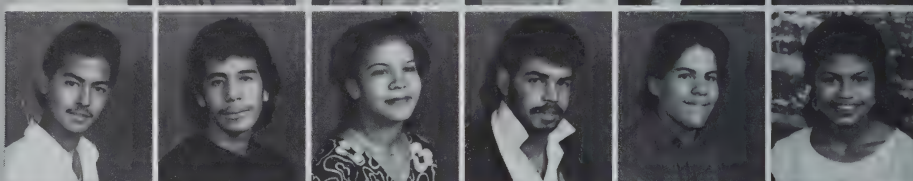
Lisette Torres
Madeline Torres
Edward Torruellas
Belinda Valentine
Benedicto Vargas
Iris Vargas



Mary Vargas
Linda Vaughan
Katherine Vautrain
Amelia Vazquez
Ivette Vazquez
Marian Vazquez



Nelson Vegerano
Luis Velasquez
Maria Velazquez
Roberto Vicente
Jose Villaronga
Madeline Villodas



Mark Voisine
Ula Wadlegger
Jonathan Walt
Jeana Wallace
Dawn Wanzo
Rosie Washington



Lorraine Wall
Karen Weiss
Vincent Weldon
Carla West
Lori White
Margaret White



Patrick White
Bryant Whitsett
Issac Wilkerson
Steven Wilkerson
Tonya Wilkerson
Larry Williams



Raymond Williams
Danita Wilson
Kevin Wilson
Natalie Wilson
Michelle Wray
Teresa Wunch
Joseph Young
Edwin Zavala
Todd Zee



A Junior's Special Dream ... Graduation!



Seniors

Most Popular

Mia Mancioni & Tony Motley

Pee Wee Hermans

Tamika Evans & Jose Rodriguez

Class Executives

Sherri Stovall & Carlos Torres

Best Dressed

Esther Wimbish, Louis Rogers & Carlos Torres

Class Foxes & Wolf

Tracy Truman & Cathy Grondin
Scott DeGray

Best Smiles

Tracy Truman & Scott DeGray

Class Flirt & Operator

Mia Mancioni & Robert Tobin

Siamese Twins

Cathy Grondin & Tracy Truman
Jose Rodriguez & Jason Nelson

Class Athletes

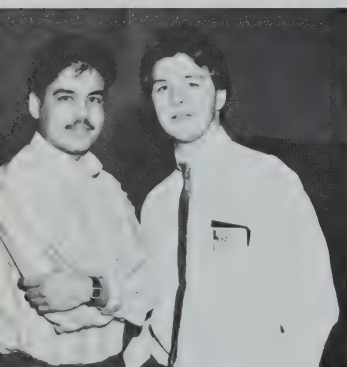
Kris Schmidt & Tony Motley

Hall Creepers

Mia Mancioni & Jose Rodriguez

Favorite Teacher

Mrs. Gumlaw



Siamese Twins



Pee Wee Hermans



Class Flirt & Operator



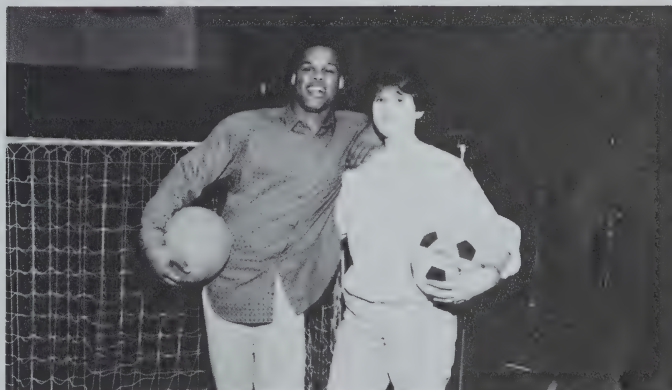
Class Executive



Best Dressed



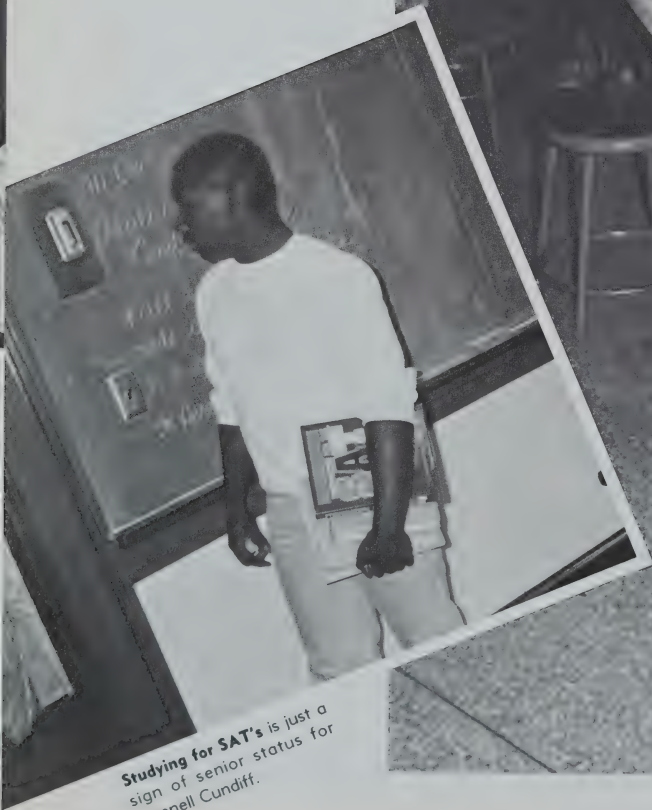
Most Popular



Class Athlete



Class Foxes & Wolf



Studying for SAT's is just a sign of senior status for Quenell Cundiff.



Donning their senior hats are Yolanda Bass and Y'Elaun Basley.



Junior Lisa Rosario looks up to seniors Lisa Reed and Michelle Mascaro.



What Is A Senior?

Just what is a senior? What does the word really mean?

A senior is old cars, class rings, senior hats, graduation pictures, parties and responsibilities, dreams of success, and failure taken in stride.

Our seniors are older, not only chronologically, but also experience-wise. Through the process of maturing, of furthering their high school education and learning to cope with the on-

slaught of new problems and situations, seniors have a real taste of what awaits them outside the Commerce walls.

Clubs that require interaction, leadership and fundraising, programs including tutoring, Challenge and Jobs for Bay State Graduates that inspire confidence, activities such as the Student Council, National Honor Society, Concert Choir and

Project LEAD that require dedication — all these experiences accumulate to create an older and wiser graduate.

Graduation night will be a night like no other. Seniors will see their adolescence merge with adulthood. Their service has been long, the competition stiff. But at that moment, every one of them will agree that "the yellow tassel was worth the hassle."

Yolanda Marrero, Robert Tobin and Lizet Rosa demonstrate what senior appeal is all about.

Elizabeth Acevedo
Lizzette Acevedo
Rachael Adams
Dionne Allen



Pauline Bailey
Victoria Barfield
Jacqueline Barre
Carrie Barringer



Y'Elaun Basley
Yolanda Bass
Nancy Bennefield
Olinda Bernardes



Senior Cars

When seniors think about owning a car, they picture a Prelude, Seville, or possibly even a Corvette. What they invariably end up with, however, is a jalopy.

Just as long as it runs . . . just as long as it runs. That seems to be the only requirement. Never mind the missing fender and bashed in rear end.

Owning a car, no matter what the condition, does contribute to elevating a senior's status, however. He is looked up to by others mainly because walking becomes obsolete and "cruising" becomes an obsessive

avocation. What is this society coming to anyway?

But there is also plenty of added responsibility with auto ownership. The empty gas tank is always thirsting for fuel, and there goes one third of your paycheck. If the car breaks down as it is apt to do approximately every two months, another third of your pay is spent on parts. Then there's the insurance, and say goodbye to whatever money you have left.

Yes, a car can burn a hole in your pocket, but what it does for your social life is phenomenal.



A vanity plate and dangling dice personalize a senior's car.



Nora Billings
Sally Bland
Steven Boateng
Yolanda Bolden



Sylvie Bouffard
Rhonda Bridges
Rhonda Brown
Emilio Burgos



Luz Burgos
Ralph Capua
Taryl Capuano
Jean Carpenter



LEFT: Could this scarf be a secret message to someone?

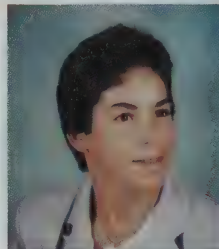
ABOVE: Take your choice! Party animal or classy lady.

RIGHT: Tami Descrosiers enjoys doing her assignments for English.

BELOW: Robin Bailey and Melissa Federica know that studying can bring high honors.



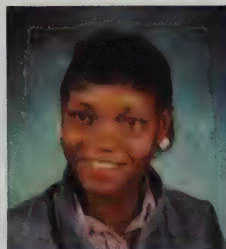
Alexander Carrasco
Juan Castillo
Leila Castonguay
Minruva Centeno



Ying Chung
Lisa Clark
Cary Clemens
Oneida Collazo



Quotisha Collins
Norma Colon
Shannon Conelley
Ruben Corales





Ugh! Books!

"Ugh, Boring," or "Yuck, what a drag." These phrases automatically trip from the lips of students when the word *studying* is mentioned.

They immediately think of a million other vitally important things they could be doing — a two hour talk on the phone, shopping, a neighborhood basketball game, watching a riveting hour of *Dynasty*. But there are some very important reasons why studying is so essential.

Studying develops the grey matter by helping you think logically just in case you ever happen to be, in Stephen King-style, one of the

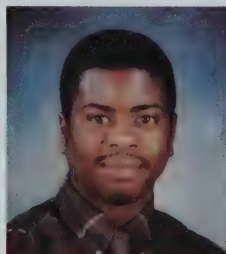
last people left on Earth and you desperately need to reinvent electricity.

Studying helps you to communicate more effectively, which will come in handy when you become President of the United States and decide to hold a press conference.

The most popular and most persuasive argument for studying, however, is this. If you don't study, you fail. If you fail, you don't graduate. If you don't graduate, you don't get a job and you will have no money. Without money, you're nowhere.

Putting it that way . . . studying isn't all that bad!

As a senior, Keith Garvin has the skills of studying mastered.



Sandra Cortes
Karen Costa
Lisa Coty
Anthony Cox



Michelle Creek
James Crogan
Barbara Cruz
Carmen Cuffie



Daniel Cumba
Quenell Cundiff
Paula Czupryna
James Daniels

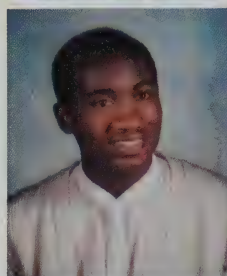
Michelle Danio
Angela Denault
Michelle Denning
Lisa Donohue



Yolanda Doughty
Deborah Douglas
Glenn Dowler
Michelle Dutton



Wayne Edwards
Allison Eng
Laura Enos
Tamika Evans



Panache

Even though Commerce is recognized as the best business high school around, it also has another reputation.

Word has seeped into every corner of the greater Springfield area that for years Commerce has been the school for fashion, style and class. One look around during any given year will prove just this.

Two years ago, Madonna fans strolled Commerce's hallways dressed in lace from tip to toe. Last year it was swatches and stripes. This year there's vibrant primary colors, pearls and paisleys.

Make no mistake, Commerce students do not try to mimic each other. Each selects his own look which reflects with panache his distinct personality. There are those who choose the strictly business look of suits and dress shoes, others who prefer the casual look of sweats and Reeboks, and still others who select the semi-formal ambiance of silk or crepe cocktail length dresses or tuxedo shirts and bowties.

At Commerce, business may be our speciality, but the business of looking good is our pleasure.



During the school day, casual clothes are more comfortable for James Rosemond.





Tara Evans
Sandra Figueroa
Roberto Flores
Sabrina Flowers



Joshua Fontanez
Bryan Foster
Tracey Foster
James Fournier



Barbara Fox
Susan Frost
Yasmin Garcia
Keith Garvin

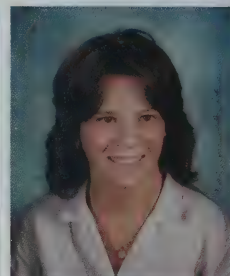


ABOVE: Gloria Lopez has an eye for this year's popular colors.
LEFT: Carla Nazario doesn't need a special occasion to look terrific.

Keisha Gaynor
Michelle Galaska
Karen Glover
Lori Glynn



Edwin Gonzalez
Ivette Gonzalez
Zoraida Gonzalez
Karen Granger



A Multicolored Palette

There may be only one art teacher at the High School of Commerce, but Mrs. Schumann does the work of three or four.

Inspired by the China exhibit in Boston last year when on a field trip, Mrs. Schumann and her advanced art proteges engaged this year in the philosophy and techniques of Chinese brush painting. Ordering rice paper, sumi brushes, ink sticks and grinding wheels, they busied themselves creating their own Chinese brush

paintings to sell at the Raider Outlet in order to raise money for this year's field trip.

In the recent past, the art department successfully sold designer envelopes fashioned by Fred Murphy, a Commerce graduate who won the U.S. Envelope contest four years ago. Several thousands were sold almost immediately raising a total of over seventy-five dollars.

These profits were matched with scholarship fund money and used to send Rebecca Gagnon,

now a junior, to the Pro Arts summer art program at Emerson College in Boston. In return, Rebecca volunteered to utilize her talents to beautify the school library this year.

Collages, decoupages, tie-dyes, field trips, watercolors, pastels, oils, fund-raisers — you name it, and the art department has done it. And all of Commerce has reaped the benefits by either being able to create or observe quality art firsthand.



ABOVE: Olinda Bernardes, Carlos Garcia and Heather Scannell create bulletin boards for various teachers.

RIGHT: Joseph Pagan gives careful thought to his brightly colored watercolor.

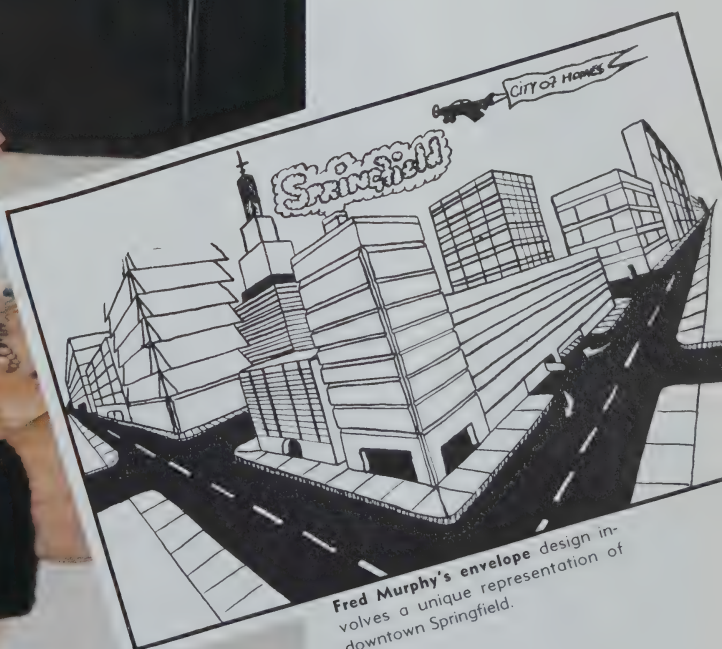




Candace Gray
Kevin Gray
Beth Griffin
Catherine Grondin



Yvette Hairston
William Hanson
Karen Harrington
Dennette Harris



Fred Murphy's envelope design involves a unique representation of downtown Springfield.

BELOW: John Green finds that it's not that easy doing a "woman's" chores.

RIGHT: "Soup's up," according to the aproned Allen Gordon.



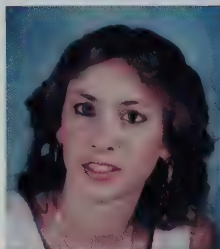
Dawn Hearn
Michael Hendrix
Diana Hernandez
Edward Hernandez



Timothy Herring
Jodi Hiberl
Lance Hill
Lisa Hill



Audra Holt
Sharon House
Laura Howe
Stacey Humphries





Switching Roles

Interestingly, when Commerce opened its doors in 1961, it catered to the aggressive male who wished to make his mark in the expanding world of business.

Its 1921 pamphlet also made it clear that "although women will probably not expect to work for wages and therefore would not wish to fit themselves for a vocation, misfortune may come to them." Secretarial skills were thus developed in the ladies in case of emergency.

Today we live in a world of top women executives and househusbands who stay at home while their wives work,

and our school system seems to have adjusted to this contemporary way of thinking.

Whether male or female, every student has a choice of courses from home management to chemistry. Why, even physical education classes are now co-educational.

There may be no representatives of the feminine gendre on our football team, but trying out for it has, no doubt, fleetingly crossed the minds of more than a few fisty competitive Commerce ladies.

LEFT: Sharing the work during home management are Zoraida Gonzalez, Jackie Williams, Lisa Gaitor and Reggie Ford.



Felicia Jackson
Audra Johnson
Blease Johnson
Danielle Johnson

Donald Johnson
Sarah Johnson
Shawn Johnson
Rosalynn Jones

Susan Jones
Kathleen Keeler
Bozena Kopec
Denise Kushner

Nancy LaMountain
Daniel LaPierre
Eldrid Launderale
Bobbi-Jo Laurion



Michelle Leith
Julius Lewis
Regina Lewis
Henryne Lockett



Lauren Lockley
Darlene Lopardo
Alberto Lopez
Liz Lopez



Comiendoy Apreniendo

Each year, Miss Felix's Spanish 3 students hold a food sale for the school so that Spanish names for foods and the counting of Spanish money may be instilled in their minds.

This year every student contributed to the small smorgasbord of eatables which included ham, cheese, tomatoes, lettuce, mustard and mayonnaise. Also available were milk, bread, orange juice, sweet cinnamon rolls, homemade chocolate chip cookies and a delicious chocolate frost-

ed yellow cake.

Customers from the school as well as the class appeased their appetites as they paid for the scrumptious tidbits with Spanish money. In Spain, five "pesetas" equal one "duro," just as four quarters equal one dollar. The value of one "peseta," however, is less than one penny. Amazing!

At the end of the sale, Miss Felix and her class closed the doors to the delightful lesson with their appetites for food and knowledge sated.



Lizet Rosa awaits a piece of cake being cut by Lucy Rosario.



Elizabeth Lugo
Lourdes Lugo
Maria Magelhaes
Kitam Makliya



Christa Malone
Mia Mancione
Elenora Manzi
James Manzi



Danette Marquez
Lizbeth Martinez
Nancy Martinez
Michelle Mascaro



ABOVE: Members of the Spanish 3 class include: Rachel Rivera, Vionet Garcia, Maria Hernandez, Miss Felix, Linda Razick, Lizet Rosa, Willie Vega, Lucy Rosario, Dawn Curtis, Zoraida Gonzalez, Lenisse Williams, Raul Gonzalez and Theresa Moore.

RIGHT: Miss Felix demonstrates how much five Spanish "pesetas" are worth.

Carrie Tyler, a true high achiever, is able to hold down three jobs and still qualify for membership in the National Honor Society.

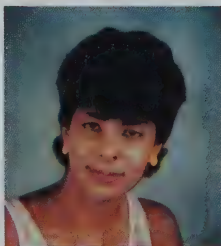
With the help of advisor Mrs. Christman, Carla Nazario and Heather Scannell anticipate wearing honor stoles during their graduation ceremony.



Sandra Mason
Tangy McAllister
Michael McDonald
Karen McKnight



Evelyn McNeil
Isabel Melendez
Maribel Merced
Donna Meyer



Daniel Midura
Maria Midura
Lawrence Miller
Tina Miller



High Achievers



The High School of Commerce has its share of high achievers, and so many areas to spur the students on to academic excellence.

To begin with, this year has produced more National Honor Society students than have been seen in the last fifteen years. These 55 junior and senior students must have at least a B+ average in every class they take.

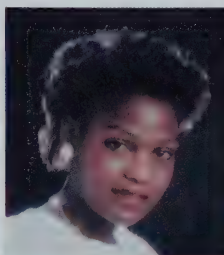
But there are others who shine in one special area. An experimental Honors English class was established this year for freshmen who find this subject their forte. Among other things, these students study Shakespeare in depth, attend nearby plays and publish *Impres-*

sions, the school's literary magazine.

Those who find they have natural ability in the area of business could easily find themselves in the G.O. (General Organization) class offered at Commerce. The school owes these students so much, as they make it possible for all of HSC to attend school games and dances at a discount price.

Commerce boasts of foreign language classes, data processing classes and a computer club, a progressive journalism system, typing 3, terrific math, science and history classes . . . and much more. There is something for everyone's interests.

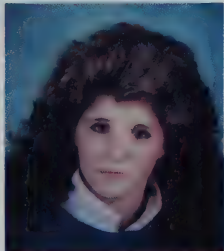
Freshman honors English students John Tsiskakis and James Shaver peruse last year's literary magazine.



Carla Mills
Idalia Miranda
Melissa Montgomery
Lisa Naylor



Carla Nazario
Xinh Nguyen
Gloria Nieves
Anna Nordstrom



Maura O'Donnell
Laurie Orlando
Maritza Ortega
Joseph Pagan



Commerce senior Lori Glynn prepares Michelle Galaska to give a pint of blood.



Sandra Parsons
Clarissa Perez
Diana Perez
Tina Petri



Jose Pires
Gary Pitto
Lisa Plopper
Monica Plummer





LEFT: This year's drop of blood, Catherine Grondin, signs up Cary Clemens, Wayne Edwards, Tracy Truman and Eric Davis for donations.

BELOW: With mixed emotions, Carla Triplett, Luz Rosario, Yasmin Garcia and Gary Piteo await their turns to give blood.



Bloodsuckers

There were no cloves of garlic hung around room four in October when the Red Cross bloodsuckers came to receive blood from student donors.

According to Miss Hogan, counselor and co-ordinator of Commerce's bloodmobile, enthusiastic sign-ups put our number of donors up to 69, but due to colds, fevers and low blood pressure, 33 pints were actually

drawn.

Commerce has been holding bloodmobiles for approximately 17 years, and the procedure is relatively uncomplicated. It takes about 15 minutes for a student to sign in, give his medical history, have his temperature and blood pressure taken and answer a series of questions in the screening process to determine whether his blood is accept-

able.

Massachusetts depends upon volunteer donors, and the state's major source is the schools. Because Springfield hospitals are now performing open heart surgery and because there is such a great demand for this precious fluid from area cancer patients, Commerce is proud to do its part to help out the greater Springfield community.

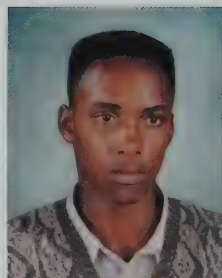


Marlon Polite
Elizabeth Porter
Lena Poulin
Raymond Pszczola



Daniel Ramirez
Madeline Ramos
Marcia Rawlins
Michelle Redmond

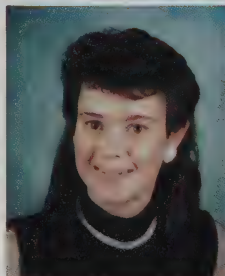
Lisa Reed
Tracie Reome
William Rhone
Jewell Rice



Evelyn Rivera
Gloria Rivera
Marilyn Rivera
Mary Rivera



Nitza Rivera
Raymond Rivera
Charles Roberts
Leslie Robinson



Finally Refurbished

This year the Commerce assembly hall was refurbished to a glowing newness.

Almost simultaneously with the Statue of Liberty restoration, the assembly hall's completion represents the winding down of a three year interior renovation of Commerce in an attempt to restore our school to the beautiful lady she once was. As Principal Basili states, "There is no school more beautiful than ours. She has withstood the ages."

A crew of men began in October to scrape and patch the faded green paint placed on the walls more than 30 years ago. Now there is a soft yellow with beige borders and gold leaf trim creating the illusion of an even more expansive hall than before. The floor has been bleached and revarnished and impressive cardinal red curtains beautify the stage.

The cost . . . \$100,000, or one tenth the cost of the entire building in 1916.





Timothy Robinson
Daisy Rodriguez
Jose Rodriguez
Luz Rodriguez



Maria Rodriguez
Susan Rodriguez
Louis Rogers
Lizet Rosa



Paulita Rosado
Luis Rosario
Luz Rosario
Luz Rosario



ABOVE: Commerce is proud of its restored auditorium with its yellow and beige walls.
LEFT: With the scaffolding in place, workmen begin to scrape the auditorium walls.

Donna Brown and Gail Terry put the finishing touches on their good looks.



April Roy
Angie Ruiz
Beatriz Ruscitti
Bruce Rust



Yvette Sanders
Carol Santiago
Hector Santiago
Jadeline Santiago



Juana Santiago
Heather Scannell
Kristine Schmidt
Karen Severino



Looking Good!

Mirror, mirror on the wall . . . please don't let my hair-do fall.

This is probably similar to what many Commerce students mumble under their breaths during those two quick minutes between classes when there's hardly time to do what absolutely has to be done in order to maintain those good looks that our school is famous for.

One has to go to her locker, use the facilities, give that all important note to a special friend, make it to her

next class and still look beauty pageant fresh. That's almost impossible to do with such a miniscule amount of time. Where there's a will, however, there's a way.

Somewhere out of sight of teachers and other students, our ladies find hidden corners in which to perform such rights of intrigue. Out comes the powder, blush and lipstick, on they go with the unshaking hand of an expert and, like a flash, away they are stashed so that no one would guess the ladies

do not look that way naturally.

The gentlemen of our school are not exempt from such frivolities. They, too, must know some hidden hallway lined with mirrors to help them keep every hair in place, for they also appear in class looking as dapper as one dares look in an institution of learning.

However it's done, it is painfully obvious to other schools that Commerce students are just plain good-looking people.

LEFT: Damaris Rivera expertly applies blush to Lisette Torres' face.



Annette Simmons
Arduino Siniscalchi
Jackie Smith
Carrie Stevens



Sherri Stovall
Wendy Sullivan
David Swan
Belinda Talbot

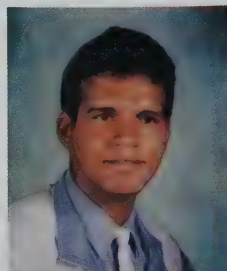


Sharon Taylor
Terekah Thaxton
Tracy Therese
Lynn Thomas

**Jeanette Thorton
Alisa Torres
Carlos Torres
Judy Torres**



**Reinaldo Torres
Theresa Tootle
Allen Tracy
Michelle Trillo**



**Carla Triplett
Tracy Truman
Carie Tyler
Missy Valcourt**



We've Made It!

"Free at last, free at last," declares a Commerce senior when asked what graduation means to her, while another sees it as "something to always remember." For many it represents the end of a long grueling period of study.

But according to Principal Basili, graduation means something deeper . . . "the breaking away from youth and the start of real adulthood." Miss Di Santi, assistant principal, also agreed that graduation is "exciting but frightening" because one must go from the security of a school situation into the unexpected world of the unknown.

This year the ceremonies were held on June 2, at the

Springfield Civic Center. There were more than 300 anxious and impatient seniors ready for that long dreamed-of walk down the aisle leading away from Commerce, teachers, old friends and toward a new life.

Some will continue their education at two and four year colleges. Others (about 50%) will find full-time employment, while a few will enlist in the service. But whatever path Commerce graduates choose to take, their excellent education will help them reach for the stars!

Nelson Marquez, Danielle Pastreck
and Anna Nordstrom look over their diplomas.





Brenda Van Valkenburg
Clarisa Vargas
Enrique Vargas
Yvonne Vargas



Jannett Velasquez
Monica Waddell
Jason Wardenburg
Rosie Washington



Janet Watt
Jerome White
Donna Wierzbowski
Deavon Williams



ABOVE: The expression on Olinda Bernardes' face shows her feeling that it was all worth it.

LEFT: Darlene Lopardo finds graduation a serious occasion.

Edith Williams
Jacqualine Williams
Lena Williams
Esther Wimbush



James Witter
Terri Wood
Delphine Wray
Leon Wyche



Lenise Youmans
Winifred Youmans
Karen Young
Rene Zavala



ABOVE: Often seen dodging crowds are Samuel Lajara and Judy Rosario.
RIGHT: Edward Torruellas seems to take the crowds in stride.

James Shaver seems lost in the labyrinth of people.

Tracy O'Banner, Daniel Lantz and Marcellino Leete rush to class to avoid detention.



Crowded Hallways

Whenever people think of school, one of the most dreaded memories is the crowded hallways. People hate to remember the times they were late for class because the person in front of them walked like a turtle, or the time they dropped their books because they were pushed down the stairs by two people fooling around. And yes, you cannot forget those people who walked, then stopped dead in front of you, and when you accidentally bumped into them, they gave you a dirty look.

Yet there were times when you were glad for those crowded hallways. Remember when you were

trying to hide from Mr. Albano, Miss Blakeslee or Mr. Forrant because you didn't do their homework, or when you were trying to ignore that certain someone. You also can't forget that excuse to bump into that special person whom you've had your eye on, or when you wanted to sneak out the side door to skip class and go to Burger King.

We all have to admit there were some good and some bad memories of crowded hallways. But these are things you have to deal with, because no matter where you go, at one time or another you will get stuck in a crowd.



Crowded hallways provide Carla Boswell with an excuse to stop and chat with friends between classes.

Red Daze

Red Day, a day when our school colors are worn to the max, is a fairly recent celebration involving the entire population of the High School of Commerce. It was initiated on March 4, 1983, and it has taken place twice every year since.

The purpose of Red Day is to reinforce school spirit. Since most students are unable to stay after school for club meetings and activities, Red Day is one activity everyone can participate in with zeal. All one has to do is wear RED! And the more red

you wear, the more school spirit you show.

Those who have spent the day at school gazing upon the dazzling red found everywhere have sworn that floating red spots were seen before their eyes for two days following. This affliction has been diagnosed by a local doctor as *reditis simplex*.

If you find yourself walking past Commerce on Red Day, make sure to avert your eyes. *Reditis* is highly contagious and you may have to fight the urge to transfer to our school.

Celebrating Red Day are Brenda Nichols and Carmen Lopez.



ABOVE: Nicole Wood, Deavon Williams, Rosie Washington, Yolanda Bolton and Monica Waddell are all aglow with school spirit.

RIGHT: Lisa Polite's outfit definitely makes one see spots before his eyes.



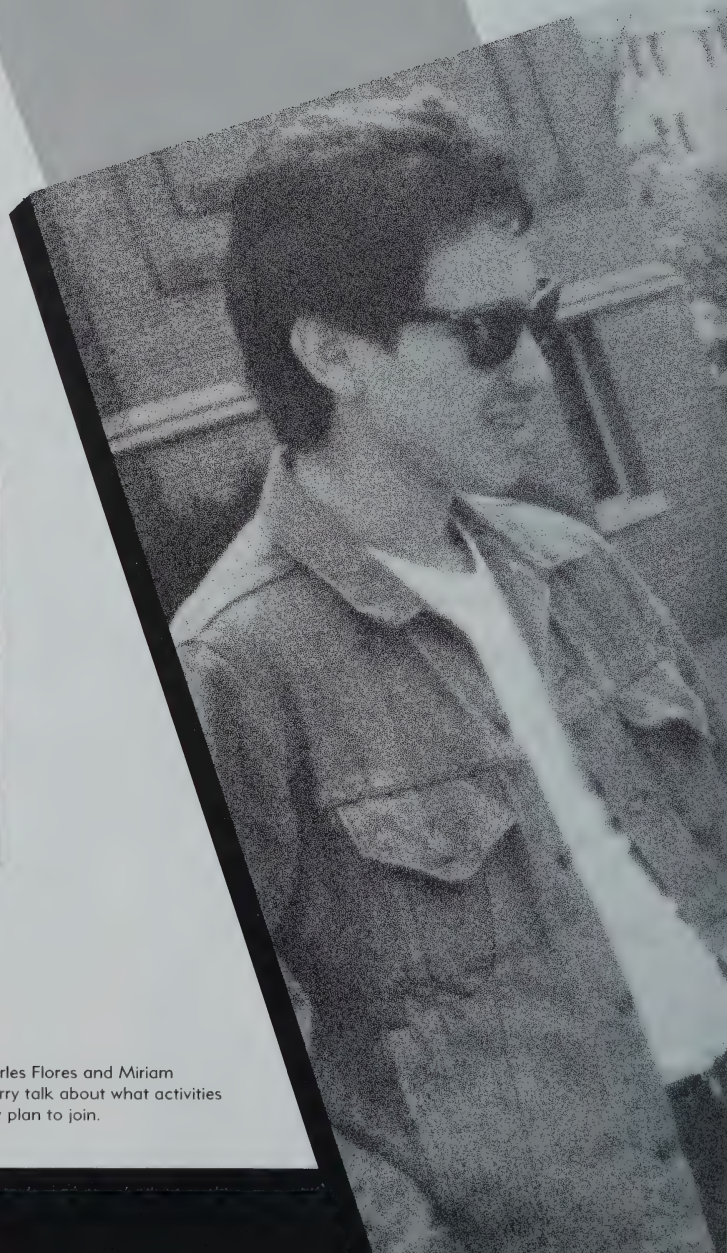


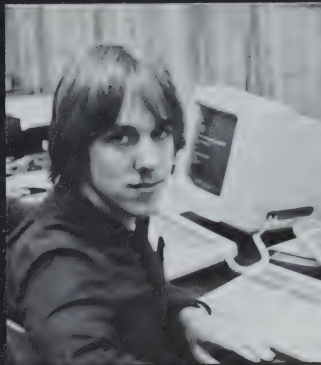
Sally Bland, Dionne Banks, Janet Watt, Tamika Evans and Dionne Allen find that seeing so much red gives them something to smile about.

Activities

Growth and change occur when new doors are opened — doors that expose new ideas, knowledge and friendships. It is always amazing to see how a club or activity may have so much influence upon a student as to gently guide him into a line of work or a college major.

Charles Flores and Miriam Irizarry talk about what activities they plan to join.





G.O. G.O.

Our General Organization is one of the most important organizations in the High School of Commerce. It was established over fifty years ago.

A maximum of 25 students are selected each year to enter the G.O. homeroom — room 113. These students must maintain at least a B+ average in their accounting I class, and their attendance must be almost



ABOVE: Mr. Tenczar, displaying a ready smile and the school colors, has been G.O. advisor for several years.
RIGHT: Judy Torres helps Bruce Rust use the Apple II plus to store G.O. information.



perfect. Honesty, reliability, dependability and sincerity are the hallmarks of a G.O. homeroom member.

Students in G.O. are responsible for collecting a very large sum of money — approximately \$30,000 a year. All the money is collected for G.O., senior activities or for the purchase of the yearbook.

Another aspect of the G.O. home-

room is the Data Drive Program which was installed just this year. The purpose of this system is to keep records by computer of all student transactions.

Mr. Tenczar has been the instructor of G.O. for the past six years. When asked how he felt about his job, he immediately responded, "I have the best job at the High School

of Commerce. It's a privilege working with such excellent students."

Thirteen may be an unlucky number for some people, and certain hotels may skip from the twelfth to the fourteenth floor because of the unlucky connotation. But as far as Commerce is concerned, room 113 couldn't be more welcomed.



TOP: G.O. members, **first row:** Judy Torres, Monica Plummer, Mary Rivera, Carla Mills and James Manzi; **second row:** Alan Tracy, Winifred Youmans, Lisa Naylor, Lisa Clarke, Bruce Rust and Jose Pires. **ABOVE:** G.O. members, **first row:** Elizabeth Acevedo, Catherine Grondin, Karen Costa and Maria Midura; **second row:** Sherri Stovall, Karen Severino, Ralph Capua, Donna Meyer and Brenda Van Valkenburg.

Yearbook

BELOW: The Caduceus Editorial Staff, seated: Michelle Stasiak, Alicia Cayode, Terri Wood and Alison Webb; **standing:** Catherine Grondin, Tracy Truman, Darlene Lopardo, Anna Nordstrom, co-editors Sherri Stovall and Carrie Tyler, Cherylann St. John, Lissette Torres, Carla Nazario, Olinda Bernardes and Mary Kate Belniak. **Not pictured:** Pablo Flores.

BOTTOM: The Caduceus Business Staff: David Swan, Kristine Schmidt, Karen Granger, Michelle Denning and advisor Miss Murphy. **Not pictured:** James Fournier.

What staff members hold interviews, review photos, write copy and create layout upon layout until their dreams are filled with them? You've guessed it.

The hand-selected Caduceus staff members, together with advisor Miss McCarthy, pooled their thoughts and energies this year to come up with a creative way to reflect upon Com-



merce's year of "changes." Large bold photographs and a touch of each student's unique personality were depended upon to do the trick.

The change of covers, which was professionally designed for our school alone, was also aimed at conveying the feeling of change that has permeated the air this year. It is not an extremely drastic change, for the staff felt it better not to shake tradition completely. Watch out next

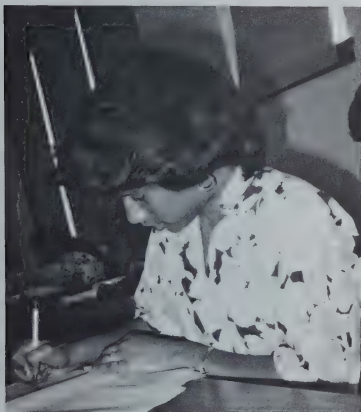
year, however. This year's cover was almost turquoise!

Co-editors Sherri Stovall and Carrie Tyler kept a guarded eye on the activities of the staff and the pulse of the school so that most events would be covered effectively. The rest of the staff busied themselves at typewriters and layout tables with the intention of meeting each deadline.

Each deadline was met (despite a late start and a very ancient shaky

camera) thanks to Commerce determination and to Joshua Fontanez who volunteered to use his own camera and is thus responsible for many of this year's candid. Miss Murphy and her Yearbook Business Staff were also extremely instrumental in making the yearbook successful.

May the hard work of these staffs help you to reflect upon many joyous moments.

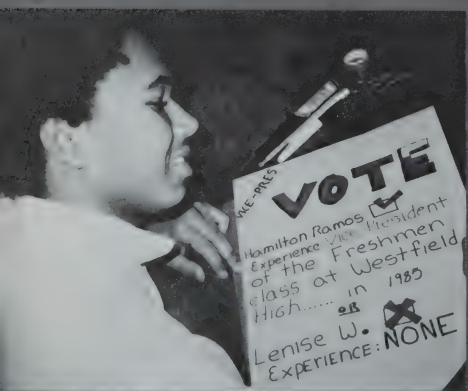


Student Council

The function of the student council is simply to give each member a chance to experience leadership and to become more involved in the school and community.

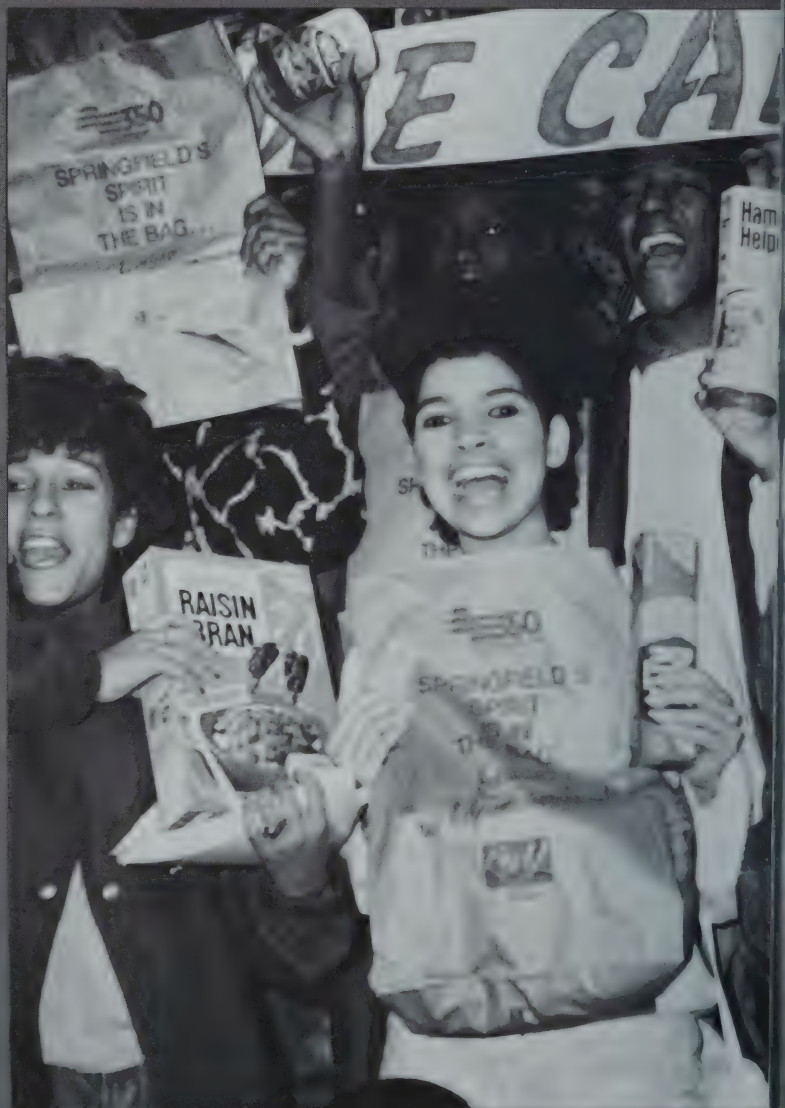
This year the student council, advised by Mrs. Barber and led by its president Carla Triplett, was extremely active in both.

Thanks to the cheritable contribu-



TOP: The newly painted auditorium has its seats polished by James Manzi.

ABOVE: Freshman Hamilton Ramos finishes a campaign poster that helped in his election as vice-president of the class of '89 student council.



tions from students, council members were able to collect a plethora of bags filled with canned goods for homeless people during the holidays. Included in the Christmas activities was the gathering and creating of tree ornaments for the Milton Bradley giving tree at Bay State West. Due to their ingenuous creation of a schoolwide autographed paper chain for the tree, the council members were instrumental in the donation of over 1000 toys and games to the

needy.

Another of their school efforts was the showing of "Paradise," a film by Pental Productions used to show how many people struggle with the battle of hard work, boredom and dissatisfaction. The film's timely message was that in order to find happiness, teenagers need to set realistic goals and strive for them.

Being a member of Commerce's student council is a realistic goal. If you have a C average in all your sub-

jects and more enthusiasm than you know how to handle, you might like to try out for membership next year.

BELOW: Student Council Members, **first row:** Judy Torres, Heather Scannell, Carla Triplett, Robin Bailey, Michele Stasiak, and Barbara Czelusniak; **second row:** Nydia Rosario, Keith Garvin, Dale Moore, Yolanda Bass, Rhonda Bridges, Joshua Fontanez, and Dorina Brown; **third row:** Cheryl St. John, Stephanie Franklin and Jewell Rice.



Council member Joshua Fontanez (far right) leads Commerce students in the holiday canned goods drive.



ABOVE: Council members help Pental Productions set up the three screens needed to show "Paradise."



LEFT: Advisor Mrs. Barber aids her group in the collection of canned goods.



Commerce Executive

Students look forward to the five issues of the Commerce Executive each year because it is full of information and tidbits so pertinent to school life. It represents part of the glue that holds Commerce together.

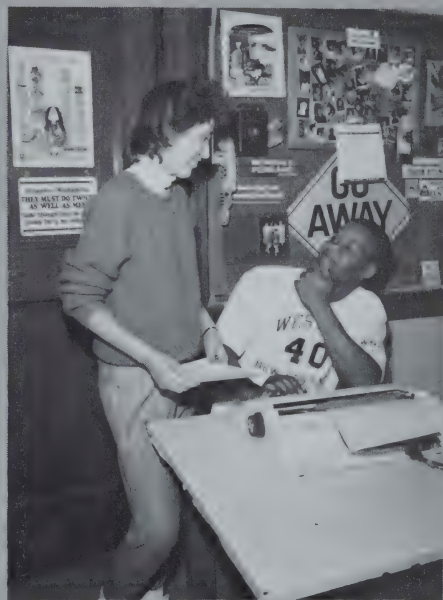
The Executive Staff is made up of students who either volunteer or are recommended by their English teachers. These students may sign up in

BELOW: Newspaper Staff Members, first row: Leon Wyche, Catherine Grondin, Tracy Truman, Donna Meyer, Brenda Van Valkenburg and Carla Triplett; **second row:** Victoria Barfield, Tracie Reome, Danielle Pastreck, James Fournier, Shannon Conelley and Tony Motley.

BOTTOM: Cathy Grondin and Tracy Truman go over the lettering for the Commerce Executive.

BOTTOM: Tony "Air" Motley shows editor Donna Meyer that even basketball players can type.

BELOW: Mrs. Haley advises editor Donna Meyer and reporter Tracie Reome on the finishing layout.



the spring of their freshmen year for a class that will be taught in their junior and senior years. Students, advised for the past six years by Mrs. Haley, must have a C average or better in English.

The editor-in-chief this year was Donna Meyer, the news editor was Carla Triplett and the features editor was Brenda Van Valkenburg.

Meeting every day during period 4, staff members learned proofreading, layout, design and communication

skills as well as how to work with each other and delegate responsibility. In November, the staff attended a journalism conference at HCC to reinforce already learned skills.

The Commerce Executive provides information about award recipients, general happenings around the school, sports results and topical information relevant to teenagers. Also included are original poems by students. This year an added column entitled *Tell Tony*, the school's ver-

sion of *Dear Abby*, was quite popular.

Besides scouting the halls for newsworthy events, staff members raised over \$400 through candy bar sales this year. Part of this money will be used for a scholarship for one of the class of '87 journalism staffers.

Mrs. Haley has indicated that several of her former students have decided to major in journalism in college. With such a role model as Mrs. Haley, who can blame them.

G.C. Agents

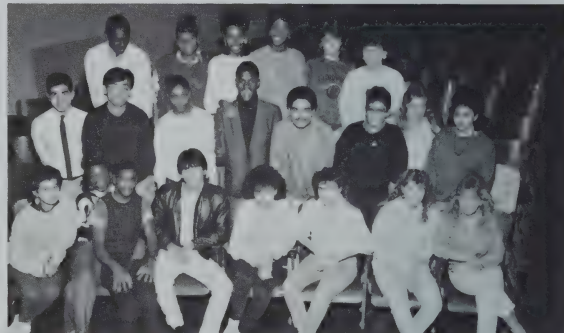
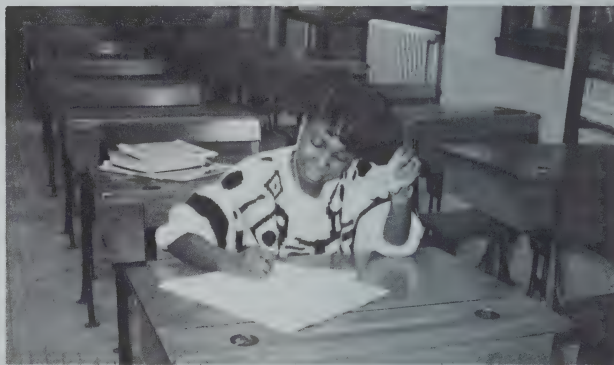
Santiago, E. Porter, D. Lopardo, M. Montgomery, D. Wierzbowski, D. Perez, M. Waddell, E. Rivera, L. Glynn, K. Glover, O. Collazo, N. Colon, S. Conelley and S. Flowers. **RIGHT: G.O. alternate Janice Lewis** takes in class dues.

tween the student body and the two teachers who are designated the class advisors for that year.

Each representative reports back to his homeroom after each bi-monthly meeting to stimulate interest in projects, solicit volunteers for fundraisers and often bring opinions from their classmates back to the advisor for consideration.

BELOW: Senior HR Reps, first row: G. Piteo, D. Cumba, T. Woods, J. Rice, E. Lugo, A. Ruiz, S. Stovall, D. Swan and L. Wyche; **second row:** C.

One representative and one alternate are selected from each homeroom at the beginning of each school year. They soon become the strongest line of communication be-



ABOVE: Junior HR Reps, first row: N. Josey, S. Franklin, L. Torres and N. Rosario; **second row:** N. Martinez, A. Beckett, C. Hamerick, M. Rodriguez, L. Ross and V. Murphy. **RIGHT: Senior G.O. Agents, first row:** I. Melendez, E. Potter, S. Johnson, J. Perez, C. Nazario, O. Bernardes, T. Truman and J. Hibert; **second row:** C. Torres, Y. Chung, Q. Collins, R. Johnson, J. Rodriguez, E. Rivera, P. Bailey and L. Rosario; **third row:** K. Gray, T. Evans, M. Waddell, J. Rice, T. Petri and L. Glynn.



Junior G.O. Agents, first row: D. Moore, J. Rivera and R. Gonzalez; **second row:** S. Bilodeau, A. Beckett, K. Egerton, M. Irizarry and K. Vautrain; **third row:** M. Petelle, R. Griffin, M. Villodas, R. Pebley, L. Torres, K. Combs and D. Wilson.

HR Reps

As a homeroom representative, Daniel Cumba must explain class projects to his homeroom.

While others are checking over their homework before class begins each day, G.O. agents are busily collecting class dues and selling year-books.

These students are the auxilliary agents who report directly to Mr. Tenczar and his G.O. room 113. They

are usually those students who have already successfully completed an accounting course and show a strong interest and natural ability for it.

They keep complete track of the business end of their homeroom — the collecting of money, the making of receipts — so that the entire school becomes an extremely well run business.



Freshmen G.O. Agents, first row: M. Keating, S. Nathan, J. Scott, D. Turgeon and M. Grant; **second row:** E. Lomax, J. Fowler, C. Dunlap, M. Thomas, C. Crenshaw, E. Villodas, S. McCoy and J. Ortiz; **third row:** A. Rivera, G. Reyes, E. McCray, R. Colon, D. Felton and S. Colon; **fourth row:** L. Williams, M. Rivera, J. Nichols, S. Candelaria, V. Smith and M. Martin.

National Honor Society

The cream of the crop — that's what NHS students are. Society members represent students who have excelled not only in scholarship, but also in leadership, character and service. This year there were a total of 55 students who successfully met



ABOVE: Bruce Rust aids in serving refreshment to other NHS members and guests after the induction ceremony.

TOP: NHS members help to light each others' candles right before they are to take the Society pledge.

these requirements, and out of these, there were only six returning two-year members.

Under the supervision of Mrs. Christman, these students held their induction ceremony for friends and relatives in Commerce's own newly renovated auditorium. Judge Joseph Rodgers was the guest speaker, and Mayor Richard Neil and Assistant Su-

perintendent Shea attended and extended greetings.

Twice during the year, Society members held candy bar fundraisers. The money raised helped purchase those things necessary for the Society's smooth running. But the bulk of the funds were awarded as scholarships to senior members on Class Day.

As is traditional, the members also enjoyed a "social evening" in the spring by attending a performance at StageWest. Considering the amount of effort these students put forth to excel as NHS members, any pleasure they received was well deserved.



Mr. Basili hands a new junior member, Stacy Bilo-deau, her certificate and membership card.

ABOVE: Senior NHS Members, first row: Dennette Harris, Carla Mills, Lisa Naylor, Mary Rivera, Sherri Stovall, president, Carla Nazario and Carrie Tyler; **second row:** Ying Hung Chung, Heather Scannell, James Manzi, Donna Meyer, Elizabeth Acevedo, Lisa Clarke and Karen Severino; **third row:** Cathy Grondin, Ralph Capua, DeAven Williams, Bruce Rust and Karen Costa. **TOP: Junior NHS Members, first row:** Grace Cumba, Lissette Torres, Marisha Cjinton, Alicia Cayode, Ann Marie Santiago, Maria Brown, Cheryllann St. John, Stacy Bilodeau and Brenda Hebert; **second row:** Dale Moore, Gregory Fitzgerald, Jonathan Fuss, Felix La-Santa, Barbara Czelusniak, Robin Bailey, Tammy Clarke and Melissa Federico; **third row:** Ying Ha Chung, Nydia Rosario, Chin Chu No, Majorie Kochanowicz, Vionet Garcia, Anabel Cruz, Corey Nedeau, Jamie Lopez, Efrain Medina, Angel Morales and Melvin Rodriguez.

BELOW: Clowning around before seriously getting into character are Corey Miles, Darlene Lopardo, Yvette Brantley, Sandra Sutton, Dan Turgeon, Cherylann St. John, Michelle Thomas and Keith Garvin.

BOTTOM: Does Joshua Fontanez really think these cunning characters are afraid of him?

Keith Garvin and Cherylann St. John practice an amorous embrace.

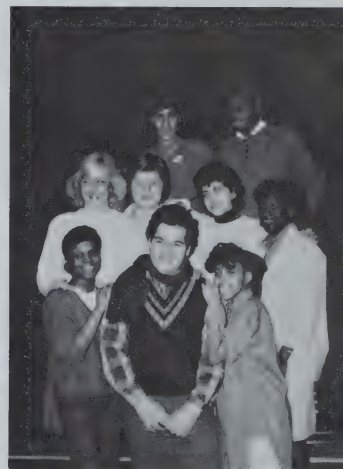


Drama Club

This past April, the Commerce Drama Club had a successful performance of the play *Let's Murder Marsha* for the entire school. Practicing began early in the fall, but



LEFT: Cherylann St. John is all tied up at the moment according to Corey Miles and Keith Garvin.
BELOW: Drama Club Members, **first row:** Yvette Brantley, Joshua Fontanez and Sandra Sutton; **second row:** Mrs. Dunn, advisor, Dan Turgeon, Darlene Lopardo and Cherylann St. John; **third row:** Corey Miles and Keith Garvin.



the result was well worth the wait.

The play was a three-act comedy, and the leading part was played by Cherylann St. John, while the part of her husband was performed by Keith Garvin.

"Being part of a major production requires talent and dedication," adds

Mrs. Dunn. "All of the students in the play had to memorize hundreds of lines." These students met three times a week.

Next year Mrs. Dunn plans to have a drama class which will meet daily. In this class, dramatic technique will be studied in depth. Students with a

good attendance record will be required to audition for the class and will be carefully selected.

If there is any trace of grease paint in your blood or if the sound of applause brings to you a feeling of euphoria, it might be worth your while to give it a try.

Afro-Am Club

A popular activity at Commerce is the Afro-American History Club composed of 20 members and advised by Miss Pellerin.

In existence for three years, its purpose is to highlight the black heritage through song, dance and the study of general history. Miss Pellerin feels that "the club is a learning exper-

ience for each student because it stimulates study in history and culture."

One of the main thrusts this year was a program for Black History Month entitled *The Negro Mother*. The cast included selected members of the club as well as Miss Pellerin's Afro-Am class.

Black History is a month long celebration which recognizes the accomplishments of Negro Americans.



ABOVE: Afro-Am Club Members: Calvin Hamerick, Reuben Foster, Bernitta Irving, Henryne Lockett and Julius Lewis.

TOP: Robert Johnson executes a few dance steps for the Afro-Am Club.



Home Economics Club

The Home Economics Club headed by Mrs. Arnold is in its second year at the High School of Commerce.

This club meets every Wednesday after school and during activity period, which is the third Wednesday of every month. Cooking and sewing

are the main concerns of these domestic individuals.

The club consists of 18 girls and boys, and Mrs. Arnold states that she feels great about having both sexes in her club. "Some of the boys actually show more interest than the girls!"

It is good to know that in such a modern technical age, some people still consider domestic and culinary talent a fine art.



ABOVE: Scott Cornelio works on his new Hawaiian shirt. Nice pattern!

TOP: Home Economics Club Members: Elizabeth Porter, Yolanda Bolden, Rosie Washington, Scott Cornelio, Elaine Davey, Savannah Brown, Carmen Gonzalez and Donna Morris. Not present: Althea McKenzie and Jeffrey Carlo.

ABOVE: Mrs. Arnold helps Yolanda Bolden with a seam.

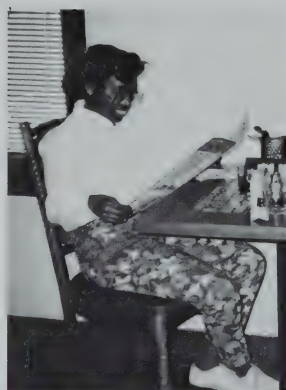
LEFT: Maria Brown studies a script for an Afo-Am performance.

BELOW: Jose Rodriguez, Jannette Velazquez, Rose Parra and Luz Rodriguez enjoy exotic fruit drinks after the Ballet Folkloria Mexicano.

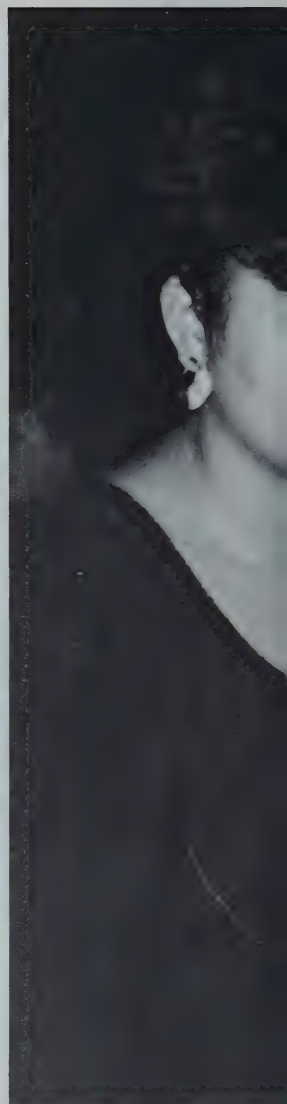
BOTTOM: Spanish Club Members, **sitting:** Richard Allen, Cathy Christiansen and Carmelo Toledo; **second row:** Rose M. Parra, Jannette Velazquez, Luz Rodriguez, Elizabeth Lugo, Jose Rodriguez, Alicia Cayode, Daniel Cumba and Sonia Schanck; **third row:** Carla Mills, Angie Ruiz and Marisha Clinton. **Not present:** Joshua Fontanez.



RIGHT: Alicia Cayode and Marisha Clinton seem to be enjoying themselves during a field trip to Hartford.



BELOW: Carla Mills tries to translate a menu written in Spanish.



Spanish Club

To learn and appreciate not only the Spanish language, but also the hispanic culture is the aim of Spanish Club members.

The club, funded by Chapter 636 as a way of promoting cultural and artistic experiences, boasts of 32 members. This year they participated in many events which helped them



gain a better understanding of the hispanic culture. Among other things, club members attended a Ballet Folkloria Mexicano in Hartford. They also sponsored a fashion show, Christmas festival, foreign language food festival and a pinata party for other school members.

Miss Czekanski, club advisor, commented, "I am very happy that students want to learn and share knowledge with others."

In order to qualify for membership, each student must take Spanish as a class, maintain a C average in this class and demonstrate a special interest in the hispanic culture. Miss Felix, the club's previous advisor, also added that it was not necessary for a student to be a native hispanic to be in the club.

"When I heard about the club, I joined it because I thought it was a good idea for students to unite in a

common interest and have a good time," summed up Jannette Velazquez.

All of Commerce can't help but agree that the school and its students are better off because of the energies of the Spanish Club and the dedication of its advisor.

Music

Commerce is very proud of her music department and its variety of musical groups including the Concert, Madrigal, Freshman, Gospel and Show Choirs.

The Show Choir is the most diffi-



TOP: Madrigal Choir, first row: Pam Philipoff, Maria Brown, Felicia Edwards, Kim Combs, Luz Rios, Ericka Nichols and Cheryl St. John; **second row:** Kathy Vautrain, Alethea Reynolds, Calvin Hamerick, Jason LaValley, Erwin Greene, Yolanda Bolden, Tina Petri, Shiron Melton, Colleen Douglas, Yolanda Smith and Suzanne Melton.

ABOVE: Several Concert Choir Members, first row: Greg Smith, Travis McDowell, Marquise Rowtham and Reuben Foster; **second row:** Louis Prendergast, Julius Lewis and Lisa Rosario; **back:** Leon Spradley, Anthony Cox and Cary Clemons.



TOP: Damaris Rivera leads the Show Choir with intricate dance steps on stage during a period 5B practice.

ABOVE: Concert Choir members Kim Bullock, Elizabeth Cintron, Barbara Cordero and Luz Alvarado relax a moment before a performance.

cult. Strong exceptional voices are required, and each member must have some background in dance, whether jazz, tap, ballet or modern. It is geared toward contemporary music from Broadway shows and is very structured.

While choreographer Steve Boyd come in twice a week to help with the

routines, practice was held every day for this group which performed in Boston this past March.

The Gospel Choir is conducted as an extra curricular activity, and meets after school to study only gospel music. The Madrigal Choir sings with no accompaniment while the

Concert Choir presents a variety of music, both old and new. They also specialize in solo performances.

Newcomers can start with the Freshman Choir which requires no audition and concentrates on traditional music while it prepares singers for the other groups.



ABOVE: Carolyn Heywood, Luz Alvarado and Christa Malone along with Carrie Barringer and Angela Newell study their new music sheets during their first period class.

LEFT: Freshman Choir Members, first row: Yvette Brantley, Michelle Guay, Jeanine McCollum, Shannel Robbins, Darlene Lannier, Ethel Jones, Diane Schoolfield and Michelle Thomas; second row: Ruth Koyce, Bridgett Lockett, Kim Perry, Christy Scott, Donnette Xyminies, Mattea Haqq, Meredith Snead, Gina Lockett, Brent Hamilton, Shawn Cisero, Cassandra Bolston, Deliris Trabal, Aurelia Branche, Brenda Nichols, Elizabeth Rodriguez and Sadie Mills.



Project LEAD

Two years ago it was teenage suicide awareness and prevention; last year it was SADD; this year Project LEAD concentrated on helping Springfield's aged.

Project LEAD, a program supported by the Springfield Junior League, was initiated to help adolescents real-

ize their leadership potential, develop that potential and consequently put it to good use by volunteering for school and community projects.

Leaders met once a month with Advisor Miss McCarthy and Junior League member Donna Brown. These students realized their own community concerns and acted upon them with enthusiasm.



TOP: Project Lead Members Darlene Lannier, Cherylann St. John, Olinda Bernardes, Carla Nazario and Caroline Powell conduct a needs assessment to determine their next project.

ABOVE: At a regular monthly meeting, Stacy Bilodeau, Sherri Stovall and Carrie Tyler discuss their progress.



ABOVE: Project LEAD Members, clockwise: Caroline Powell, Cherylann St. John, Heather Scannell, Olinda Bernardes, Sherri Stovall, Stacy Bilodeau, Carla Nazario, Carrie Tyler, Michele Stasiak, Advisor Miss McCarthy and Raymond Betterson. **Not pictured:** Carla Triplett.

RIGHT: Challenge students gather around Miss Hogan in anticipation of a UMass field trip to be held soon.



Challenge

Challenge is a program in existence since 1984, and it was designed by UMass to help low income first generation college bound students achieve their goal of attaining a college degree.

Miss Hogan, along with other counselors, selects incoming freshmen by checking attendance and academic records. Once selected,

students remain in Challenge throughout high school.

These students are exposed to workshops which help them to understand various areas of education and themselves. This year they were taught an analytical thinking course which took place every Tuesday and Thursday.

Ultimately, each student is guaranteed admission to UMass.



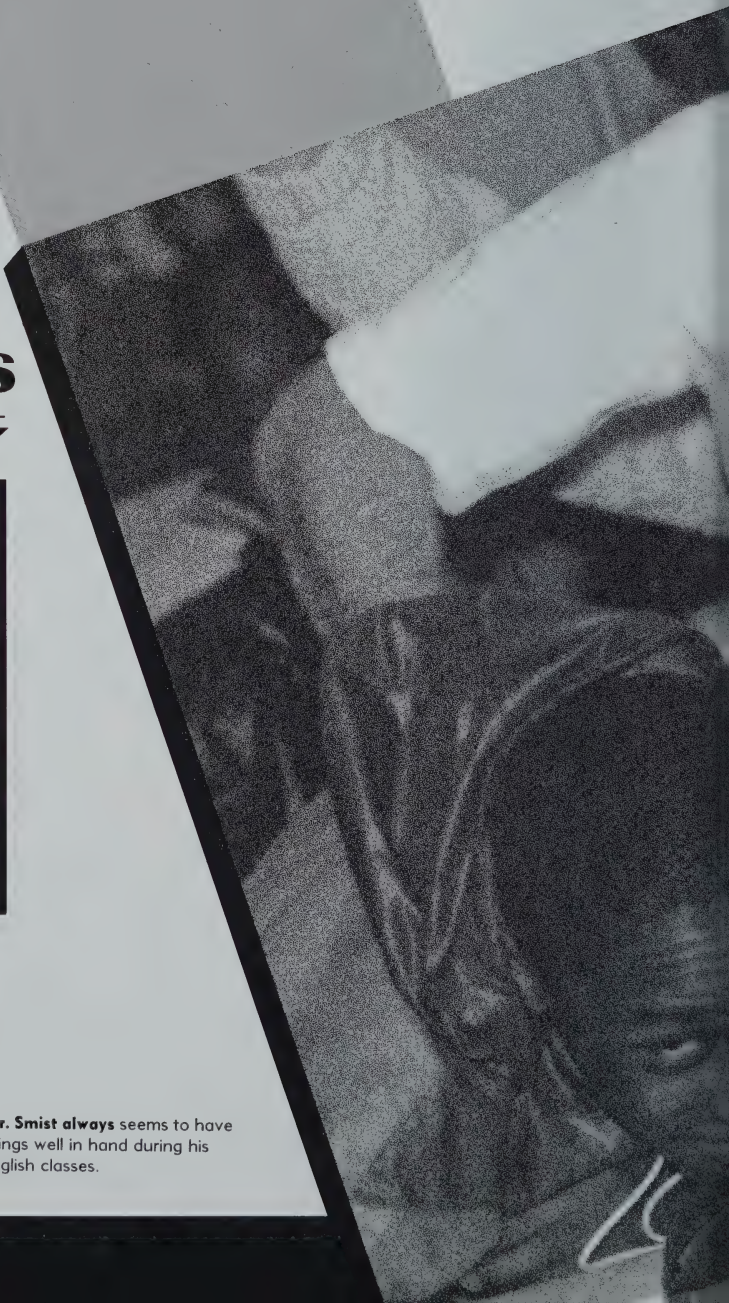
TOP: After a lecture in analytical thinking, Yasmin Garcia speaks with Mr. Rudolph Jones, Director of the Challenge Program at U Mass.

ABOVE: Challenge Members, **first row:** Olinda Bernardes, Carla Nazario, Rhonda Hall, Robin Bailey, David Swan and Keith Garvin; **second row:** Yasmin Garcia, Norma Colon, Marisha Clinton, Carla Triplett, Nancy Bennefield, Shawnda Boyd, Sabrina Flowers, Bruce Rust, Edward Hernandez and Heather Scannell.

Academics



Mr. Smist always seems to have things well in hand during his English classes.



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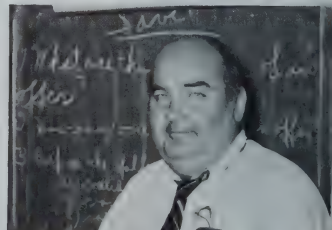
Business

"Are you ambitious, not merely to earn a competence, but to attain a position of influence and responsibility? If so, a business career at Commerce should attract you." This is a direct quote from a 1920's Commerce handbook, but it could surely be found in the 1987 handbook as well.

The business department is the largest department at Commerce, offering more courses in business than any other public school system in New England. And according to Mr. Tenczar, head of the department, students at Commerce receive the equivalent of a first year college accounting course.

Expansion is quite obvious this year with three new teachers — Mrs. Maloney, Mrs. Doty and Mrs. Gintowt — and an additional computer mini-lab installed in room 114.

1. Mrs. Maloney 2. Mr. Gormally 3. Mr. Farrant 4. Mrs. Holt 5. Miss Galla 6. Mr. Wright 7. Mr. Gaughn





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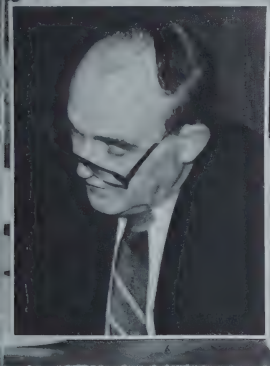
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~HIGH SCHOOL OF COMMERCE~

— COST ITEMS —

GENERAL CONTRACT	493,000
FOUNDATIONS	32,000
HEATING, VENTILATING, ETC.	94,444
PLUMBING	32,000
ELECTRIC WORK	42,000
FURNISHINGS	52,000
ARCHITECTS & ENGINEERS	38,000
CONTINGENCY ACCOUNT	17,556

811,000

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Commerce boasts of a large number of computer terminals. Because of this, a majority of Commerce students gain essential experience that will be put to use whether they go on to college or into the business world.

Fortuitously, computer firms realize the benefits of having area students learn on their equipment, and thus have offered their wares to our school at a fraction of their actual cost.

8. Mrs. Gumlaw 9. Mr. Olejarz 10. Mr. McWha 11. Mrs. Doty 12. Mr. Varzeas 13. Mrs. Gintowt 14. Mrs. Christman 15. The original cost of our school building. 16. Mr. Tenczar 17. Mr. Czech



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English

Just as the entire school is growing, the English department has also expanded in all directions this year.

With 200 additional incoming tenth graders, an increase in freshmen English classes, and subsequently in English faculty members with Mrs. Hatchadourian, Mr. Sawyer and Mr. Knauss was in order.

The college-bound students found an accent in the curriculum on composition and literature, with the later grouped and taught thematically. For these students, vocabulary was also stressed, and wisely taught in modes comparable to the SAT's so that students will be familiar with the test's style when the time comes, and thus have a better chance of scoring higher.

A new honors English class was also initiated. Described as being a cut above the average college bound freshmen, these students reap the benefits of having more exposure to the different genres of literature including Shakespeare, and of developing the specific skills involved in creating the school's literary magazine.

For business students, the stress upon composition and vocabulary was again realized. And with the establishment of a two period final exam at the end of each semester, there was a greater emphasis on good notetaking and notebook keeping to encourage better studying habits.

With the English department's continual expansion to keep up with the student's needs, the community is assured of the best education possible for their youth.

1. Mrs. Clark 2. Mrs. Grace 3. Mr. Sawyer 4. Mrs. Karr 5. Miss Murphy 6. Mrs. Dunn 7. A Commerce English class in 1916. 8. Mr. Czelusniak 9. Miss McCarthy 10. Mrs. Hatchadourian 11. Miss P. Pellegrino 12. Mr. Smist 13. Mrs. DeStefano 14. Miss Cheney 15. Mrs. Haley



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Secretarial

Commerce has been renowned as a business school since its opening in 1916. In the 1920's, France heard of Commerce's reputation and sent many young ladies to Springfield so that they might acquire secretarial skills badly needed in the thriving business world.

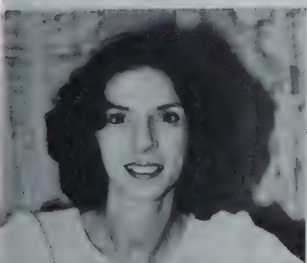
Today a strong emphasis is still placed upon secretarial skills at Commerce, so much so that two years of typing is required of every student, even the college-bound.

In order to corner the job market, Commerce gives its students instruction on the most widely used secretarial machinery found in the United States today — machinery made by Apple, Digital, Olivetti, Olympia and Wang.

Filing, duplicating, word processing, stenography and typing are still being taught with the same dedication and pride that was in evidence over fifty years ago.

1. Mrs. Henry 2. Mrs. Henderson and Mrs. Santaniello 3. Miss Canarie 4. Mrs. Symanski 5. The pristine school library before Commerce opened its doors in 1916. 6. Mrs. Groomes 7. Miss M. Pellegrino 8. Mrs. Kligerman 9. Mrs. Poliak 10. Mr. Wright 11. Mrs. Gonet 12. Mrs. Gagnon 13. Mrs. Barber





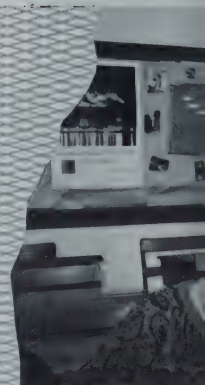
Foreign Language

The foreign language department consists of five instructors who teach French 1-3 and Spanish 1-4.

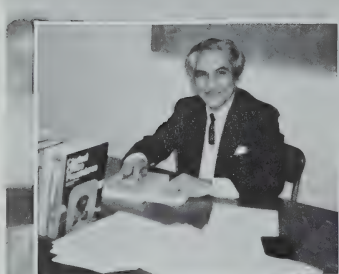
Miss Czekanski, department head, stated that this year a new approach in teaching was initiated. Instead of the traditional emphasis on translation of the written language, the focus was more on conversational Spanish and French.

The addition of a new mobile language lab proved helpful in this stress upon conversation, as it provided an-

other way for students to listen and repeat their language exercises.



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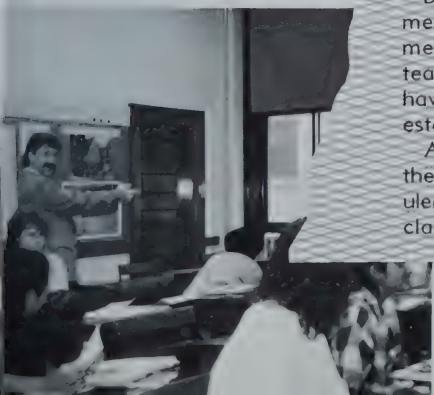
Bi-Lingual

Because of the increase in enrollment of Asian students at Commerce, two new Asian bi-lingual teachers, Mrs. Skelly and Mr. Tai, have been added to our already well established bi-lingual program.

As these students learn to master the English language, they are scheduled subject by subject into regular classes. Mrs. Heffernan, reading

teacher, explained, "These students are so industrious. It doesn't take long for them to make progress."

1. Mr. Roy 2. Mr. Zavala 3. Miss Murray 4. Miss Czekanski 5. Mrs. Kasunick 6. Mrs. Heffernan 7. Mr. O'Brien 8. Miss Felix 9. Mr. Rosario 10. Mrs. Skelly 11. Mr. Arrechea 12. Mr. Tai 13. Mr. Larrequi



Math

The math department was expanded this year by two new teachers, Mrs. Marsh and Mr. Cray.

But it was also a year for upgrading the curriculum. As last year, college preparatory students were required to take three years of math in order to qualify for graduation. They include algebra I and II, geometry and elementary analysis. This year, however, pre-calculus — a course which integrates elementary analysis with trigonometry — was offered for advanced math students.

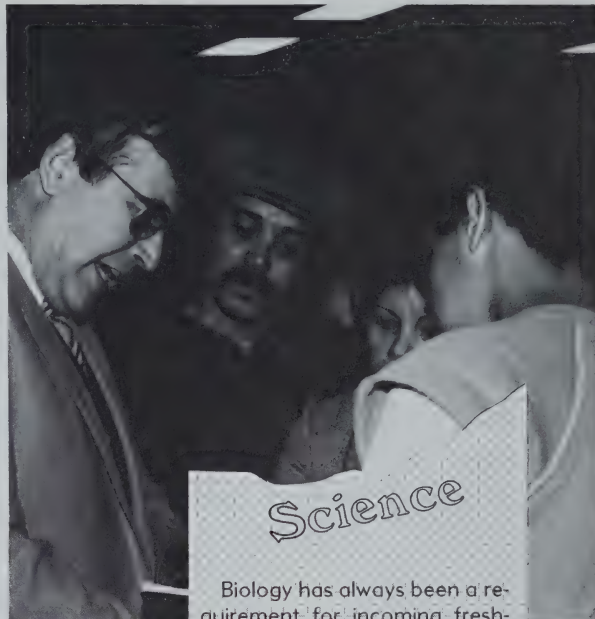
SAT studies held in these classes aid in raising college entrance scores.

The sum of these required courses add up to a terrific high school education!



1. Mrs. Watson 2. Mrs. Marsh 3. Mr. Cray 4. Miss Blakeslee

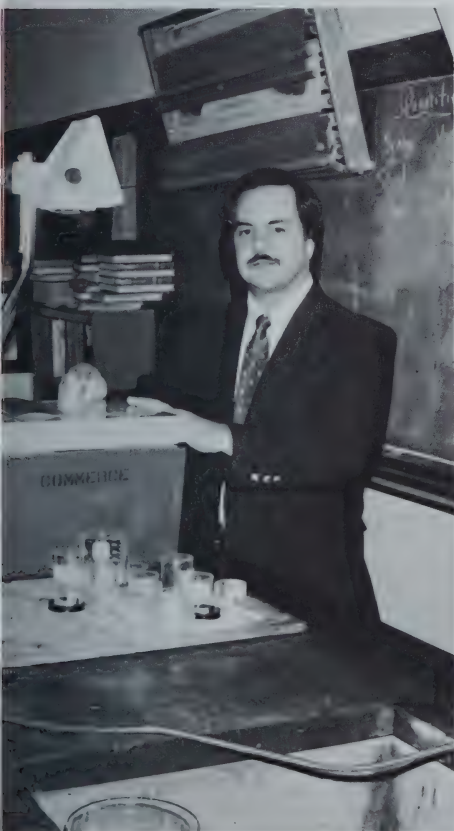




Biology has always been a requirement for incoming freshmen at Commerce. Business students take general biology while college preparatory students enroll in a course a little more advanced.

To build upon this freshman course which provides a basic understanding of biological life, the college bound are also required to take one additional year of either physics or chemistry. With the fields of chemical and electrical engineering so popular for college students, Commerce has concentrated on chemistry and physics lately.

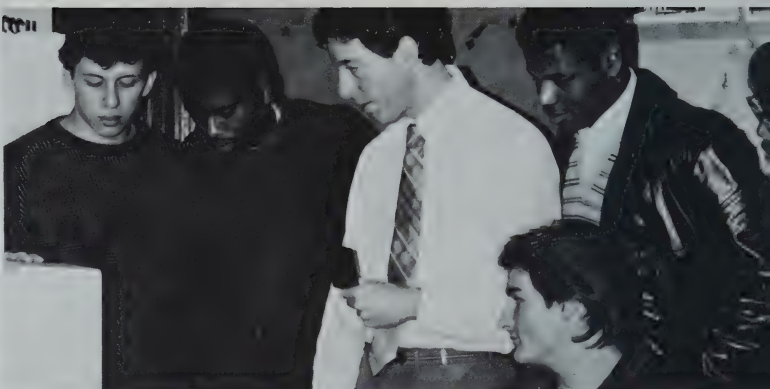
Labs have been updated, and a new teacher, Mr. Chechile, has been added to our staff.



5. The first science lab at Commerce. 6. Mr. Albano. 7. Mr. Mylonakis. 8. Mr. Chechile. 9. Mr. Ryan



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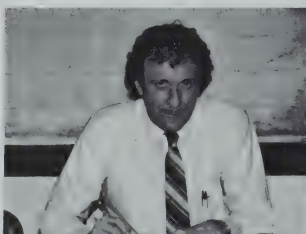
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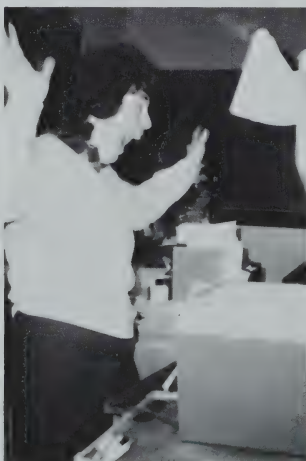
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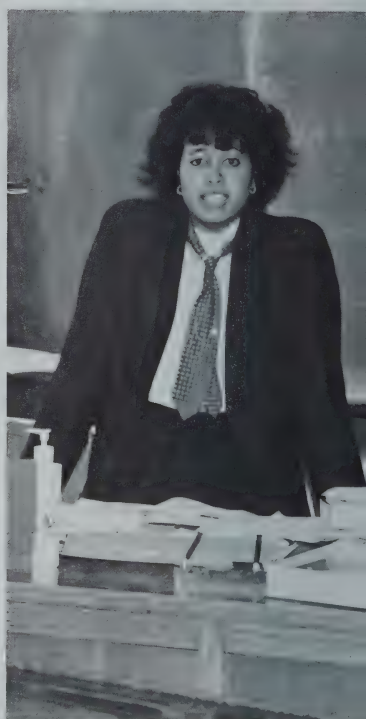
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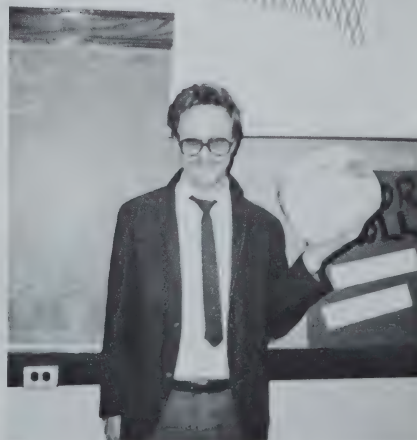
Social Studies

The social studies department's responsibilities involve teaching the history and economics of the United States. In fact, world history has been replaced by government economics for all business students in the tenth grade.

Elements of psychology, sociology, law and Afro-American history also creep into these classroom studies to provide a more in-depth analysis of the world's past than was taught to former generations. "We try to round the courses out so that they will be more interesting to students," stated Mr. Carrier, department head.

To make students even more receptive to the classes, field trips and guest speakers are included in the schedule. For example, Ira Tateman, a stockbroker, visited economics classes this year to help connect lessons learned in school to the outside world.

1. Mr. Guerra 2. Mr. Glashow 3. Mr. Carrier 4. Mr. Jasiewicz 5. Mr. Bennett 6. Mr. Gornes 7. Miss Kallock 8. Miss Pelzer 9. Mr. Sumcick 10. Mr. Scott

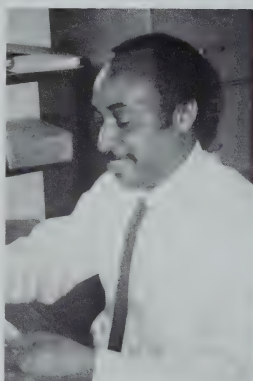
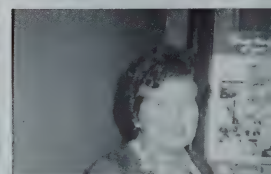


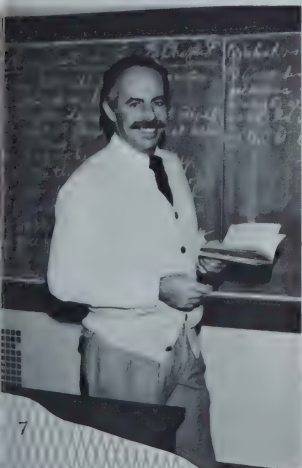
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Envied Positions

All courses must work together in order to develop a well rounded student, but certain classes appeal to the creative, domestic or physical side of an individual and are welcomed islands of relief from mental stress. These classes are physical education, art, music and home economics.

Many school personnel take on roles other than the traditional educator, and for them it is often easier to get to know students than for teachers and administrators. Guidance counselors know more of their ambitions and family life. The librarian, the nurse, the academic intervention teacher and computer lab manager are all thrust into a better position to know students more personally. There is a position much needed and much envied.





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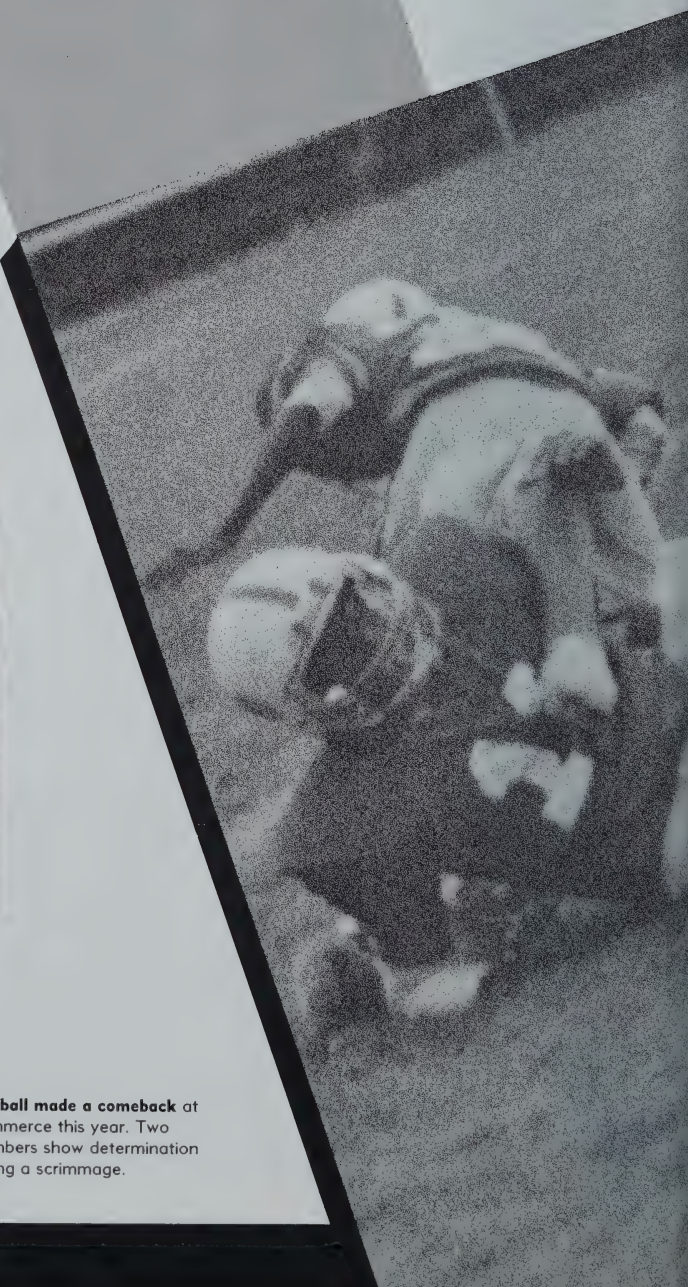
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1) The Guidance Counselors from one o'clock: Mrs. Hatchett; Miss Coonan, secretary; Mrs. Reed, secretary; Mr. Layelle; Mr. Smith; Mr. McDuffee; Mrs. Hogan (right) with Mrs. Hatchett; center, Mr. Serafino; 2) Physical education teachers Mr. Florie; Mr. Provo; Mr. Wroblewski, and Mr. Dougal talk with two students; 3) Mrs. O'Dell 4. Mrs. Limerio 5) Mrs. Schumann, art 6. Miss Weislo, music 7. Mr. Krauss, English and academic intervention 8. Mrs. Arnold, home economics 9. Mrs. O'Neil, librarian 10. Mr. Masi, computer lab manager 11. Mrs. Bogan, nurse 12. Mrs. Mafesto, home economics 13. Commerce's first home economics class.

Sports

Victory is sweet, but it is not the only goal in sports. With the addition of a soccer team, a football team and a wrestling team this year, one must conclude that determination and tenacity are more desirable for fulfillment.

Football made a comeback at Commerce this year. Two members show determination during a scrimmage.





REBUILDING

The boys' soccer team, coached by Mr. Varzeas for the fifth season, was one of rebuilding and spirit rather than victories. Even when our Raiders lost, according to Coach Varzeas, "they walked off the field with heads high, still confident and motivated." And this is why Commerce is even more proud of their team than if they had won every game.

Most of the team was made up of underclassmen, so hopes for a winning team next year are high.

The girls' soccer season ended similarly, with our Lady Raiders only scoring four goals and not winning a game. Many of the games were closely contested, however.

Coach Wroblewski attributed this winless season to a lack of experience also, and stated that the only improvements he thought the team needed were in scoring, because their defense was quite good.

The Lady Raiders did score points in our hearts as they were awarded the Bob McIntyre award for good sportsmanship for the season.

Boys' Soccer

Opponent	Score
Belchertown	8-5
Gateway	0-7
	0-5
Westfield Voc.	2-11
	3-6
Granby	1-2
	2-1
Dean Voc.	4-2
	4-5
Pathfinder	4-4
	3-0
Holyoke Catholic	0-7
Monson	0-6
Putnam	4-1
Southwick	1-6
St. Mary's	1-1

Season Record

7 wins, 7 losses, 3 ties



TOP: Girls' Soccer Team, first row: Teresa Wunch, Brenda Nichols, Isabel Melendez, Monique Bousquet, Jeannette Cubero, Brenda Hebert, Kathy Walsh and Rori Donahue; **second row:** Assistant Coach Smist, Melinda Zimmerman, Denise Veratti, Maria Ortiz, Pat Chouinard, Linda Preston, Sonia Rivera, Amanda Lessard, Captain Kris Schmidt, Manager Ed Parson and Coach Wroblewski.

ABOVE: Coach Wroblewski discusses game tactics with his team.



Pat Chouinard steals the ball from her opponent



BELOW: Boys' Soccer Team, first row: Garth Perri, Jaime Lopez, Todd Zeo, Michael McDonald, Andy Fuentes and Felix LaSanta; **second row:** Jeff Carlo, Don LeBlanc, Troy Morris, Ying Yang Fue, James Costa, Rick Jambora, Paul Jueckstock and Russell Costa; **third row:** Coach Varzeas, Eddie Hernandez, Marlon Jackson, Robert Shaver, Dean Dubey, Greg Fitzgerald, Bill Wessig, Hopeland Jackson, Ron Cassese, Carl Winterle, Melissa Federico and Coach Steve Garvey.

LEFT: Andy Fuentes, Garth Perri and Marlon Jackson wait for the game to begin.



Girls' Soccer

Opponent	Score
	HSC/OPP
S. Hadley	0-6
	0-0
Putnam	1-5
	0-0
Belchertown	1-7
	0-1
E. Hampton	0-12
Monson	0-8
Hampshire	0-1
	0-1
Hopkins	1-3
St. Mary's	0-6
Ware	0-8
	0-2
Holyoke Catholic	0-6
Amherst	0-4

Season Record

0 wins, 14 losses, 2 ties



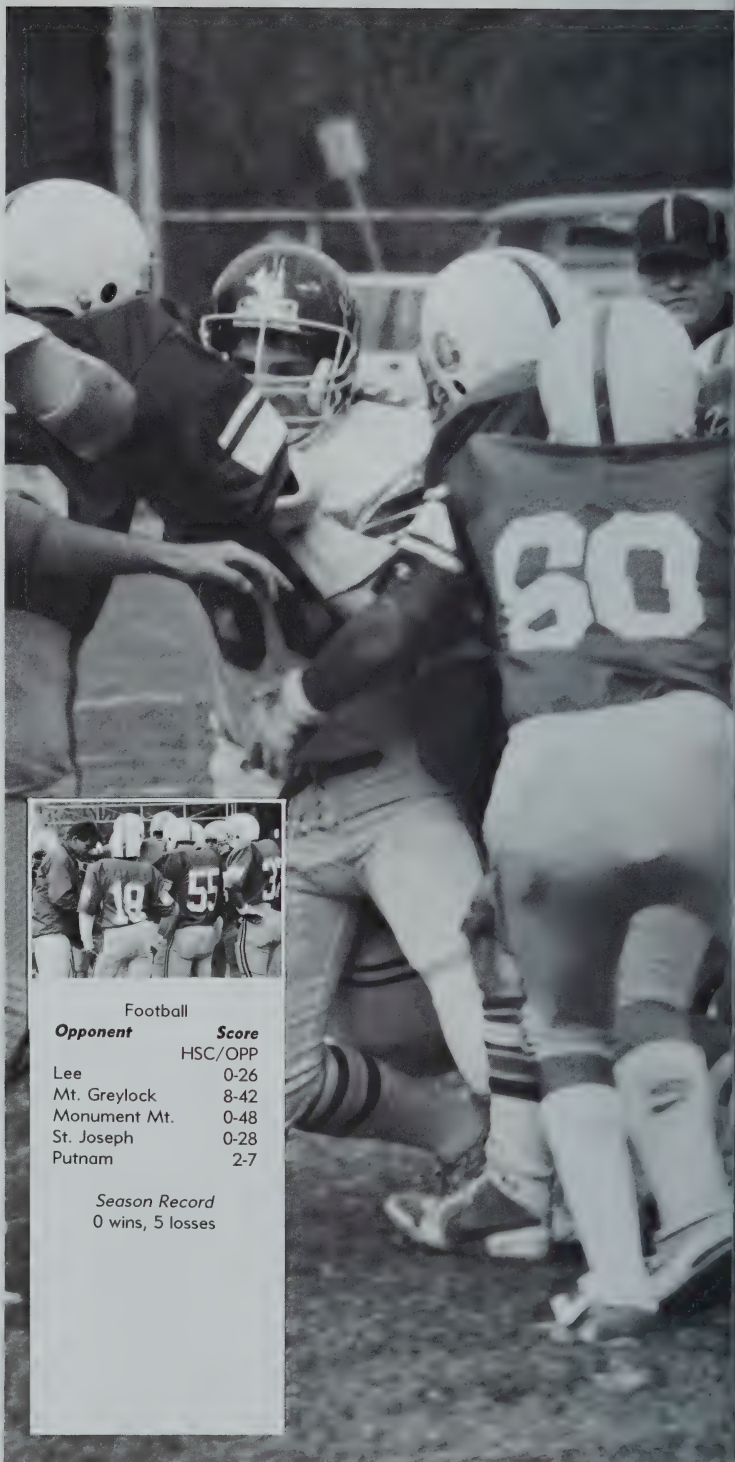
LEFT: Don LeBlanc becomes intertwined with his opponent in an attempt to gain possession of the ball.

RIGHT: Members of each team pile up as each tries to gain possession of the ball.

BELOW: Wade Danio tackles an opponent in an attempt to clear the way for Darryl King, who is carrying the ball.



Todd Jackson and James Fournier watch from the sidelines and wait to be called into the game.



Football

Opponent	Score
	HSC/OPP
Lee	0-26
Mt. Greylock	8-42
Monument Mt.	0-48
St. Joseph	0-28
Putnam	2-7

Season Record
0 wins, 5 losses

RETURNING

What do the names Wade Danio, Darryl King, Blease Johnson, Vinnie Madeira and Patrick White mean to you? If you know anything about football, then you'll recognize these people as players on the Commerce football team.

After poor academic achievement prevented competition last year, the team, which consisted of approximately 34 players, showed great enthusiasm in their returning year, even though they did not register too well on the score boards.

The Raiders were coached by Mr. Provo, who has ten years coaching

experience. He was quite happy with the teams efforts and determination to play, and when asked about his own personal views of the team, he stated, "I don't think that the win/loss record reflects the progress that the team made this year."

Just about anyone who wanted to play for the team could; an open system was used and no one was turned down as long as they qualified academically. There was good organization and lots of enthusiasm, and if next year's team has anywhere near the same amount of determination, the Raiders will kick . . . whatever!



ABOVE: Football Team Members, first row: James Fournier, Eric Davies, Darryl King, Blease Johnson, Wade Danio and DeAven Williams; **second row:** Calvin Hamrick, Steve Engel, Jesse McKnight, Andre Dickerson, Darren McCoy, Vinnie Medina, Zvahn Hinton and Brent Hamilton; **third row:** Stacy King, Anthony Milsap, Jenal Rentas, Edward Morales, Robert Marrero, Thomas Devane, Todd Jackson, Curtis Eppes and Hamilton Ramos; **fourth row:** Chris Triba, Marc Leete, Virgilio Garcia, Mark Campbell, Angie Gonzalez, Dale Moore, Joe Young, Patrick White, Cornelius Maddox, Mark Collins, Coach Fiore and Coach Provo.

LEFT: Coach Provo advises Blease Johnson about a play.

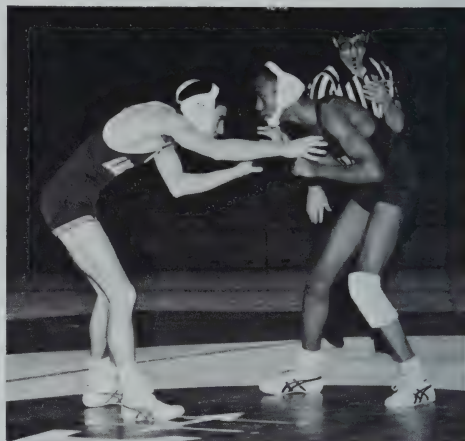


BELOW: Wrestling Team Members, first row: William Hanson, co-captain, and David Brown; **second row:** Dan Frappier, Lorenzo Gaines, Dan Salgado and Chris Triba; **third row:** Lou Peters, assistant coach, Mike Perez, Quenell Cundiff, Virgilio Garcia and Coach Fiore.

BOTTOM: Girls' Basketball Team Members, first row: Kathy Walsh, Yvonne Pollard, Kris Schmidt, Julie Dinnie and Edes McCray; **second row:** Sonia Rivera, scorekeeper, Tammy Clarke, Tracy Foster, Linda Preston, Melissa Federico and Lenise Williams, scorekeeper.

RIGHT: Virgilio Garcia brings an opponent down during a wrestling match.

BELOW: Contemplating his next move, Lorenzo Gaines waits for the right moment to make his move.



RAIDERRETTES

Coach Limero and Bill Limero are extremely proud of the Raiderettes this year, because they have improved a great deal from last year.

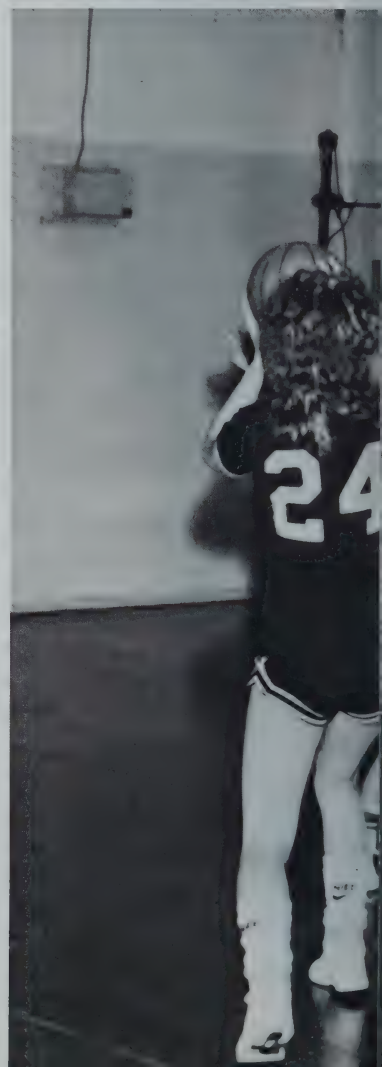
"They played against teams more experienced than themselves," boasts Coach Limero, "but they gave it all they had."

In most schools there are both junior varsity and varsity teams, but Commerce is not as fortunate. Players are not given that valuable year to spread their basketball wings, but are thrust immedi-

ately into the varsity position with little experience.

Despite this drawback, they still had some very valuable players for shooting baskets including Tracy Foster and Yvonne Pollard. Strongest in defense was Melissa Federico.

Next year, however, Coach Limero feels Commerce will have a more experienced team, because incoming freshman players will have already been on a basketball team in their junior highs.



WRESTLING



When someone says wrestling to you, what do you think of? Hulk Hogan, Rowdy Roddy Piper or King Kong Bundy? At Commerce the word wrestling can only refer to Coach Fiore and his team of nine devoted members.

This is the first year Commerce has been able to assemble a team, and thus it is Mr. Fiore's first year of coaching. So far, he has done a great job.

When asked how he felt about the team, Coach Fiore explained,

"With a couple of more years of experience, I feel we will be able to compete against almost anybody!"

One good thing about wrestling is that size doesn't seem to matter. Even if a team member is small, he can still be one of the better wrestlers. Therefore it is a sport that can be appealing to almost any student.

Next year all of Commerce will be keeping an eye on this new team. With one year of experience and with our enthusiasm to bolster team spirit, members can't help but be winners.



Girls' Basketball Team

Opponent	HSC/OPP
Granby	11-49
	37-56
Smith Voc.	32-20
	30-16
Palmer	15-56
	31-41
Putnam	15-28
	31-47
Monson	20-46
	11-40
Ware	9-48
	6-51
Pathfinder	39-47
	35-34

Season Record

3 wins, 11 losses

Melissa Federico and Julia Dinnie effectively guard a Palmer player to prevent a pass and possible scoring.

BELOW: Varsity Basketball Team Members, first row: Tim Jackson, Darryl King, Bryan Foster, Wayne McLean, Tony McTizic and Francisco DeJesus; **second row:** Coach Provo, Coach Garvey, Edwin Zavala, Mike McDonald, Bobby Brown, Issac Wilkerson and Michael Hendrix, manager.

BOTTOM: Junior varsity player Wayne McLean dribbles to victory.



Basketball

The 1986-87 basketball season proved to be a frustrating one for the Commerce team. A lack of varsity playing experience and a team which was small in the height department were the factors which led to some disappointing losses.

The highlights of the season were the team's first win in a close victory over Longmeadow and another last-second win over their rival Putnam.

The nucleus of the team was made up of seniors which included

Darryl King, Bobby Brown, Lance Hill, Mike McDonald and Bryan Foster, captain. Junior Edwin Zavala led the team in scoring with nearly an 18 point average.

The junior varsity team did not have a very victorious season either. Although the players tried hard, there were many upsetting losses and few wins.

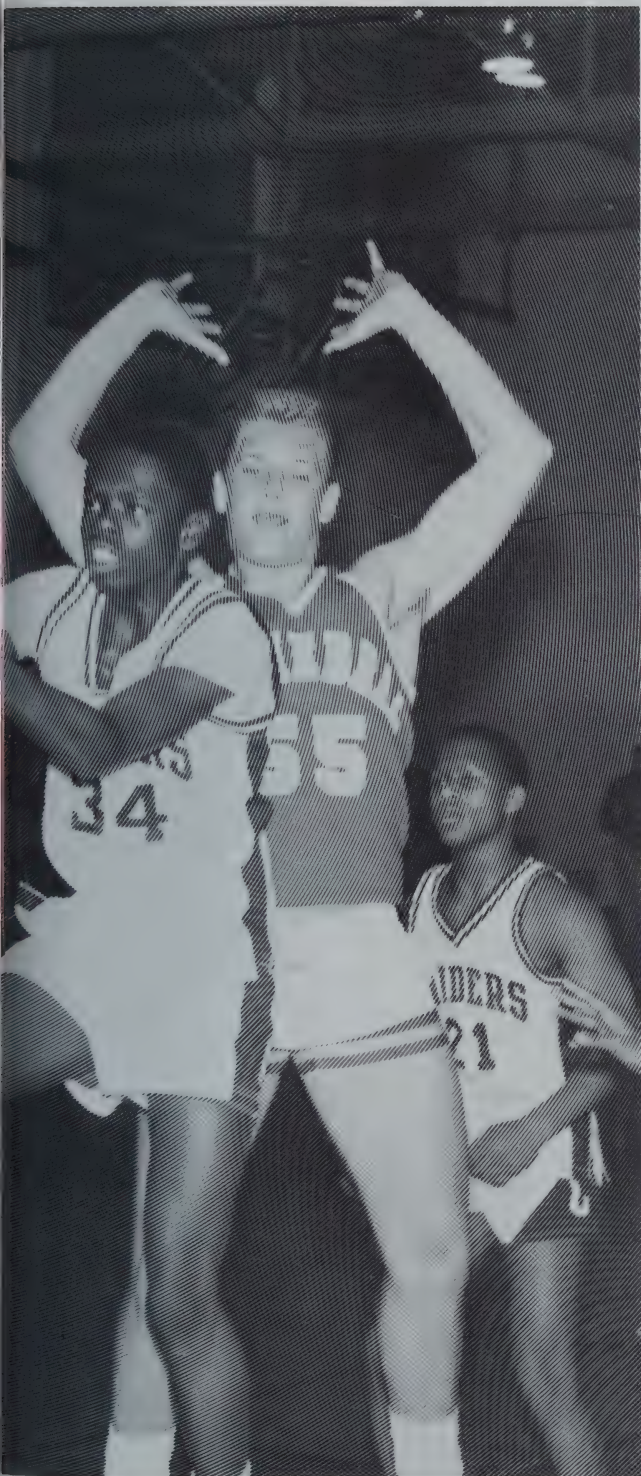
According to Coach Provo, next year should prove to be more rewarding.

Mike McDonald jumps for a basket despite the defensive actions of his opponent.

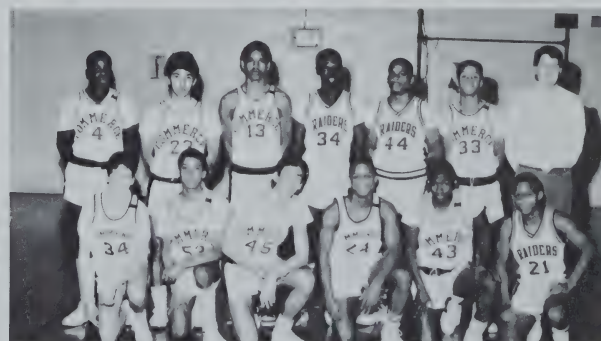
Varsity Basketball Team

Opponent	HSC/OPP
Northampton	55-73
Agawam	64-68
S. Hadley	55-71
Amherst	52-57
Chicopee Comp.	47-71
Minnechaug	57-73
Longmeadow	73-68
Chicopee	63-76
Longmeadow	54-58
Central	61-109
	48-91
Putnam	75-69
	58-75
Cathedral	63-87
	44-51
Holyoke	50-52
	63-71
Palmer	51-92

Season Record
2 wins, 16 losses



LEFT: A Commerce junior varsity member grabs are bound off a missed shot.



ABOVE: Junior Varsity Basketball Team Members, first row: Jim Costa, Eddie Parson, Andy Fuentes, Alan McTizic, Mike Warren and Tony McTizic; second row: Stephen Poole, Jamie Lopez, Francisco DeJesus, Issac Wilkerson, Kevin Pendleton, Wayne McLean and Coach Garvey.

MIDDLE: Coach Provo advises Bobby Brown during a time out.

RIGHT: Cheryl Roberts is tagged out.

BELOW: Softball Team Members, first row: Antonia Robles, Valerie Uguhart, Cindy Moquin and Debra Veratti; **second row:** Annette Lague, Julie Dinnie and Patricia Kenney; **third row:** Teresa Wunch, Brenda Hebert, Kris Schmidt, Yvonne Pollard, Michelle Denning, Cheryl Roberts and Coach Smist.



COMMANDING RESPECT

What does a Commerce baseball player grow up to become? Why, he eventually becomes a teacher at his alma mater and coaches for the Commerce softball team.

Mr. Wroblewski is that former student, and Commerce is extremely happy to draw from his experience which led our softball team to an uprighteous 6-6 percentage of winnings. He enjoys bringing out softball-related talents that his team

members didn't know they had.

Much is expected from Coach Wroblewski and Assistant Coach Smist because many of these girls are veteran athletes from junior high and have the know-how to boost team morale and the experience to turn a losing situation into a winning one. It is no wonder our coaches are so enthusiastic about their players.

"With a few improvements," hopes Coach Wroblewski, "we will be able to make the playoffs in '87."

As other team members look on, Julie Dinnie smashes a ball for a home run.





Patricia Kenney runs home to place her team ahead of her opponents.



Girls' Softball Team

Opponent	HSC/OPP
Putnam	25-9
	19-0
Monson	8-18
	6-15
Palmer	5-9
	2-21
Tech	18-10
Ware	2-5
	3-5
Pathfinder	15-14
	6-5
Smith Voc.	14-2

Season Record
6 wins, 6 losses

Team members help each other as is obvious when observing Tammy Clarke.

Coach Dougal and Roberto Hernandez plan their next move during a time out.



Commerce strikes out its opponent.



Baseball

Opponent	Score
	HSC/OPP
Pathfinder	7-3
	10-4
Monson	0-15
	4-10
Putnam	7-6
	3-4
Dean Voc.	7-0
	7-1
Smith Voc.	0-1
	2-3
Westfield Voc.	3-15
	11-10
Smith Academy	0-4

Season Record
6 wins, 8 losses



LEFT: Melvin Rodriguez waits for an opportunity to tag his opponent out.

BELOW: Baseball Team Members, first row: Lisa Coty, Ann Santiago, Joel Reyes, Todd Zeo, Roberto Hernandez, Luis Robles, Giezi Colon and Wade Danio; second row: Melvin Rodriguez, Joe Young, Louis Prendergast, Mike Wilson, Richard Allan, James Fournier, Ruben Corales, Greg Fitzgerald and Coach Dougal.



ROUNDING THE BASES

For Mr. Dougal who coached his ninth Commerce year this 1987 season, baseball coaching at Commerce means taking pride in seeing kids improve not just as students, but as people — people who try their hardest when things sometimes seem their worst.

Last year's scores, however, were a most impressive 6-8 record which may not set the baseball world afire, but it was the best percentage of winning scores Coach Dougal has seen in his many years at Commerce.

Like all Commerce's other teams, baseball members have the drive

and determination to turn their playing into a successful venture no matter what the numerical outcome.

Out of last year's twelve players, there were eight varsity players left for the '87 season — eight dedicated seniors who wanted to win badly. Combining these with six junior varsity players plus the new talent that has come into our school from the junior highs does prove to be interesting. The only weakness the team may have, according to Coach Dougal, is in the pitching department, since two senior pitchers were lost last year.

BELOW: Danita Wilson knows it takes hours of practice to perfect high jumping form.

BOTTOM: Girls' Track Team Members: Terry Coles, timer, Amanda Lessard, Vivian Murphy, April Gardner, Cindy Murphy, Danita Wilson, Melissa Federico, Coach Limero and Bill Limero, assistant coach. **Not present:** Scheana Gunter.



BELOW: Carmon Mason and Danita Wilson flash winning smiles while watching the Commerce basketball team.

RIGHT: Monique Boyd makes sure Keisha Egerton and Monica Waddell are picture perfect before they cheer.



TRACK

On your mark, get set . . . go! The Commerce girls' track team was off and competing last year after its long absence.

The team consisted of seven players, five of whom were freshmen. Due to the small number of members and their handicap of experience, however, it tended to be a frustrating year for them.

In track there are 16 events which break down into running, sprints, field and throwing events and two relays. Every girl had to

compete in four events because of the team size.

One member, Amanda Lessard, qualified and participated in the Western Mass. Individuals Track Meet. She competed in the javelin throw. Mrs. Limero commented, "As a whole, the team did their best in throwing events."

Despite their win/loss record, the Commerce track team did an excellent job of displaying unforgettable spirit.





CHEERLEADING

The entire school is used to the incessant cry of our 1987 Raider Cheerleaders, "Commerce are you ready?"

Advised by Miss M. Foster, our 16 ladies spent their extra time enthusiastically cheering for football, boys' and girls' soccer and basketball, and they had an overabundance of energy at each and every game.

October 31, was a date to remember this year in connection with

these ladies, for Commerce had its first outdoor football rally at the end of the school day. The cheerleaders were successful in bringing out everyone's school spirit.

Donning new uniforms, they also marched in Springfield's Columbus Day parade and received the chairman's award for marching for the past five consecutive years.

They were indeed the personification of spirit, enthusiasm and energy.



Girls' Track Team	
Opponent	HSC/OPP
Classical	35-85
Agawam	8-128
South Hadley	29-106
Holyoke	43.5-87.5
Holyoke Catholic	28-99
Southwick	2-133
Chicopee	23-113
E. Longmeadow	17-108
Palmer	32-103

Season Record
0 wins, 9 losses

Commerce Cheerleading Squad; clockwise from twelve o'clock: Yolanda Bass, Kim Combs, Carmen Mason, Keisha Egerton, co-captain, Rachael Adams, Melissa Porter, Danita Wilson, Edes McCray, Yvonne Pollard, captain, Stephanie Guy, Aurelia Branche and Monica Waddell; center: Carrie Tyler and Rhonda Bridges. **Not present:** Elizabeth Williams.

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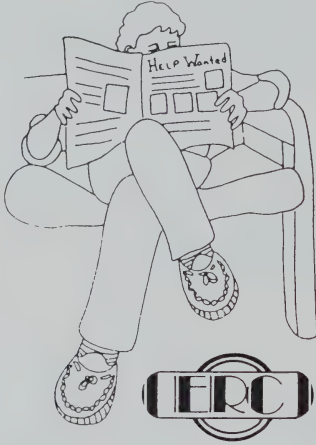
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School Store "RAIDER OUTLET" Staff includes: Row 1: Michelle Dutton, Lella Castonguay, Tracy Theres, and Michelle Denning. Row 2: Maura O'Donnell, Donna Wierzbowski, Barbara Czelusniak, and Tammy Clarke.

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Best Wishes from Freshman Choir



Freshman Choir includes: Patricia Alexander, Martha Baez, Cassandra Bolston, Eric Bowser, Keven Branch, Aurelia Branche, Yvette Brantley, Shawn Cisero, Mia Dixon, Maribel Gonzalez, Desiree Grady, Michelle Guay, Brent Hamilton, Mattea Haqq, Darcie Hayes, Maleia Housey, Melanie Jackson, Sharon Johnson, Ethel Jones, Ruth Koyce, Darlene Lanier, Bridgett Lockett, Regina Lockett, Jeanine McCollum, Samantha McCoy, Sadie Mills, Brenda Nichols, Maria Ortiz, Kim Perry, Lanary Perilliar, Shannel Robbins, Elizabeth Rodriguez, Richard Sawicki, Diane Schoolfield, Christy Scott, Meredith Snead, Deliris Trabal, Christopher Triba, Donnette Xymines.

Madrigal Choir Brings Out the Harmony



Madrigal Choir includes: Yolanda Bolden, Maria Brown, Kimberlee Combs, Colleen Douglas, Dean Frederick Dubey, Felicia Edwards, Erwin Greene, Calvin Hamrick, Tracy Hill, Gina Jubrey, Christopher McClendon, Patrick Moore, Ericka Nichols, Tina Petri, Pamela Phillipoff, Alethea Reynolds, Luz Rios, Yolanda Smith, Cherylann St. John, Katherine Vautrain, Suzanne Melton, Shiron Melton.

'Let Us Entertain You' — Show Choir



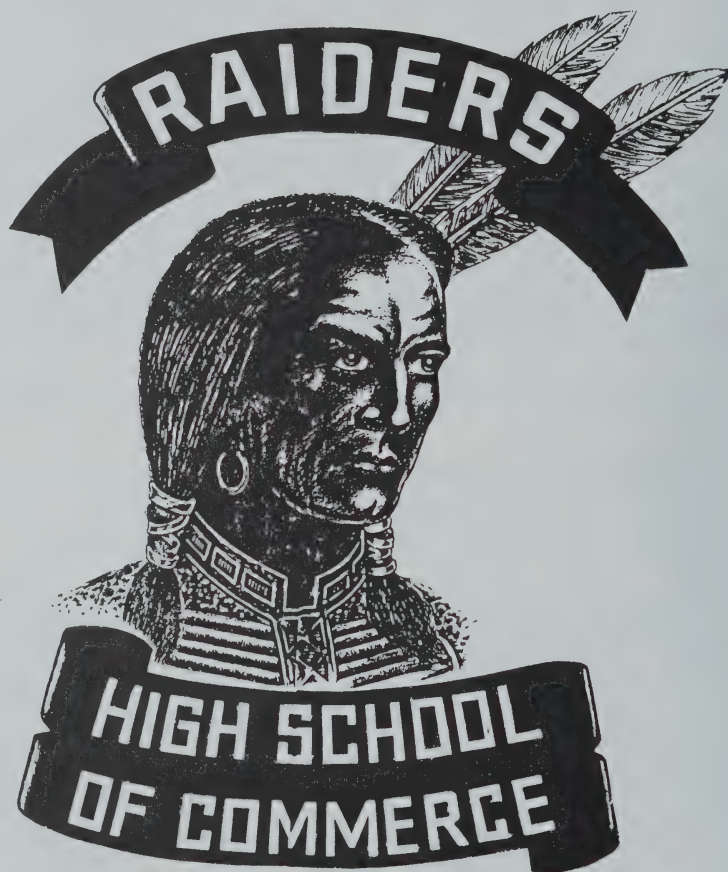
Show Choir includes: Racheal Adams, Robin Bailey, April Barnes, Carrie Barringer, Yolanda Bass, Nancy Bennefield, Monique Boyd, Shawnda Boyd, Ilka Boynton, Ronda Brown, Marisha Clinton, Kleyan Crump, Carmen Cuffee, Barbara Czelusniak, Mary Donahue, Keisha Egerton, Reuben Foster, Candace Gray, Rhonda Hall, Calvin Hamrick, Dennette Harris, Tracy Hill, Danielle Johnson, Robert Johnson, Henryne Lockett, Lisa Richardson, Damaris Rivera, Marquise Rowtham, Gregory Smith, Leon Spradley, Deaven Williams.

Congratulations from Concert Choir



Concert Choir includes: Racheal Adams, Luz Alvarado, Carrie Barringer, Yolanda Bass, Rhonda Bridges, Donna Brown, Ronda Brown, Kimberly Bullock, Elizabeth Cintron, Cary Clemons, Barbara Cordero, Anthony Cox, Reuben Foster, Sharon Glynn, Dennette Harris, Carolyn Heywood, Trilena Hudgins, Joy Jasmin, Michele Leith, Julius Lewis, Henryne Lockett, Christa Malone, Taress Marshall, Gwendolyn Mathis, Tangy McAllister, Travis McDowell, Evelyn McNeil, Joanne Metcalf, Patrick Moore, Angela Newell, Louis Prendergast, Lisa Rosario, Marquise Rowtham, Gregory Smith, Leon Spradley, Gail Terry, John Thomas.

Congratulations to the Class of 1987



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The 1987 CHANGES of High School of Commerce, Springfield, Massachusetts was printed in offset lithography by Herff Jones Yearbooks, Gettysburg, Pennsylvania. It was printed in a limited edition of 425 copies with 176 pages.

The paper stock used in the book is 801b. Ermine.

The cover is a 2/color process in scarlet and cerulean on a white litho material.

The endsheet are school designed on white vibracolor stock with scarlet ink applied.

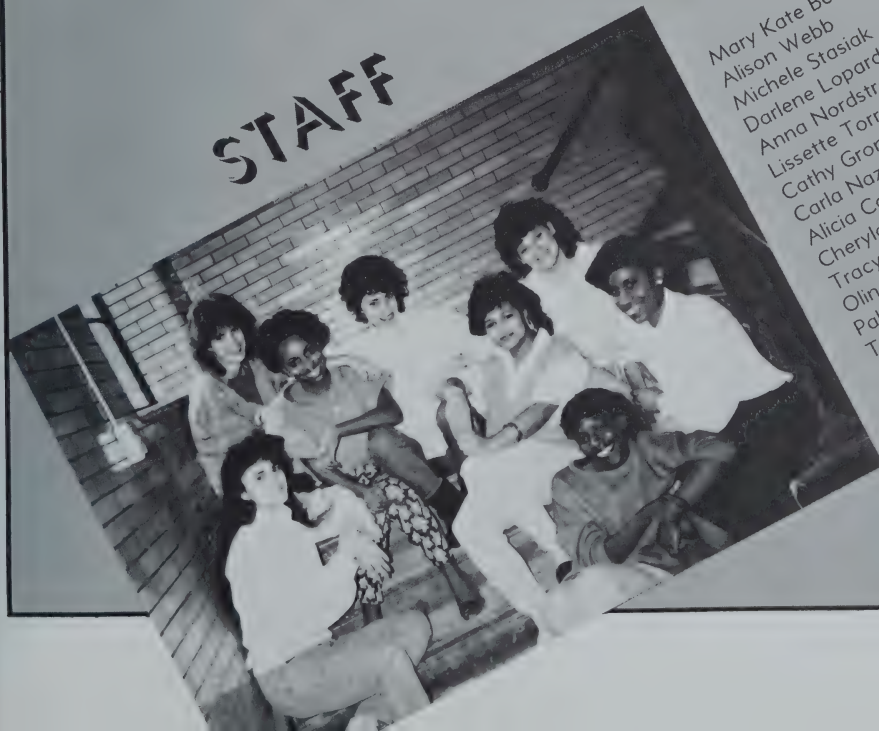
The book is smyth sewn in 11 signatures, trimmed to $8\frac{1}{2} \times 11$. In addition to the black ink used throughout, there are 5 flats of four-color. All captions and body copy are done in 8 pt. and 10 pt. chelsea type using chelsea bold as emphasis type. The headlines are in Avant Garde Book, Broadway, Brush, Chatsworth Heavy and in 18, 30, 36, and 48 pt. type.

For further information please contact Ms. Donna McCarthy, Adviser, High School of Commerce, 415 State Street, Springfield, MA 01105.

Co-editors Sherri Stovall
Carrie Tyler

Mary Kate Belniak
Alison Webb
Michele Stosiak
Darlene Lopardo
Anna Nordstrom
Lissette Torres
Cathy Grondin
Carla Nazario
Alicia Cayode
Cherylan St. John
Tracy Truman
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Pablo Flores
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STAFF



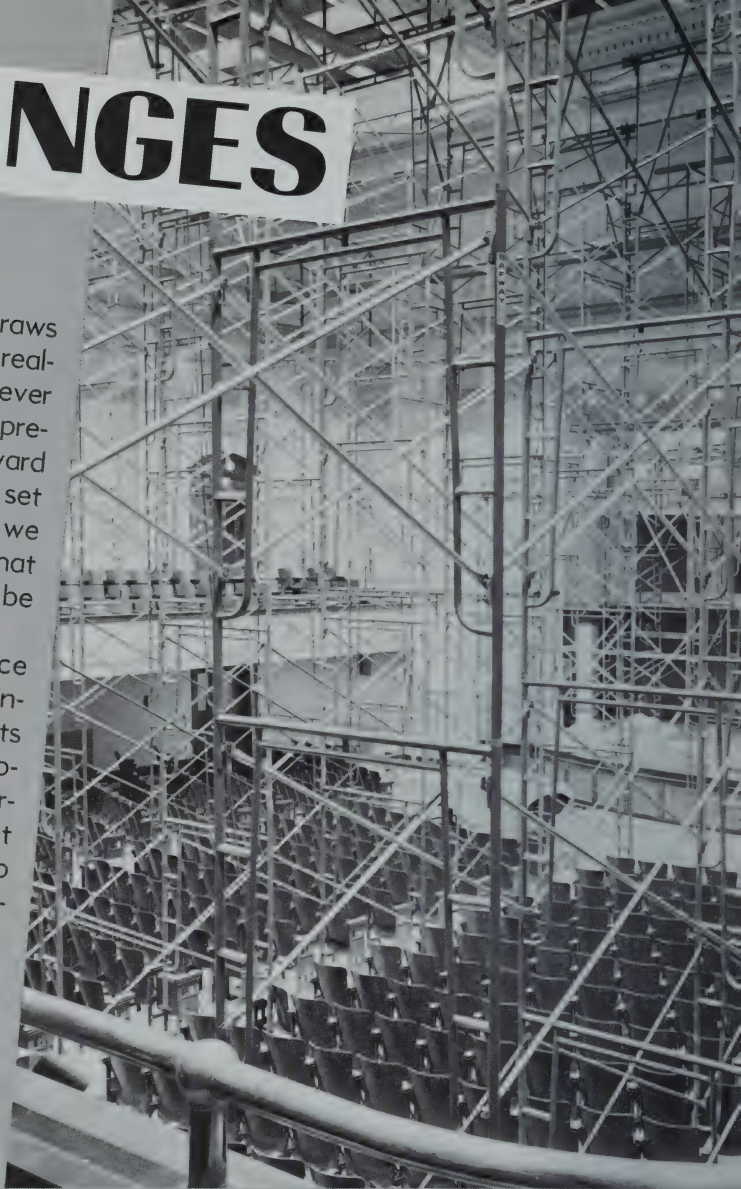
CHANGES

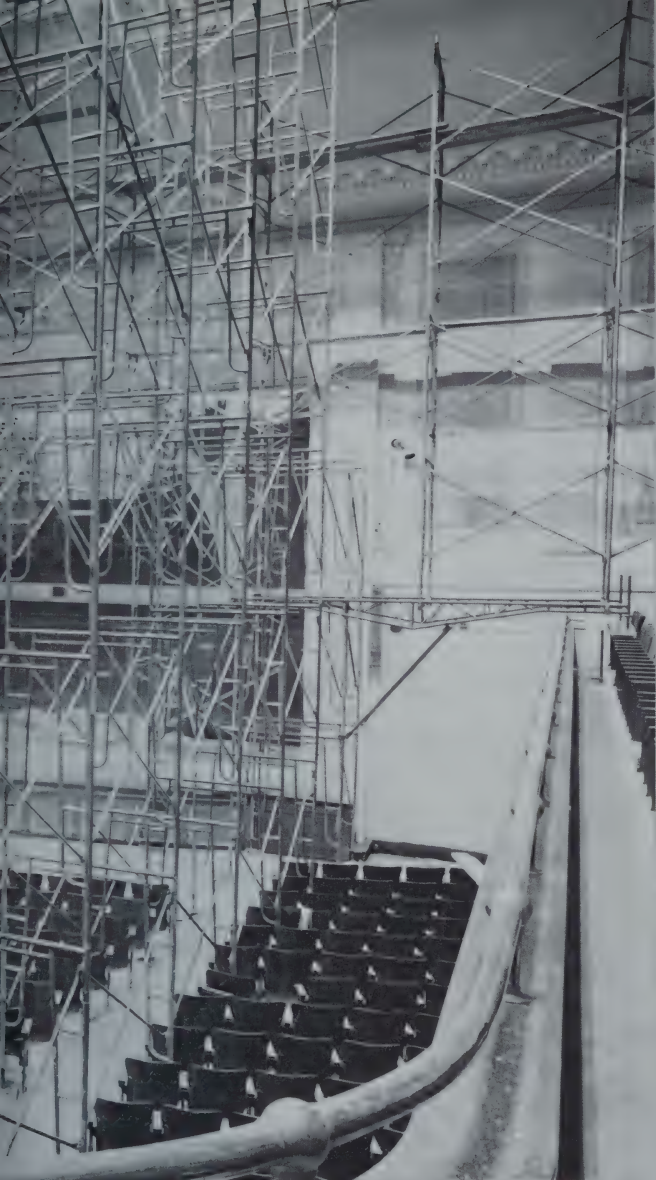
As the school year draws to an end, it is difficult to realize that Commerce was ever any different than it is at present. Heads are turned toward the future and we begin to set goals and calculate where we will be a year from now, what the school or our lives will be like then.

It seems that Commerce has always had such an increased number of students and a sparkling new auditorium, could never have survived without a third assistant principal, will never again do without so many faculty members.

This year has seen a great number of developments: a Halloween dress-up day, an outside football rally, a special English class for the gifted and talented, Student Council's attack against absenteeism.

And Commerce will continue to change next year along with its students. A new drama class will be added to the curriculum along with the possible addition of a Chinese class in the language department. The Springfield Historical Commission will also play a big part in Commerce life in the next three years.





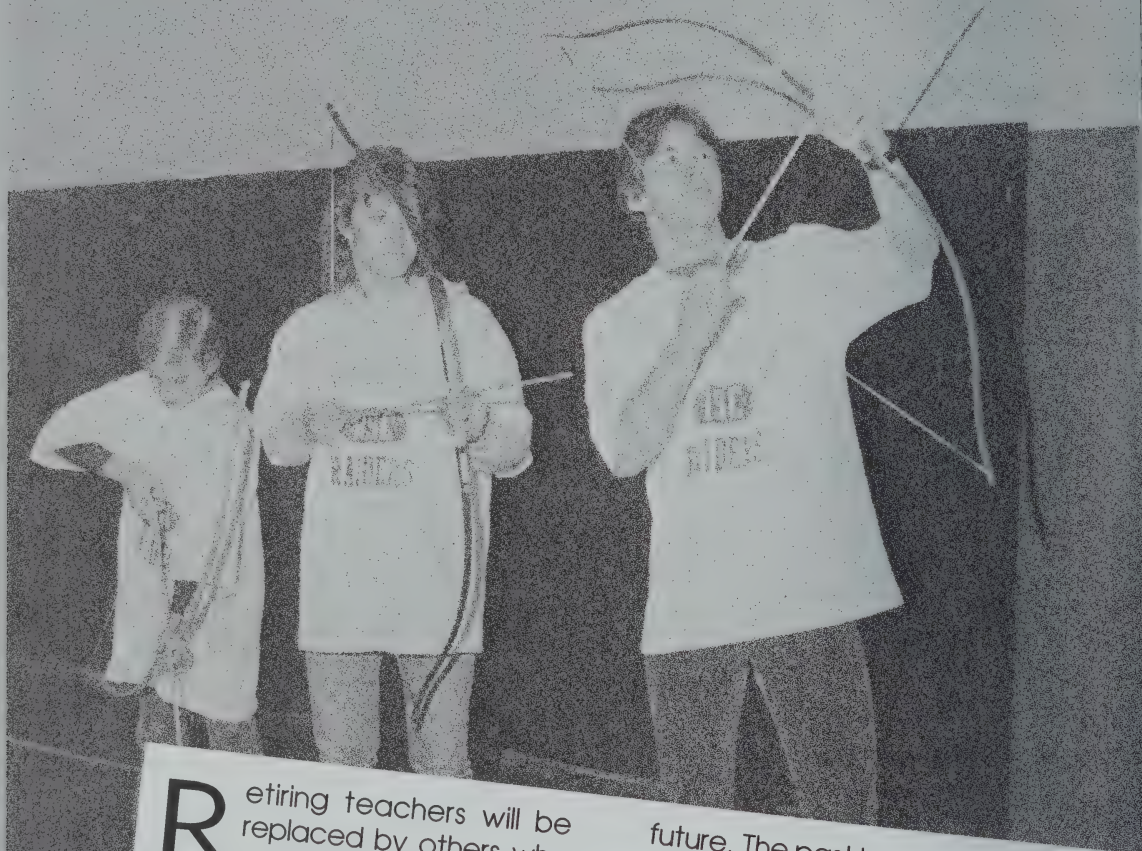
BELOW: Edith Williams considers giving an apple to her favorite teacher.

BOTTOM: For students like Sabrina Witherspoon, Commerce could become their whole world.



LEFT: The hallways overflow with students on their way to class.

... With Maturity.



Retiring teachers will be replaced by others who may or may not be so devoted, but who will definitely bring with them a new way of looking at things.

Most of all, the students will mature over the summer. Gaining height and wisdom in a short two months, they will return to begin a fresh year with one eye on the present and one on the

future. The past becomes insignificant in comparison.

They will accept with pride their new roles as the sneered upon freshman, the almost-there junior or the complacent senior, and they will continue to grow and mature until only a vague hint of their freshman year is left in their minds.

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